

Starters

All starters served with salad

CHICKEN TIKKA PAKURA	£4.95	SHAMEE KEBAB	£4.60
Gently spiced shallow fried in oil			
CHICKEN & LAMB KEBAB ROLL	£4.95	SHEEK KEBAB	£4.40
GARLIC MUSHROOM	£4.10	spiced mincemeat cooked over charcoal on skewers	
GARLIC CHICKEN & LAMB KEBAB	£4.95	MIXED KEBAB	£5.40
CHICKEN KEBAB	£4.40	TANDOORI SALMON	£6.40
CHICKEN PINEAPPLE	£4.40	Spices, tenderly cooked over charcoal on skewers	
CHICKEN CHAT	£4.30	TANDOORI SEA BASS (Boneless)	£6.40
spicy chicken, tomato & cucumber on a bed of lettuce with chat masala sauce			
PEPPER CHICKEN	£4.80	TANDOORI HAKE	£6.40
spicy chicken in a whole pepper, cooked over charcoal on skewers			
CHICKEN OR LAMB TIKKA	£4.40	TANDOORI KING PRAWN	
pieces marinated in herbs, over charcoal on skewers			
PANEER TIKKA	£4.60	ON PUREE	£7.50
DUCK TIKKA	£6.40	King Prawns flavoured with various spices, tenderly cooked over charcoal on skewers	
ONION BHAJEE	£4.10	KING PRAWN ON PUREE	£6.50
Chopped onion marinated in gram flour, deep fried in a ball			
SOMOSA (Chicken, Meat or Vegetable)	£4.10	PRAWN ON PUREE	£4.80
LAMB CHOPS	£6.50	Prawns cooked in spicy sauce, served with deep fried puffy bread	
TANDOORI CHICKEN	£4.40	PRAWN COCKTAIL	£4.60
on the bone marinated in herbs, cooked over charcoal on skewers			
TANDOORI KING PRAWN	£6.95	KING PRAWN BUTTERFLY	£5.95
king prawns flavoured with various spices, tenderly cooked over charcoal on skewers			
CHILLI PANEER	£5.10	TANDOORI SALMON PAKURA	£6.80
NARGIS KEBAB	£4.95	Gently spiced shallow fried in oil.	
spiced mincemeat around a boiled egg, shallow fried in oil			
BENGAL FISH CHAAT	£4.95		



Tandoori dishes

Tandoori dishes are not curries. All tandoori dishes are cooked or grilled over a charcoal fire in the 'tandoor'.

These dishes are cooked in individual portions & served with salad and mint sauce.

Tandoori nan or chapati is recommended with tandoori dishes for a complete meal.

TANDOORI CHICKEN Marinated in special herbs & spices, cooked over charcoal on skewers.

HALF	£8.20
WHOLE	£15.95

CHICKEN OR LAMB TIKKA

Pieces marinated in special herbs & spices, cooked over charcoal on skewers.

PANEER TIKKA	£8.90
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SHASLICK KEBAB (Chicken or Lamb)	£10.60
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Pieces marinated in special herbs & spices, cooked over charcoal on skewers.

DUCK TIKKA	£12.50
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TANDOORI KING PRAWN	£13.50
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King Prawns flavoured with various spices, tenderly cooked over charcoal on skewers.

TANDOORI COCKTAIL (A selection of tandoori chicken, tikka and onion bhajee).	£9.80
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TANDOORI FISH TROUT Marinated trout, cooked with various spices, tenderly cooked over charcoal on skewers	£12.90
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FISH TANDOORI SALMON (Marinated salmon cooked with special herbs & spices over charcoal)	£12.95
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TANDOORI SEA BASS (Boneless)	£12.95
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FISH TANDOORI HAKE marinated hake, cooked with special herbs & spices over charcoal..	£12.95
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TANDOORI SPECIAL a selection of tandoori chicken, tikka, kebab,mince curry & naan bread ..	£12.95
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East ~ One House Specialities

These dishes are specially prepared by our chef for the patrons of East One. Rice not included with these dishes.

