

How to make a *Face Mask*

Supplies Needed:

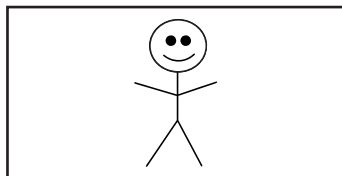
- 2 pieces fabric (one for front, one for back) sized as needed (see below). Cotton, cotton blends, flannel, quilter's fabric, etc. We do not recommend using cotton stretch fabric for masks.
- 2 pieces 1/8" (preferred) or 1/4" flat braided elastic, each piece cut 7" long. (both adult and child).
- Common sewing supplies: ruler, scissors, thread, pins, etc.

Adult (9"x6") or Child (7.5"x5")

1. Put the two pieces of fabric (front and back) right sides together.
2. Starting at the center of bottom edge sew to the first corner, stop. Sew end of elastic to corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of that same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. And repeat #2 to the corner.
5. Sew to next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.

It is so easy to make this.

Be sure any fabric design is placed horizontally.



RIGHT

