

HOW TO MAKE A *Turban*

Follow our step-by-step instructions for sewing an easy to make head covering.

The TURBAN PROJECT pattern is simple enough that even a novice sewer can stitch one together in about 30 minutes.

They are an encouraging gift for anyone dealing with hair loss following chemotherapy, radiation, or any medical issue.

Cut one piece of knit fabric 25" x 13" with the stretch on the 25" length.

1. Cut one 4" x 13" strip from the first piece. This will become the tab for the front of the turban. (See Diagram 1)

2. Fold remaining 21" x 23" piece of fabric in half to 10 1/2" x 13". Form 2" hem along straight edge and sew in place with zigzag stitch; slightly stretch as you pull to prevent thread breakage when worn.

3. Straight stitch around curve with right sides together using 1/2" seam allowance. Stop and leave 1" opening at top of crown to run turban tab through later.

4. Fold 1/2" seam over and flatten against turban. Straight stitch fold until 1" opening to create channel seam.

5. Thread strong thread (upholstery and dental floss works too!) through darning needle and knot. Punch thread through base of channel seam and knot three times to secure. Run back of needle through channel and push all the way through. Pull thread to gather fabric as desired, depending on fabric type. Punch thread through base of 1" opening and knot three times to secure.

6. Fold 4" x 13" strip in half lengthwise and stitch along open edge to create turban tab. Turn tab right side out.

7. Push tab through 1" hole at top of turban and loop round gathered seam with right sides together. Straight stitch across tab so it holds gathered seam snugly as desired. Flip tab over so right side is facing out. Hide tab seam behind 1" opening, pin in place and secure onto turban with small stitches. Repeat to secure bottom of tab to turban.

Full Tutorial on our Facebook and Website

DIAGRAM 1

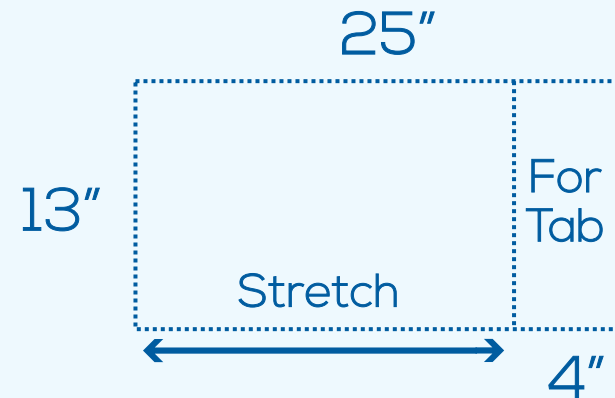


DIAGRAM 2

