

STARTERS

All starters served with salad

CHICKEN TIKKA PAKURA	£4.50	NARGIS KEBAB	£4.40
CHICKEN & LAMB KEBAB ROLL . . .	£4.50	spiced mincemeat around a boiled egg, shallow fried in oil	
GARLIC MUSHROOM	£3.50	SHAMEE KEBAB	£3.80
GARLIC CHICKEN & LAMB KEBAB	£4.50	spicy mincemeat burger fried in oil	
CHICKEN KEBAB	£3.70	SHEEK KEBAB	£3.80
CHICKEN PINEAPPLE	£3.80	spiced mincemeat cooked over charcoal on skewers	
CHICKEN CHAT	£3.60	MIXED KEBAB	£4.60
spicy chicken, tomato & cucumber on a		TANDOORI SALMON	£5.95
bed of lettuce with chat masala sauce		TANDOORI SEA BASS	£5.95
PEPPER CHICKEN	£3.95	spices, tenderly cooked over charcoal on skewers	
spicy chicken in a whole pepper, cooked		TANDOORI HAKE	£5.95
over charcoal on skewers		spices, tenderly cooked over charcoal on skewers	
CHICKEN OR LAMB TIKKA	£3.70	TANDOORI KING PRAWN	
pieces marinated in herbs, over charcoal on skewers		ON PUREE	£6.95
PANEER TIKKA	£3.95	KING PRAWN ON PUREE	£5.95
DUCK TIKKA	£5.50	king prawn cooked in spicy sauce,	
ONION BHAJEE	£3.50	served with deep fried puff bread	
SOMOSA (Chicken, Meat or Vegetable)	£3.50	PRAWN ON PUREE	£3.95
LAMB CHOPS	£5.80	PRAWN COCKTAIL	£3.80
TANDOORI CHICKEN	£3.80	KING PRAWN BUTTERFLY	£5.10
on the bone marinated in herbs, cooked		TANDOORI SALMON	
over charcoal on skewers		PAKURA	£5.95
TANDOORI KING PRAWN	£6.50	CHILLI PANEER	£4.50
king prawns flavored with various spices,		BENGAL FISH CHAAT	£4.50
tenderly cooked over charcoal on skewers			

TANDOORI DISHES

Tandoori dishes are not curries. All tandoori dishes are cooked or grilled over a charcoal fire in the 'tandoor'.

These dishes are cooked in individual portions & served with salad and mint sauce.

Tandoori naan or chapati is recommended with tandoori dishes for a complete meal.

TANDOORI CHICKEN HALF	£6.90	TANDOORI SALMON	£11.50
TANDOORI CHICKEN WHOLE	£13.60	marinated salmon cooked with special	
CHICKEN OR LAMB TIKKA	£6.90	herbs & spices over charcoal	
PANEER TIKKA	£7.30	TANDOORI SEA BASS (Boneless) . . .	£11.50
SHASLICK KEBAB (Chicken or Lamb) . . .	£8.95	gently spiced, shallow fried in oil	
DUCK TIKKA	£10.50	TANDOORI HAKE	£11.50
TANDOORI KING PRAWN	£12.30	marinated hake, cooked with special herbs	
TANDOORI COCKTAIL	£8.50	& spices over charcoal	
a selection of tandoori chicken, tikka and onion bhajee		TANDOORI SPECIAL	£11.50
TANDOORI FISH TROUT	£9.95	a selection of tandoori chicken, tikka,	
		kebab, mince curry & naan bread	

(N) - CONTAIN NUTS



HOUSE SPECIALITIES

These dishes are specially prepared by our chef for the patrons of East One. Rice not included with these dishes

