

East~One

EXCLUSIVE LICENSED INDIAN RESTAURANT

Because we cook each main dish to your requirements, preparation time can be between fifteen to twenty minutes, relax and enjoy an aperitif. Each Dish that we prepare will have it's own distinctive flavour, taste and aroma which cannot come from any curry powder but only from spices which have to be prepared each day fresh for each individual dish.

FOOD IS DEVINE - COOKING IS AN ART WE BELIEVE IN BOTH

It is advisable to book your table in advance as we prepare our food fresh according to the number of bookings.

Please do not hesitate to ask for the advise of the manager or waiter in selecting the dishes which are new to you.

If there is a dish you may like and it is not on the menu, kindly enquire with the manager, and if possible with time available, we will be happy to prepare it for you.

The management do not accept responsibility for loss or damage to hats, coats, umbrellas etc.

Management reserve the right to refuse service without giving any reason.

We trust you will enjoy our food and service and tell your friends.

Gratuities left to your own discretion.

Outdoor catering parties undertaken.

Business cheques only accepted by prior arrangement.
All prices are inclusive of VAT.

OPEN DAILY 5.30PM - TILL LATE

121 Bridgnorth Road, Wollaston, Stourbridge.

www.eastonestourbridge.co.uk

01384 - 392788



Debit cards Accepted

Starters

All starters served with salad

CHICKEN TIKKA PAKURA.	£4.60	SHAMEE KEBAB	£3.95
Gently spiced shallow fried in oil		spicy mincemeat burger fried in oil	
CHICKEN & LAMB KEBAB ROLL	£4.60	SHEEK KEBAB.. . . .	£3.95
GARLIC MUSHROOM.. . . .	£3.80	spiced mincemeat cooked over charcoal on skewers	
GARLIC CHICKEN & LAMB KEBAB	£4.60	MIXED KEBAB.. . . .	£4.80
CHICKEN KEBAB	£3.95	TANDOORI SALMON	£5.95
CHICKEN PINEAPPLE	£3.95	Spices, tenderly cooked over charcoal on skewers	
CHICKEN CHAT	£3.80	TANDOORI SEA BASS (Boneless).. . . .	£5.95
spicy chicken, tomato & cucumber on a bed of lettuce with chat masala sauce		spices, tenderly cooked over charcoal on skewers	
PEPPER CHICKEN	£4.10	TANDOORI HAKE	£5.95
spicy chicken in a whole pepper, cooked over charcoal on skewers		spices, tenderly cooked over charcoal on skewers	
CHICKEN OR LAMB TIKKA	£3.95	TANDOORI KING PRAWN	
pieces marinated in herbs, over charcoal on skewers		ON PUREE	£6.95
PANEER TIKKA.	£4.10	King Prawns flavoured with various spices, tenderly cooked over charcoal on skewers	
DUCK TIKKA	£5.70	KING PRAWN ON PUREE.	£5.95
ONION BHAJEE	£3.80	king prawn cooked in spicy sauce, served with deep fried puffy bread	
Chopped onion marinated in gram flour, deep fried in a ball		PRAWN ON PUREE.. . . .	£4.10
SOMOSA (Chicken, Meat or Vegetable)	£3.80	Prawns cooked in spicy sauce, served with deep fried puffy bread	
LAMB CHOPS.. . . .	£5.95	PRAWN COCKTAIL	£3.80
TANDOORI CHICKEN.. . . .	£3.95	KING PRAWN BUTTERFLY	£5.10
on the bone marinated in herbs, cooked over charcoal on skewers		King Prawn gently spiced, shallow fried in oil.	
TANDOORI KING PRAWN	£6.70	TANDOORI SALMON PAKURA.	£5.95
king prawns flavored with various spices, tenderly cooked over charcoal on skewers		Gently spiced shallow fried in oil.	
CHILLI PANEER	£4.60	BENGAL FISH CHAAT	£4.50
NARGIS KEBAB	£4.60		
spiced mincemeat around a boiled egg, shallow fried in oil			



Tandoori dishes

Tandoori dishes are not curries. All tandoori dishes are cooked or grilled over a charcoal fire in the 'tandoor'.

These dishes are cooked in individual portions & served with salad and mint sauce.

Tandoori nan or chapati is recommended with tandoori dishes for a complete meal.

