

REFORM ROOM

Advance registration is required for all group fitness classes

Schedule is subject to change.
Please check live schedule at REFORMROOMNY.COM



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30am			MAKENA				
8am			MAKENA				KELLI
8:30am		LISA		KELLI	KRISTEN	LISA	
9am	MICHELLE						KELLI
9:30am		NICOLE	KELLI	LISA	KRISTEN	LISA	
10am	MICHELLE						KELLI
10:30am		NICOLE	KELLI	LISA	NICOLE	LISA	
11am	LISA						
11:30am		NICOLE		LISA	NICOLE		
5:30pm							
6:30pm	LISA	LISA	DONNA	LISA			