TANDOORI KING		SHAHI KEBAB BHUNA	£8.30
PRAWN MASALA (N)	£13.10	cooked with onions, tomato, capsicum & herbs in a thick sauce	
king prawn roasted in the 'tandoor' then cooked in sauce made		KORAI CHICKEN or	
with a delicate blend of aromatic spices, herbs simmered in cream		LAMB TIKKA MASALA (N)	£8.80
CHICKEN or LAMB		cooked with spices, mincemeat, onion,	
TIKKA MASALA (N)	£7.50	capsicum and tomato	
tender boneless pieces cooked on skewers in 'tandoor' then cooked		TANDOORI KING PRAWN	
in sauce made with delicate blends of herbs and simmered cream		KORAI MASALA (N)	£13.30
PANEER TIKKA MASALA	£7.95	TANDOORI KING PRAWN DELIGHT (N) .	£13.30
KAKOO CHICKEN or		TANDOORI KING PRAWN MAKHNI (N) .	£13.30
LAMB TIKKA KORAI (N)	£8.30	tossed in butter with fresh cream & almond in exotic sauce	
chicken or lamb tikka marinated in our specialway and cooked with		CHICKEN or LAMB TIKKA DELIGHT (N) .	£8.80
onions, tomato, green pepper & thick sauce. A special chefs creation		cooked with cointreau liquor, cream, almonds & ground nuts	
BUTTER CHICKEN (N)	£7.50	CHICKEN or LAMB TIKKA MAKHNI (N) .	£8.80
off the bone, half of a spring tandoori chicken cooked in butter and		tossed in butter with fresh cream & almond in exotic sauce	
cream with garlic cinnamon, ginger and a rich tomato sauce		KAS CHICKEN or LAMB TIKKA BHUNA . .	£8.80
CHICKEN or LAMB TIKKA JALFREZI . . .	£7.80	a slightly hot dish cooked with fresh chillies and red wine	
cooked with selected spices, fried tomato and		CHICKEN or LAMB TIKKA	
chopped onion to produce a slightly hot dish,		NAWABI KORAI (N)	£8.80
also available in prawn with fresh green chillies		cooked with spices, mince chicken, onion, capsicum and tomato	
TANDOORI SALMON		CHICKEN OR LAMB TIKKA BADMAY (N) .	£8.80
GARLIC MUSHROOM JALFREZI	£12.95	cooked in peanut butter & cream	
CHICKEN TIKKA CHILLI MASALA	£7.80	with garlic, peanuts and a rich tomato sauce	
LAMB TIKKA CHILLI MASALA	£7.80	CHICKEN or LAMB TIKKA MOGLAI . . .	£8.30
a hot dish of hot spices & fresh green chillies		with eggs, herbs and spices	
PRAWN CHILLI MASALA	£7.80	CHICKEN or LAMB TIKKA BHUNA MASALA . .	£7.50
small prawns cooked with fresh green chilli's		cooked with onions, tomato, capsicum,	
SHAHI TOKKRA (Chicken or Lamb Tikka)	£8.30	herbs & spices in a masala sauce	
garnished in many spices, medium strength		CHICKEN or DUCK TIKKA BAMBOO . . .	£9.95
Bengal Fish Bhuna (Boneless)	£9.95	a medium hot dish cooked with bamboo shots	

BALTI DISHES

These dishes are extensively prepared with onions, tomatoes, capsicum and dozens of freshly ground spices and herbs, garnished with fresh coriander in medium sauce giving a rich flavour, cooked in a balti-metal pot.

BALTI SPECIAL (Chicken, prawn & vegetable) .	£7.50	BALTI MIXED VEGETABLE	£5.90
BALTI CHICKEN TIKKA	£7.30	BALTI CHICKEN & MUSHROOM	£7.30
BALTI CHICKEN	£6.30	BALTI CHICKEN & PRAWN	£7.80
BALTI LAMB	£6.80	BALTI SAAG GOSTH	£7.95
BALTI KING PRAWN	£11.95	CHICKEN TIKKA GARLIC BALTI	£7.95

PATHIA DISHES

A sweet and sour dish with spices

CHICKEN TIKKA	£7.30	PRAWN	£7.50
CHICKEN	£6.30	KING PRAWN	£11.95
LAMB	£6.95	MIXED VEGETABLE	£5.90

SPECIAL MALAYAN DISHES

Prepared with banana, pineapple, fresh cream. Medium dish

CHICKEN TIKKA	£7.30	PRAWN	£7.50
CHICKEN	£6.30	KING PRAWN	£11.95
LAMB	£6.95	MIXED VEGETABLE	£5.90

MADRAS DISHES (hot)

The most popular dish of rich hot & sour tastes prepared with chilli, lemon juice and tomato puree

CHICKEN TIKKA	£7.10	PRAWN	£7.30
CHICKEN	£6.30	KING PRAWN	£11.95
LAMB	£6.95	MIXED VEGETABLE	£5.95

KURMA DISHES (sweet)

Preparation of mild spices with fresh cream, butter is used to create the delicacy of the flavour and the creamy texture. Contains nuts

CHICKEN TIKKA	£7.80	PRAWN	£7.30
CHICKEN	£6.30	KING PRAWN	£11.95
LAMB	£6.95	MIXED VEGETABLE	£5.90

BHUNA DISHES

A thoroughly garnished dish with onion, garlic, tomato and selected spices to provide a medium strength curry

CHICKEN TIKKA	£7.30	PRAWN	£7.30
CHICKEN	£6.30	KING PRAWN	£11.95
LAMB	£6.95	MIXED VEGETABLE	£5.95

CURRY DISHES (mild)

The most popular dish of rich hot & sour tastes prepared with chilli, lemon juice and tomato puree

CHICKEN TIKKA	£6.80	KING PRAWN	£11.50
CHICKEN	£5.80	MIXED VEGETABLE	£5.80
LAMB	£6.50	MUSHROOM	£5.80
PRAWN	£6.95	CHICKEN AND MUSHROOM	£6.95

DUPIAZA DISHES (medium)

A maximum quantity of onions, seasoned & treated with dozens of herbs & spices

CHICKEN TIKKA	£7.30	PRAWN	£7.50
CHICKEN	£6.30	KING PRAWN	£11.95
LAMB	£6.95	MIXED VEGETABLE	£5.90

RAGON DISHES (medium)

A popular dish spiced with herbs, a touch of garlic and garnished with tomatoes.