TANDOORI CHICKEN	Marinated in special herbs & spices, cooked over charcoal on skewers.	
HALF		£7.20
WHOLE		£13.95
CHICKEN OR LAMB TIKKA		£7.20
Pieces marinated in special herbs & spices, cooked over charcoal on skewers.		
PANEER TIKKA.		£7.50
SHASLICK KEBAB (Chicken or Lamb)		£9.40
Pieces marinated in special herbs & spices, cooked over charcoal on skewers.		
DUCK TIKKA		£10.80
TANDOORI KING PRAWN		£12.50
King Prawns flavoured with various spices, tenderly cooked over charcoal on skewers.		
TANDOORI COCKTAIL (A selection of tandoori chicken, tikka and onion bhajee).		£8.80
TANDOORI FISH TROUT	Marinated trout, cooked with various spices, tenderly cooked over charcoal on skewers	£11.80
FISH TANDOORI SALMON (Marinated salmon cooked with special herbs & spices over charcoal)		£11.80
FISH TANDOORI HAKE	marinated hake, cooked with special herbs & spices over charcoal.. . . .	£11.80
TANDOORI SPECIAL	a selection of tandoori chicken, tikka, kebab, mince curry & naan bread	£11.95

Curry Dishes

To be eaten with Rice, Nan or Parata - not Included

Balti Dishes

These dishes are extensively prepared with onions, tomatoes, capsicum and dozens of freshly ground spices and herbs, garnished with fresh coriander in medium sauce giving a rich flavour, cooked in a balti-metal pot

BALTI SPECIAL (Chicken, prawn & vegetable)	£7.95
BALTI CHICKEN TIKKA	£7.80
BALTI CHICKEN	£6.80
BALTI LAMB	£7.50
BALTI KING PRAWN	£12.40
BALTI MIXED VEGETABLE	£6.50
BALTI CHICKEN & MUSHROOM	£7.80
BALTI CHICKEN & PRAWN	£8.40
BALTI SAAG GOSTH	£8.40
CHICKEN TIKKA GARLIC BALTI	£8.40

Kurma Dishes (sweet)

Preparation of mild spices with fresh cream, butter is used to create the delicacy of the flavour and the creamy texture. Contains nuts

CHICKEN TIKKA	£7.80
CHICKEN	£6.80
LAMB	£7.50
PRAWN	£7.50
KING PRAWN	£12.40
MIXED VEGETABLE	£6.50

Bhuna Dishes

A thoroughly garnished dish with onion, garlic, tomato and selected spices extensively treated to provide a medium strength curry

CHICKEN TIKKA	£7.80
CHICKEN	£6.80
LAMB	£7.50
PRAWN	£7.50
KING PRAWN	£12.40
MIXED VEGETABLE	£6.50

Madras Dishes (hot)

A most popular dish of rich hot & sour taste prepared with chilli, lemon juice and tomato puree

CHICKEN TIKKA	£7.50
CHICKEN	£6.50
LAMB	£7.40
PRAWN	£7.40
KING PRAWN	£12.40
MIXED VEGETABLE	£6.50

Curry Dishes (mild)

A mild strength curry which is slightly spiced with herbs.

CHICKEN TIKKA	£7.40
CHICKEN	£6.40
LAMB	£7.20
PRAWN	£7.20
KING PRAWN	£11.90
MIXED VEGETABLE	£6.10
MUSHROOM	£6.10
CHICKEN AND MUSHROOM	£7.40

Pathia Dishes

Sweet / sour hot dish

CHICKEN TIKKA	£7.80
CHICKEN	£6.80
LAMB	£7.50
PRAWN	£7.50
KING PRAWN	£12.40
MIXED VEGETABLE	£6.50

Special Malayan Dishes

Prepared with banana, pineapple, fresh cream. Medium dish

CHICKEN TIKKA	£7.80
CHICKEN	£6.80
LAMB	£7.50
PRAWN	£7.50
KING PRAWN	£12.40
MIXED VEGETABLE	£6.50

Dupiaza Dishes (medium)

A maximum quantity of onions, seasoned & treated with dozens of herbs & spices

CHICKEN TIKKA	£7.80
CHICKEN	£6.80
LAMB	£7.50
PRAWN	£7.50
KING PRAWN	£12.40
MIXED VEGETABLE	£6.50

Rogon Dishes (medium)

A popular dish spiced with herbs, a touch of garlic and garnished with tomatoes.