TANDOORI KING PRAWN MASALA (Sweet) (W)	£13.95
king prawn roasted in the 'Tandoor' then cooked in sauce made with a delicate blend of aromatic spices, herbs simmered in cream	
CHICKEN or LAMB TIKKA MASALA (Sweet) (W)	£8.50
Tender boneless pieces cooked on skewers in 'Tandoor' then cooked in sauce made with delicate blends of herbs and simmered cream	
PANEER TIKKA MASALA	£8.95
KAKOO CHICKEN or LAMB TIKKA KORAI (Special) (W)	£9.95
Chicken or lamb tikka marinated in our specialway and cooked with onions, tomato, green pepper & thick sauce. A special chefs creation	
BUTTER CHICKEN (W)	£8.50
Off the bone, half of a spring tandoori chickencooked in butter and cream with garlic cinnamon, ginger and a rich tomato sauce	
CHICKEN or LAMB TIKKA JALFREZI	£8.95
A slightly hot dish with fresh green chillies, also available in prawn	
TANDOORI SALMON GARLIC MUSHROOM JALFREZI	£13.95
A slightly hot dish with fresh green chillies, also available in prawn	
CHICKEN TIKKA or LAMB TIKKA CHILLI MASALA..	£8.95
A hot dish of hot spices & fresh green chillies, also available in tandoori king prawn	
PRAWN CHILLI MASALA	£8.95
Cooked with fresh green chillies.	
SHAHİ TOKKRA (Chicken or Lamb Tikka)	£8.95
garnished in many spices, medium strength, cooked with boiled egg	
SHAHİ KEBAB BHUNA..	£9.50
Cooked with onions, tomato, capsicum & herbs in a thick sauce	
KORAI CHICKEN or LAMB TIKKA MASALA (W)	£9.95
Korai dish cooked with spices, minced meat, onion, capsicum and tomato, cooked in an iron souk.	
TANDOORI KING PRAWN KORAI MASALA (Medium) (W)	£14.50
Korai dish cooked with spices, minced meat, onion, capsicum and tomato, cooked in an iron souk.	
TANDOORI KING PRAWN DELIGHT (W)	£14.50
Delight dish cooked with cointreau liquor, cream, almonds and ground nuts.	
TANDOORI KING PRAWN MAKHNI (W)	£14.50
Makhani dish, tossed in butter with fresh cream & almond in exotic sauce	
CHICKEN or LAMB TIKKA DELIGHT (W)	£9.95
Delight dish cooked with cointreau liquor, cream, almonds and ground nuts.	
CHICKEN or LAMB TIKKA MAKHNI (W)	£9.95
Makhani dish, tossed in butter with fresh cream & almond in exotic sauce	
KAS CHICKEN or LAMB TIKKA BHUNA ..	£9.95
A slightly hot dish cooked with fresh chillies and red wine	
CHICKEN or LAMB TIKKA NAWABI KORAI (W)	£9.95
Nawabi korai dish cooked with spices, mince chicken, onion,capsicum and tomato cooked in an iron souk.	
CHICKEN OR LAMB TIKKA BADMAY (W)	£9.95
Cooked in peanut butter & cream with garlic, peanuts and a rich tomato sauce	
CHICKEN or LAMB TIKKA MOGLAI (Medium)	£9.50
With eggs, herbs and spices	
CHICKEN or LAMB TIKKA BHUNA MASALA (Medium)	£8.50
Cooked with onions, tomato, capsicum, herbs &spices in a masala sauce	
CHICKEN or DUCK TIKKA BAMBOO	£10.95
A medium hot dish cooked with bamboo shots	
BENGAL FISH BHUNA..	£10.95
Boneless tilapia fillet, a medium hot dish	

(W) - CONTAIN NUTS



Curry Dishes

To be eaten with Rice, Nan or Parata - not Included

Balti Dishes

These dishes are extensively prepared with onions, tomatoes, capsicum and dozens of freshly ground spices and herbs, garnished with fresh coriander in medium sauce giving a rich flavour, cooked in a balti-metal pot