CHICKEN TIKKA	£7.30	PRAWN	£7.50
CHICKEN	£6.30	KING PRAWN	£11.95
LAMB	£6.95	MIXED VEGETABLE	£5.90

OTHER CURRY SPECIALITIES

LAMB PASANDA (N)	£7.80
(mildly spiced creamy sauce)	
CHICKEN GARLIC (cooked in fresh garlic) ..	£7.30
LAMB SAAG (with spinach)	£7.80
CHICKEN MOCHOMMON	£7.50
medium strength with green beans, dressed with egg & tomato	
CHICKEN BOMBAY	£6.95
medium strength with potato and tomato	
CHICKEN DANSAK	£6.95
slightly hot with pineapple and lentils	
CHICKEN JALFREZI	£6.95
pieces of chicken cooked with selected spices, with fried tomato and chopped onion to produce a slightly hot dish,	

BIRYANI DISHES

Special Basmati rice with chicken, lamb, prawn or vegetable in butter ghee with delicate herbs & spices.

It is not a curry but is served with a vegetable dish to add to the taste of the dish

EAST ONE SPECIAL BIRYANI	£8.50	LAMB BIRYANI	£8.20
PERSIAN CHICKEN BIRYANI	£8.50	PRAWN BIRYANI	£8.50
MALAYAN BIRYANI	£8.50	KING PRAWN BIRYANI	£11.95
CHICKEN TIKKA BIRYANI	£8.50	MUSHROOM BIRYANI	£7.50
CHICKEN BIRYANI	£7.95	VEGETABLE BIRYANI	£7.50

INDIAN BREADS

KEEMA NAAN	£2.80	KEEMA & VEGETABLE NAAN	£3.70
PESHWARI NAAN (N)	£2.80	GARLIC KEEMA & VEGETABLE NAAN	£3.80
GARLIC NAAN	£2.80	CHICKEN or LAMB NAAN	£7.50
CHICKEN TIKKA NAAN	£2.80	pastly shaped naan breads with chicken or lamb curry inside	
ONION KULCHA	£2.80	CHEESE NAAN	£3.80
PLAIN NAAN	£2.40	CHILLI CHEESE NAN	£3.95
TANDOORI CHAPATI	£2.40	GARLIC CHEESE NAN	£3.95
CHAPATI	£1.60		
PARATHA	£2.80		

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VEGETABLE SPECIALITIES (medium)

SAAG PANEER	£3.95	CHANA BHAJEE (chick peas)	£3.30
MUSHROOM BHAJEE	£3.30	MIXED VEGETABLE CURRY	£3.30
VEGETABLE BHAJEE	£3.30	MUSHROOM CURRY	£3.30
BHINDI BHAJEE (okra)	£3.30	BOMBAY POTATOES	£3.30
SAAG BHAJEE	£3.30	EGG POTATO BOMBAY BHUNA	£4.40
CAULIFLOWER BHAJEE	£3.30	TARKA DHALL	£3.30

SUNDRIES

KEEMA PILAU RICE	£3.50	PLAIN BOILED RICE	£2.40
GARLIC FRIED PILAU RICE	£2.80	CHIPS	£2.80
MUSHROOM FRIED PILAU RICE	£2.95	SPICY CHIPS	£2.95
VEGETABLE PILAU RICE	£2.95	PLAIN PAPADUM	£0.95
PILAU RICE	£2.60	SPICED PAPADUM	£1.10
SPECIAL FRIED RICE	£2.95	CUCUMBER RAITHE	£2.80
EGG FRIED RICE	£2.95	CHUTNEY (per head)	£0.80
PLAIN FRIED RICE	£2.60		

ENGLISH DISHES

CHICKEN NUGGETS & CHIPS	£7.20	COD & CHIPS	£7.95
FRIED SCAMPI & CHIPS	£7.20	CHICKEN OMELETTE & CHIPS	£7.95
FRIED CHICKEN & CHIPS	£7.20	MUSHROOM OMELETTE & CHIPS	£7.50
CHICKEN SALAD	£6.95	SIRLOIN STEAK served with chips, peas & tomato	£12.95
CHEESE OMELETTE & CHIPS	£7.95		

SET MEAL FOR TWO PERSONS

(contains nuts)

CHICKEN TIKKA
SHEEK KEBAB
CHICKEN MASALA & CHICKEN BHUNA
PILAU RICE
NAAN
PAPADUM
SALAD CHUTNEY
COFFEE

£32.95

SPECIAL MEAL FOR A SPECIAL OCCASION

(24 hour notice required)

KURZI CHICKEN or LAMBLEG OF LAMB or WHOLE CHICKEN
Stuffed mincemeat, roasted in a clay oven & cooked in specially blended spices, flavoured with green herbs, served with: Sheek Kebab, Chicken Tikka, Vegetable Curry, Special Pilau Rice, Salad All the trimmings

£39.95

FISH DISHES

TANDOORI SALMON FISH CURRY
ALSO AVAILABLE IN JALFREZI
RAGON
DUPIAZA
PATHIA
BHUNA

£12.50



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