CHICKEN TIKKA	£7.80
CHICKEN	£6.80
LAMB	£7.50
PRAWN	£7.50
KING PRAWN	£12.40
MIXED VEGETABLE	£6.50

Other Curry Specialities

LAMB PASANDA (m) (mildly spiced creamy sauce) ..	£8.20
CHICKEN GARLIC (cooked in fresh garlic)	£7.80
LAMB SAAG (with spinach)	£8.20
CHICKEN MOCHOMMON	£7.95
Medium strength with green beans, dressed with egg & tomato	
CHICKEN BOMBAY medium strength with potato and tomato ..	£7.50
CHICKEN DANSAK slightly hot with pineapple and lentils	£7.50
CHICKEN JALFREZI	£7.50
A slightly hot dish with fresh green chillies, also available in lamb prawn	
KORAI CHICKEN/ LAMB (medium) (m)	£7.95
Diced chicken cooked in spices and tossed in a metal pot, also available in Lamb or Prawn	
CHICKEN CHILLI MASALA	£7.80
A dish of hot spices with onions & fresh green chillies, also available in Lamb or Prawn	
SOUTH INDIAN GARLIC CHILLI CHICKEN	£8.80
Cooked with mixed pickles, also available in Lamb	
CHICKEN TIKKA NAGA KORAI	£8.95
A very hot dish with scotch bonnet	
CHICKEN OR LAMB TAWA	£9.50
CHICKEN PANEER CHILLI	£9.95

Biryani Dishes

Special Basmati rice with chicken, lamb, prawn or vegetable in butter ghee with delicate herbs & spices. It is not a curry but it is served with a special vegetable dish to add to the taste of the dish.

EAST ONE SPECIAL BIRYANI	£8.95
PERSIAN CHICKEN BIRYANI. .. .	£8.95
MALAYAN CHICKEN BIRYANI .. .	£8.95
CHICKEN TIKKA BIRYANI. .. .	£8.95
CHICKEN BIRYANI .. .	£8.50
LAMB BIRYANI. .. .	£8.80
PRAWN BIRYANI.. .. .	£8.80
KING PRAWN BIRYANI .. .	£12.50
MUSHROOM BIRYANI .. .	£7.95
VEGETABLE BIRYANI .. .	£7.95

Special India Breads

KEEMA NAAN. .. .	£2.95
PESHWARI NAAN <i>(V)</i> .. .	£2.95
GARLIC NAAN .. .	£2.95
CHICKEN TIKKA NAAN .. .	£2.95
ONION KULCHA .. .	£2.95
PLAIN NAAN .. .	£2.60
TANDOORI CHAPATI .. .	£2.60
CHAPATI .. .	£1.80
PARATHA. .. .	£2.95
KEEMA & VEGETABALE NAAN.. .. .	£3.95
GARLIC, KEEMA & VEGETABLE NAAN .. .	£3.95
CHICKEN or LAMB NAAN .. .	£7.50

Pastie shaped Nan Breads with Chicken or Lamb curry inside

CHEESE NAAN .. .	£3.80
GARLIC CHEESE NAAN .. .	£3.95
GARLIC CHILLI CHEESE NAAN .. .	£3.95

Vegetable Specialities

(Medium)

These dishes are very palatable & appropriate as an addition to a main dish.

SAAG PANEER .. .	£4.20
MUSHROOM BHAJEE .. .	£3.50
VEGETABLE BHAJEE. .. .	£3.50
BHINDI BHAJEE (OKRA) .. .	£3.50
SAAG BHAJEE .. .	£3.50
CAULIFLOWER BHAJEE .. .	£3.50
CHANA BHAJEE (CHICK PEAS) .. .	£3.50
MIXED VEGETABLE CURRY .. .	£3.50
MUSHROOM CURRY .. .	£3.50
BOMBAY POTATOES .. .	£3.50
EGG POTATO BOMBAY BHUNA .. .	£4.40
TARKA DHALL.. .. .	£3.50

English Dishes

CHICKEN NUGGETS & CHIPS.. .. .	£7.50
FRIED SCAMPI & CHIPS .. .	£7.50
FRIED CHICKEN & CHIPS. .. .	£7.50
CHICKEN SALAD. .. .	£6.95
CHEESE OMELETTE & CHIPS .. .	£7.95
CHICKEN OMELETTE & CHIPS .. .	£7.95
MUSHROOM OMELETTE & CHIPS .. .	£7.50
SIRLOIN STEAK served with chips, peas & tomato	£13.50
COD & CHIPS. .. .	£7.95

Sundries

KEEMA PILAU RICE .. .	£3.80
GARLIC FRIED PILAU RICE .. .	£2.95
MUSHROOM PILAU RICE. .. .	£2.95
VEGETABLE PILAU RICE .. .	£2.95
PILAU RICE.. .. .	£2.80
SPECIAL FRIED RICE .. .	£2.95
EGG FRIED RICE.. .. .	£2.95
PLAIN FRIED RICE .. .	£2.80
PLAIN BOILED RICE. .. .	£2.60
CHIPS. .. .	£2.90
SPICY CHIPS .. .	£2.95
PLAIN PAPADUM. .. .	£0.95
SPICED PAPADUM .. .	£1.10
CUCUMBER RAITHE. .. .	£2.90
CHUTNEY (Per Head) .. .	£0.80

