

SUMMER CLASS SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00AM	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		
6:00AM	Bootcamp	Bootcamp	Bootcamp	Bootcamp	Bootcamp		
7:30AM	Bootcamp	Bootcamp	Bootcamp	Bootcamp	Bootcamp		
8:00AM						Bootcamp	
8:30AM	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		
10:00AM	Kids Fit		Kids Fit				
11:30AM	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		
12:30PM	Bootcamp	Bootcamp	Bootcamp	Bootcamp	Bootcamp		
4:30PM	CrossFit	CrossFit	CrossFit	CrossFit	Bootcamp		
5:30PM	Bootcamp	Bootcamp	Bootcamp	Bootcamp			

JUNE 12-AUGUST 4

Open Gym 24/7!

