

## STARTERS

All starters served with salad

CHICKEN TIKKA PAKURA.....	£5.40	NARGIS KEBAB .....	£5.40
CHICKEN & LAMB KEBAB ROLL .....	£5.40	spiced mincemeat around a boiled egg, shallow fried in oil	
GARLIC MUSHROOM.....	£4.50	SHAMEE KEBAB .....	£4.95
GARLIC CHICKEN & LAMB KEBAB .....	£5.40	spicy mincemeat burger fried in oil	
CHICKEN KEBAB .....	£4.95	SHEEK KEBAB .....	£4.95
CHICKEN PINEAPPLE .....	£4.95	spiced mincemeat cooked over charcoal on skewers	
CHICKEN CHAT .....	£4.95	MIXED KEBAB .....	£5.80
spicy chicken, tomato & cucumber on a bed of lettuce with chat masala sauce		TANDOORI SALMON .....	£6.95
PEPPER CHICKEN .....	£5.40	TANDOORI SEA BASS .....	£6.95
spicy chicken in a whole pepper, cooked over charcoal on skewers		spices, tenderly cooked over charcoal on skewers	
CHICKEN OR LAMB TIKKA .....	£4.95	TANDOORI HAKE .....	£6.95
pieces marinated in herbs, over charcoal on skewers		spices, tenderly cooked over charcoal on skewers	
paneer tikka.....	£5.10	TANDOORI KING PRAWN	
KING PRAWN ON PUREE .....	£6.95	ON PUREE.....	£7.95
DUCK TIKKA.....	£6.80	KING PRAWN ON PUREE .....	£6.95
ONION BHAJEE .....	£4.50	chicken or lamb tikka marinated in our special way and cooked with onions, tomato, green pepper & thick sauce. A special chefs creation	
SOMOSA (Chicken, Meat or Vegetable) .....	£4.50	BUTTER CHICKEN (N).....	£9.45
LAMB CHOPS .....	£6.95	off the bone, half of a spring tandoori chicken cooked in butter and cream with garlic cinnamon, ginger and a rich tomato sauce	
TANDOORI CHICKEN .....	£4.95	CHICKEN or LAMB TIKKA JALFREZI .....	£9.95
on the bone marinated in herbs, cooked over charcoal on skewers		A slightly hot dish with fresh green chillies, also available in prawn	
TANDOORI KING PRAWN .....	£7.50	TANDOORI SALMON	
king prawns flavored with various spices, tenderly cooked over charcoal on skewers		GARLIC MUSHROOM JALFREZI .....	£14.95
<b>TANDOORI DISHES</b>		CHICKEN TIKKA CHILLI MASALA .....	£10.50
Tandoori dishes are not curries. All tandoori dishes are cooked or grilled over a charcoal fire in the 'tandoor'.		LAMB TIKKA CHILLI MASALA .....	£10.50
These dishes are cooked in individual portions & served with salad and mint sauce.		a hot dish of hot spices & fresh green chillies	
Tandoori naan or chapati is recommended with tandoori dishes for a complete meal.		PRAWN CHILLI MASALA.....	£10.50
TANDOORI CHICKEN HALF .....	£9.45	small prawns cooked with fresh green chilli's	
TANDOORI CHICKEN WHOLE .....	£17.95	SHAIH TOKKRA (Chicken or Lamb Tikka) .....	£9.95
CHICKEN OR LAMB TIKKA .....	£9.45	garnished in many spices, medium strength	
paneer tikka.....	£9.95	Bengal Fish Bhuna (Boneless) .....	£11.95
SHASLICK KEBAB (Chicken or Lamb) .....	£11.45		
DUCK TIKKA.....	£13.45	<b>BALTI DISHES</b>	
TANDOORI KING PRAWN .....	£14.45	These dishes are extensively prepared with onions, tomatoes, capsicum and dozens of freshly ground spices and herbs, garnished with fresh coriander in medium sauce giving a rich flavour, cooked in a balti-metal pot.	
TANDOORI COCKTAIL .....	£10.95	BALTI SPECIAL (Chicken, prawn & vegetable) .....	£9.45
a selection of tandoori chicken, tikka and onion bhajee		BALTI MIXED VEGETABLE .....	£7.95
TANDOORI FISH TROUT .....	£13.95	BALTI CHICKEN TIKKA .....	£9.45