BALTI SPECIAL (Chicken, prawn & vegetable) .. .	£8.50
BALTI CHICKEN TIKKA. .. .	£8.40
BALTI CHICKEN .. .	£7.40
BALTI LAMB. .. .	£8.40
BALTI KING PRAWN. .. .	£13.50
BALTI MIXED VEGETABLE .. .	£6.95
BALTI CHICKEN & MUSHROOM .. .	£8.50
BALTI CHICKEN & PRAWN .. .	£8.95
BALTI SAAG GOSTH .. .	£8.95
CHICKEN TIKKA GARLIC BALTI .. .	£8.95

Kurma Dishes (sweet)

Preparation of mild spices with fresh cream, butter is used to create the delicacy of the flavour and the creamy texture. Contains nuts

CHICKEN TIKKA.. .. .	£8.50
CHICKEN	£7.50
LAMB.. .. .	£8.50
PRAWN	£8.50
KING PRAWN	£13.50
MIXED VEGETABLE	£6.95

Bhuna Dishes

A thoroughly garnished dish with onion, garlic, tomato and selected spices extensively treated to provide a medium strength curry

CHICKEN TIKKA.. .. .	£8.50
CHICKEN	£7.50
LAMB.. .. .	£8.50
PRAWN	£8.50
KING PRAWN	£13.50
MIXED VEGETABLE	£6.95

Madras Dishes (hot)

A most popular dish of rich hot & sour taste prepared with chilli, lemon juice and tomato puree

CHICKEN TIKKA.. .. .	£8.50
CHICKEN	£7.50
LAMB.. .. .	£8.50
PRAWN	£8.50
KING PRAWN	£13.50
MIXED VEGETABLE	£6.95

Curry Dishes (mild)

A mild strength curry which is slightly spiced with herbs.

CHICKEN TIKKA.. .. .	£8.40
CHICKEN	£7.40
LAMB.. .. .	£8.40
PRAWN	£8.40
KING PRAWN	£12.90
MIXED VEGETABLE	£6.90
MUSHROOM	£6.90
CHICKEN AND MUSHROOM	£8.50

Pathia Dishes

Sweet / sour hot dish

CHICKEN TIKKA.. .. .	£8.50
CHICKEN	£7.50
LAMB.. .. .	£8.50
PRAWN	£8.50
KING PRAWN	£13.50
MIXED VEGETABLE	£6.95

Special Malayan Dishes

Prepared with banana, pineapple, fresh cream. Medium dish

CHICKEN TIKKA.. .. .	£8.50
CHICKEN	£7.50
LAMB.. .. .	£8.50
PRAWN	£8.50
KING PRAWN	£13.50
MIXED VEGETABLE	£6.95

Dopiaza Dishes (medium)

A maximum quantity of onions, seasoned & treated with dozens of herbs & spices

CHICKEN TIKKA.. .. .	£8.50
CHICKEN	£7.50
LAMB.. .. .	£8.50
PRAWN	£8.50
KING Prawn	£13.50
MIXED VEGETABLE	£6.95

Rogan Dishes (medium)

A popular dish spiced with herbs, a touch of garlic and garnished with tomatoes.

CHICKEN TIKKA.. .. .	£8.50
CHICKEN	£7.50
LAMB.. .. .	£8.50
PRAWN	£8.50
KING Prawn	£13.50
MIXED VEGETABLE	£6.95

Other Curry Specialities

LAMB PASANDA (mildly spiced creamy sauce) .. .	£8.95
CHICKEN GARLIC (cooked in fresh garlic)	£8.95
LAMB SAAG (with spinach)	£9.95
CHICKEN MOCHOMMON	£8.95
Medium strength with green beans, dressed with egg & tomato	
CHICKEN BOMBAY medium strength with potato and tomato ..	£8.50
CHICKEN DANSAK slightly hot with pineapple and lentils ..	£8.50
CHICKEN JALFREZI.. .. .	£8.50
A slightly hot dish with fresh green chillies, also available in lamb prawn	
KORAI CHICKEN/ LAMB (medium) (mild)	£8.50
Diced chicken cooked in spices and tossed in a metal pot, also available in Lamb or Prawn	
CHICKEN CHILLI MASALA	£8.50
A dish of hot spices with onions & fresh green chillies, also available in Lamb or Prawn	
SOUTH INDIAN GARLIC CHILLI CHICKEN £9.50	
Cooked with mixed pickles, also available in Lamb	
CHICKEN TIKKA NAGA KORAI	£9.95
A very hot dish with scotch bonnet	
CHICKEN OR LAMB TAWA	£10.95
CHICKEN PANEER CHILLI	£10.50