Set Meals

FOR TWO PERSONS *(V)*

CHICKEN TIKKA, SHEEK KEBAB,
CHICKEN MASALA & CHICKEN BHUNA,
PILAU RICE, NAN, PAPADUM &
SALAD, CHUTNEY, COFFEE

£34.95

SPECIAL MEAL FOR A SPECIAL OCCASION

(24 hour notice required)

KURZI CHICKEN or LAMB
LEG OF LAMB or WHOLE CHICKEN

Stuffed with mince meat, roasted in a clay oven & cooked in specially blended spices, flavoured with green herbs, served with: Sheek Kebab, Chicken Tikka, Vegetable Curry, Special Pilau Rice, Salad All the trimmings.

£40.95

FISH DISHES

TANDOORI SALMON, FISH CURRY
ALSO AVAILABLE IN

JALFREZI, RAGON, DUPIAZA, PATHIA, BHUNA

£13.50

Desserts

KULFI.. .. .	£2.95
MANGO .. .	£3.95
LYCHEE .. .	£3.95
INDIAN FRUIT SALAD.. .. .	£4.10
PEACH MELBA. .. .	£5.10
ICE CREAM .. .	£2.95
BANANA or PINEAPPLE FRITTER .. .	£4.80

Indian Beverages

COFFEE .. .	£2.60
CREAM COFFEE .. .	£3.80
LIQUEUR COFFEE .. .	£5.50
TEA. .. .	£2.90

(V) - CONTAIN NUTS

ALL PRICES INCLUDE VAT

WINE LIST

CHAMPAGNE & SPARKLING

Moet Chandon NV	£44.95
Asti Spumante Martini	£22.95
Jacob's Creek Sparkling Rose	£21.95
Proseco Sparkling	£22.95

FRENCH WINES

Muscadet (white)	£19.95
Chablis (white)	£25.95
Medoc (red)	£23.95
Saint Emillion (red)	£24.95
Beaujolais (red)	£24.95

AUSTRALIAN WINES

Jacobs Creek (red or white)	£20.95
Notlage Hill (red or white)	£20.95

NEW ZEALAND WINES

Sorn Marlborough (white)	£24.95
Oyster Bay (red)	£25.95

SOUTH AFRICAN WINES

Kumala (red or white)	£21.95
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SPANISH WINES

Marque de Caceres (red or white)	£24.95
Fastino V Rioja (red)	£25.95

CALIFORNIAN WINES

Blossom Hill (red or white)	£19.95
Malbec (red)	£20.95

ITALIAN WINES

Pinot Grigio (white)	£19.95
Chianti (red)	£22.95
Villa Cardini (red)	£20.95

CHILEAN WINES

Caliteira (red or white)	£22.95
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HOUSE WINES

Red or White Bottle	£15.95
Per glass (red or white) 175ml.	£3.95

ROSE WINES

Hardys Rose	£19.95
Mateus Rose	£18.95
Rose D'Anjou	£17.95
Bossom Hill (white zinfandel)	£18.95

GERMAN WINES

Liebfraumilch (white)	£18.95
Black Tower (white)	£17.95

BEER & MINERALS

Cobra 330ml	£3.70
Cobra 660ml	£6.60
Magners	£6.50
Strongbow	£3.70
Budweiser	£3.70
Draught Lager (half)	£2.40
Draught Bitter (half)	£2.40
Guinness	£3.70
Peroni	£3.70
Becks Blue (alcohol free)	£3.30
Shandy	£3.60
Fizzy Soft Drinks	£2.20
Fruit Juices	£2.20
J20	£2.95
Mineral Water	£2.20

SPIRITS & LIQUORS

Whiskey	£3.30
Brandy	£3.30
Rum	£3.30
Spicy Rum	£3.60
Vodka	£3.30
Vodka Raspberry	£3.30
Smirnoff Ice	£4.10
Gin	£3.30
Bacardi	£3.30
Disaronno	£3.30
Baileys	£3.40
Tia Maria	£3.30
Sambuca	£3.30
Amaretto	£3.30
Cointreau	£3.30
Remy Martin	£3.95
Southern Comfort	£3.30
Pink Gin	£3.30

APERITIFS

Campari	£3.30
Dubonnet	£3.30
Martini (Sweet of Dry)	£3.30
Cinzano	£3.30

SHERRY

Bristol Cream	£3.30
Tio Pepe	£3.30
Harvay Club Amontillado	£3.30

PORT

Ruby	£3.30
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