(N) - CONTAIN NUTS



## HOUSE SPECIALITIES

These dishes are specially prepared by our chef for the patrons of East One. Rice not included with these dishes

TANDOORI KING		SHAHİ KEBAB BHUNA.....	£10.45
PRAWN MASALA (N) .....	£15.50	cooked with onions, tomato, capsicum & herbs in a thick sauce	
TANDOORI SALMON .....	£6.95	KORAI CHICKEN or	
TANDOORI SEA BASS .....	£6.95	LAMB TIKKA MASALA (N) .....	£10.95
spices, tenderly cooked over charcoal on skewers		cooked with spices, mincemeat, onion, capsicum and tomato	
TANDOORI HAKE .....	£6.95	TANDOORI KING PRAWN	
spices, tenderly cooked over charcoal on skewers		KORAI MASALA (N) .....	£15.45
TANDOORI KING PRAWN		TANDOORI KING PRAWN DELIGHT (N) .....	£15.45
ON PUREE.....	£7.95	TANDOORI KING PRAWN MAKHNI (N) .....	£15.45
KING PRAWN ON PUREE .....	£6.95	tossed in butter with fresh cream & almond in exotic sauce	
DUCK TIKKA.....	£6.80	CHICKEN or LAMB TIKKA DELIGHT (N) .....	£10.95
ONION BHAJEE .....	£4.50	cooked with cointreau liquor, cream, almonds & ground nuts	
SOMOSA (Chicken, Meat or Vegetable) .....	£4.50	CHICKEN or LAMB TIKKA MAKHNI (N) .....	£10.95
LAMB CHOPS .....	£6.95	tossed in butter with fresh cream & almond in exotic sauce	
TANDOORI CHICKEN .....	£4.95	KAS CHICKEN or LAMB TIKKA BHUNA .....	£10.95
on the bone marinated in herbs, cooked over charcoal on skewers		a slightly hot dish cooked with fresh chillies and red wine	
TANDOORI KING PRAWN .....	£7.50	CHICKEN or LAMB TIKKA	
king prawns flavored with various spices, tenderly cooked over charcoal on skewers		NAWABI KORAI (N) .....	£10.95
<b>BALTI DISHES</b>		cooked with spices, mince chicken, onion, capsicum and tomato	
Tandoori dishes are not curries. All tandoori dishes are cooked or grilled over a charcoal fire in the 'tandoor'.		CHICKEN OR LAMB TIKKA BADMAY (N) .....	£10.95
These dishes are cooked in individual portions & served with salad and mint sauce.		cooked in peanut butter & cream	
Tandoori naan or chapati is recommended with tandoori dishes for a complete meal.		with garlic, peanuts and a rich tomato sauce	
TANDOORI CHICKEN HALF .....	£9.45	CHICKEN or LAMB TIKKA MOGLAI .....	£10.45
TANDOORI CHICKEN WHOLE .....	£17.95	with eggs, herbs and spices	
CHICKEN OR LAMB TIKKA .....	£9.45	CHICKEN or LAMB TIKKA BHUNA MASALA .....	£9.95
paneer tikka.....	£9.95	cooked with onions, tomato, capsicum, herbs & spices in a masala sauce	
SHASLICK KEBAB (Chicken or Lamb) .....	£11.45	CHICKEN or DUCK TIKKA BAMBOO .....	£11.95
DUCK TIKKA.....	£13.45	a medium hot dish cooked with bamboo shots	
TANDOORI KING PRAWN .....	£14.45		
TANDOORI COCKTAIL .....	£10.95		
a selection of tandoori chicken, tikka and onion bhajee			
TANDOORI FISH TROUT .....	£13.95		

## PATHIA DISHES

A sweet and sour dish with spices

CHICKEN TIKKA.....	£9.45	PRAWN .....	£9.45
CHICKEN .....	£8.45	KING PRAWN .....	£14.45
LAMB .....	£9.45	MIXED VEGETABLE .....	£7.95