Biryani Dishes

Special Basmati rice with chicken, lamb, prawn or vegetable in butter ghee with delicate herbs & spices. It is not a curry but it is served with a special vegetable dish to add to the taste of the dish.

EAST ONE SPECIAL BIRYANI	£9.50
PERSIAN CHICKEN BIRYANI.	£9.50
MALAYAN CHICKEN BIRYANI	£9.50
CHICKEN TIKKA BIRYANI.	£9.95
CHICKEN BIRYANI	£8.95
LAMB BIRYANI.	£9.95
PRawn BIRYANI..	£9.95
KING PRawn BIRYANI	£13.95
MUSHROOM BIRYANI.	£8.50
VEGETABLE BIRYANI	£8.50

Sundries

KEEMA PILAU RICE	£4.40
GARLIC FRIED PILAU RICE	£3.40
MUSHROOM PILAU RICE.	£3.40
VEGETABLE PILAU RICE	£3.40
PILAU RICE..	£3.10
SPECIAL FRIED RICE	£3.40
EGG FRIED RICE..	£3.40
PLAIN FRIED RICE	£3.10
PLAIN BOILED RICE.	£2.95
CHIPS	£3.40
SPICY CHIPS	£3.80
PLAIN PAPADUM.	£1.10
SPICED PAPADUM	£1.20
CUCUMBER RAITHE.	£3.40
CHUTNEY + Dips (Per Head)	£0.95

Special India Breads

KEEMA NAAN	£3.40
PESHWARI NAAN (W)	£3.40
GARLIC NAAN	£3.40
CHICKEN TIKKA NAAN	£3.40
ONION KULCHA	£3.40
PLAIN NAAN	£2.95
TANDOORI CHAPATI	£2.95
CHAPATI	£2.50
PARATHA.	£3.40
KEEMA & VEGETABLE NAAN..	£4.40
GARLIC, KEEMA & VEGETABLE NAAN ..	£4.40
CHICKEN or LAMB NAAN	£9.95
Pastie shaped Nan Breads with Chicken or Lamb curry inside	
CHEESE NAAN	£4.40
GARLIC CHEESE NAAN	£4.50
GARLIC CHILLI CHEESE NAAN	£4.50

Vegetable Specialities

(Medium)

These dishes are very palatable & appropriate as an addition to a main dish.

SAAG PANEER	£4.50
MUSHROOM BHAJEE..	£3.95
VEGETABLE BHAJEE.	£3.95
BHINDI BHAJEE (OKRA)..	£3.95
SAAG BHAJEE	£3.95
CAULIFLOWER BHAJEE	£3.95
CHANA BHAJEE (CHICK PEAS)	£3.95
MIXED VEGETABLE CURRY	£3.95
MUSHROOM CURRY	£3.95
BOMBAY POTATOES	£3.95
EGG POTATO BOMBAY BHUNA	£4.95
TARKA DHALL..	£3.95

English Dishes

CHICKEN NUGGETS & CHIPS..	£8.95
FRIED SCAMPI & CHIPS	£8.95
FRIED CHICKEN & CHIPS.	£8.95
CHICKEN SALAD.	£8.50
CHEESE OMELETTE & CHIPS	£9.95
CHICKEN OMELETTE & CHIPS	£9.95
MUSHROOM OMELETTE & CHIPS	£8.50
SIRLOIN STEAK served with chips, peas & tomato	£15.95
COD & CHIPS	£9.95

Set Meals

FOR TWO PERSONS (W)

CHICKEN TIKKA, SHEEK KEBAB,
CHICKEN MASALA & CHICKEN BHUNA,
PILAU RICE, NAN, PAPADUM &
SALAD, CHUTNEY, COFFEE

£36.95

SPECIAL MEAL FOR A SPECIAL OCCASION

(24 hour notice required)

KURZI CHICKEN or LAMB
LEG OF LAMB or WHOLE CHICKEN

Stuffed with mince meat, roasted in a clay oven & cooked in specially blended
spices, flavoured with green herbs, served with: Sheek Kebab, Chicken Tikka,
Vegetable Curry, Special Pilau Rice, Salad All the trimmings.