## SPECIAL MALAYAN DISHES

Prepared with banana, pineapple, fresh cream. Medium dish

CHICKEN TIKKA.....	£9.45	PRAWN .....	£9.45
CHICKEN .....	£8.45	KING PRAWN .....	£14.45
LAMB .....	£9.45	MIXED VEGETABLE .....	£7.95

## MADRAS DISHES (hot)

The most popular dish of rich hot & sour tastes prepared with chilli, lemon juice and tomato puree

CHICKEN TIKKA.....	£9.45	PRAWN .....	£9.45
CHICKEN .....	£8.45	KING PRAWN .....	£14.45
LAMB .....	£9.45	MIXED VEGETABLE .....	£7.95

## KURMA DISHES (sweet)

Preparation of mild spices with fresh cream, butter is used to create the delicacy of the flavour and the creamy texture. Contains nuts

CHICKEN TIKKA.....	£9.45	PRAWN .....	£9.45
CHICKEN .....	£8.45	KING PRAWN .....	£14.45
LAMB .....	£9.45	MIXED VEGETABLE .....	£7.95

## BHUNA DISHES

A thoroughly garnished dish with onion, garlic, tomato and selected spices to provide a medium strength curry

CHICKEN TIKKA.....	£9.45	PRAWN .....	£9.45
CHICKEN .....	£8.45	KING PRAWN .....	£14.45
LAMB .....	£9.45	MIXED VEGETABLE .....	£7.95

## CURRY DISHES (mild)

A mild strength curry which is slightly spiced with herb

CHICKEN TIKKA.....	£9.30	KING PRAWN .....	£14.45
CHICKEN .....	£8.30	MIXED VEGETABLE .....	£7.95
LAMB .....	£9.30	MUSHROOM .....	£7.95
PRAWN .....	£9.30	CHICKEN AND MUSHROOM .....	£9.50

## DUPIAZA DISHES (medium)

A maximum quantity of onions, seasoned & treated with dozens of herbs & spices

CHICKEN TIKKA.....	£9.45	PRAWN .....	£9.45
CHICKEN .....	£8.45	KING PRAWN .....	£14.45
LAMB .....	£9.45	MIXED VEGETABLE .....	£7.95

**RAGON DISHES (medium)**

A popular dish spiced with herbs, a touch of garlic and garnished with tomatoes.

CHICKEN TIKKA	£9.45	PRAWN	£9.45
CHICKEN	£8.45	KING PRAWN	£14.45
LAMB	£9.45	MIXED VEGETABLE	£7.95

**OTHER CURRY SPECIALITIES**

LAMB PASANDA (N)	£9.95	KORAI CHICKEN/ LAMB (medium) (N)	£10.45
(mildly spiced creamy sauce)		diced chicken cooked in spices, also	
CHICKEN GARLIC (cooked in fresh garlic)	£9.95	available in Lamb or Prawn	
LAMB SAAG (with spinach)	£10.95	CHICKEN CHILLI MASALA	£9.45
CHICKEN MOCHOMMON	£9.95	a dish of hot spices with onions & fresh green chillies,	
medium strength with green beans,		also available in Lamb or Prawn	
dressed with egg & tomato		SOUTH INDIAN	
CHICKEN BOMBAY	£9.45	GARLIC CHILLI CHICKEN	£10.95
medium strength with potato and tomato		cooked with mixed pickles, also available in Lamb	
CHICKEN DANSAK	£9.45	CHICKEN TIKKA NAGA KORAI	£10.95
slightly hot with pineapple and lentils		a very hot dish with scotch bonnet	
CHICKEN JALFREZI	£9.45	CHICKEN PANEER CHILLI	£11.45
a slightly hot dish with fresh green chillies,			
also available in Lamb or Prawn			

**BIRYANI DISHES**Special Basmati rice with chicken, lamb, prawn or vegetable in butter ghee with delicate herbs & spices.  
It is not a curry but is served with a vegetable dish to add to the taste of the dish