£49.95

FISH DISHES

TANDOORI SALMON, FISH CURRY

ALSO AVAILABLE IN

JALFREZI, RAGON, DUPIAZA, PATHIA, BHUNA

£13.95

Desserts

KULFI..	£3.50
MANGO	£4.20
LYCHEE	£4.20
ICE CREAM	£3.50
BANANA or PINEAPPLE FRITTER	£5.10

Indian Beverages

COFFEE	£2.90
CREAM COFFEE..	£4.10
LIQUEUR COFFEE	£5.95
TEA.	£3.10

(W) - CONTAIN NUTS

ALL PRICES INCLUDE VAT

WINE LIST

CHAMPAGNE & SPARKLING

Moet Chandon NV	£49.95
Asti Spumante Martini	£25.95
Jacob's Creek Sparkling Rose	£24.95
Prosecco Sparkling	£24.95

FRENCH WINES

Muscadet (white)	£21.95
Chablis (white)	£29.95
Medoc (red)	£24.95
Saint Emillion (red)	£25.95
Beaujolais (red)	£25.95

AUSTRALIAN WINES

Jacobs Creek (red or white)	£21.95
Notlage Hill (red or white)	£21.95

NEW ZEALAND WINES

Sorn Marlborough (white)	£25.95
Oyster Bay (red)	£26.95

SOUTH AFRICAN WINES

Kumala (red or white)	£22.95
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SPANISH WINES

Marque de Caceres (red or white)	£25.95
Fastino V Rioja (red)	£28.95

CALIFORNIAN WINES

Blossom Hill (red or white)	£20.95
Malbec (red)	£22.95

ITALIAN WINES

Pinot Grigio (white)	£20.95
Chianti (red)	£23.95
Villa Cardini (red)	£22.95

CHILEAN WINES

Caliteira (red or white)	£24.95
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HOUSE WINES

Red or White Bottle	£17.95
Per glass (red or white) 175ml	£4.40

ROSE WINES

Hardys Rose	£21.95
Mateus Rose	£19.95
Rose D'Anjou	£18.95
Bossom Hill (white zinfandel)	£20.95

GERMAN WINES

Liebfraumilch (white)	£19.95
Black Tower (white)	£19.95

BEER & MINERALS

Cobra 330ml	£3.95
Cobra 660ml	£6.95
Magners	£6.95
Strongbow (pint)	£5.95
Budweiser	£3.95
Draught Lager (half)	£2.95
Draught Bitter (half)	£2.95
Guiness	£4.10
Peroni	£3.95
Becks Blue (alcohol free)	£3.95
Shandy (half)	£3.80
Fizzy Soft Drinks	£2.50
Fruit Juices	£2.50
J20	£3.40
Mineral Water	£2.50

SPIRITS & LIQUORS

Whiskey	£3.80
Brandy	£3.95
Rum	£3.80
Spicy Rum	£3.95
Vodka	£3.80
Vodka Raspberry	£3.95
Smirnoff Ice	£4.50
Gin	£3.80
Bacardi	£3.80
Disaronno	£3.80
Baileys	£3.95
Tia Maria	£3.80
Sambuca	£3.80
Amaretto	£3.80
Cointreau	£3.80
Remy Martin	£4.50
Southern Comfort	£3.80
Pink Gin	£3.95

APERITIFS

Campari	£3.80
Dubonnet	£3.80
Martini (Sweet or Dry)	£3.80
Cinzano	£3.80

SHERRY

Bristol Cream	£3.80
Tio Pepe	£3.80
Harvey Club Amontillado	£3.80

PORT

Ruby	£3.80
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