EAST ONE SPECIAL BIRYANI	£10.45	LAMB BIRYANI	£10.95
PERSIAN CHICKEN BIRYANI	£10.45	PRAWN BIRYANI	£10.95
MALAYAN BIRYANI	£10.45	KING PRAWN BIRYANI	£14.95
CHICKEN TIKKA BIRYANI	£10.95	MUSHROOM BIRYANI	£9.45
CHICKEN BIRYANI	£9.95	VEGETABLE BIRYANI	£9.45

**INDIAN BREADS**

KEEMA NAAN	£3.80	KEEMA & VEGETABLE NAAN	£4.80
PESHWARI NAAN (N)	£3.80	GARLIC KEEMA & VEGETABLE NAAN	£4.95
GARLIC NAAN	£3.80	CHICKEN or LAMB NAAN	£9.95
CHICKEN TIKKA NAAN	£3.80	pasty shaped naan breads with chicken or lamb curry inside	
ONION KULCHA	£3.80	CHEESE NAAN	£4.40
PLAIN NAAN	£3.20	CHILLI CHEESE NAN	£4.95
TANDOORI CHAPATI	£3.20	GARLIC CHEESE NAN	£4.50
CHAPATI	£2.95		
PARATHA	£3.95		

(N) - CONTAIN NUTS

**VEGETABLE SPECIALITIES (medium)**

SAAG PANEER	£4.80	CHANA BHAJEE (chick peas)	£4.40
MUSHROOM BHAJEE	£4.40	MIXED VEGETABLE CURRY	£4.40
VEGETABLE BHAJEE	£4.40	MUSHROOM CURRY	£4.40
BHINDI BHAJEE (okra)	£4.40	BOMBAY POTATOES	£4.40
SAAG BHAJEE	£4.40	EGG POTATO BOMBAY BHUNA	£5.50
CAULIFLOWER BHAJEE	£4.40	TARKA DHALL	£4.40

**SUNDRIES**

KEEMA PILAU RICE	£4.80	PLAIN BOILED RICE	£3.20
GARLIC FRIED PILAU RICE	£3.80	CHIPS	£3.80
MUSHROOM FRIED PILAU RICE	£3.80	SPICY CHIPS	£3.95
VEGETABLE PILAU RICE	£3.80	PLAIN PAPADUM	£1.10
PILAU RICE	£3.50	SPICED PAPADUM	£1.50
SPECIAL FRIED RICE	£3.80	CUCUMBER RAITHE	£3.40
EGG FRIED RICE	£3.80	CHUTNEY (per head)	£0.95
PLAIN FRIED RICE	£3.50		

**ENGLISH DISHES**

CHICKEN NUGGETS & CHIPS	£9.95	COD & CHIPS	£11.50
FRIED SCAMPI & CHIPS	£9.95	CHICKEN OMELETTE & CHIPS	£10.95
FRIED CHICKEN & CHIPS	£9.95	MUSHROOM OMELETTE & CHIPS	£9.50
CHICKEN SALAD	£9.50	SIRLOIN STEAK	served with chips, peas & tomato £17.95
CHEESE OMELETTE & CHIPS	£10.95		

**SET MEAL FOR TWO PERSONS**

(contains nuts)

CHICKEN TIKKA
SHEEK KEBAB
CHICKEN MASALA & CHICKEN BHUNA
PILAU RICE
NAAN
PAPADUM
SALAD CHUTNEY
COFFEE

£40.95

**SPECIAL MEAL FOR A SPECIAL OCCASION**

(24 hour notice required)

KURZI CHICKEN or LAMBLEG OF LAMB
or WHOLE CHICKEN

Stuffed mince meat, roasted in a clay oven &amp; cooked in specially blended spices, flavoured with green herbs, served with: Sheek Kebab, Chicken Tikka, Vegetable Curry, Special Pilau Rice, Salad All the trimmings

£55.95

**FISH DISHES**

TANDOORI SALMON
FISH CURRY
ALSO AVAILABLE IN
JALFREZI
RAGON
DUPIAZA
PATHIA
BHUNA

£15.95

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