

Travel Buddy's Awesome Travel Tips

1. Don't overpack and pack wisely!

Almost everything can be bought abroad, so don't worry about packing every little thing. Take the time to consider what you really do and don't need.

2. Travel with basic medicines

You want to be prepared for any sickness or mishap that comes your way. Be sure to pack medicine for headaches, allergies, upset stomachs, motion sickness, and any other medication that might apply to your family or trip.

3. Brand new toys and books

New toys that your child hasn't seen before or books they haven't read will hold their attention longer!

4. Have plenty of diapers and wipes

If the younger kids aren't potty trained yet, you should bring more diapers, pull-ups, and wipes than you think you'll need.

5. Bring a spare outfit

From diaper leaks and spit ups to getting wet sand all over your pants, you never know when you or your kids will need a change of clothes. Be sure to keep a fresh set handy in case you need to change!

6. Pop ears with gum or bottles

Younger kids often have a hard time equalizing their ears on their own. Feeding your baby during these times can help relieve the pressure, and gum for kids who are old enough to chew it safely can help their ears pop naturally.

7. Try for evening flights

Try to book flights to be around bedtime. It might be more expensive, but a sleeping child makes everyone's life easier.

8. Leave plenty of time

Not only make sure you have enough time to get to the airport, but if you

have a connecting flight, leave enough time in between flights to stretch your legs, go to the bathroom, get food, play, and get ready for the next flight.

9. Brand your kids!

If you're worried about your child getting lost, write your name and phone number on their arm. Or better yet, invest in a GPS tracking device to attach to your child's wrist or bag.

10. Carriage, stroller, or sling?

It can be difficult to figure out what sort of transportation your child will need. An all-around good option is a light stroller, which are easy to travel with and good on almost all terrain.

11. Have a plan but be flexible

You want to have a plan to keep your children entertained, but you don't want every moment of the trip to be regimented. Leave a little room to explore new things.

12. Pack snacks!

Hungry kids can make a fun family trip a miserable, cranky experience! Always have appropriate snacks for kids of all ages.

13. Schedule downtime

Constantly being on the go can be draining, so remember to take some time to relax. Take a few minutes to go for a walk, see a movie, spend time at the library, or lay around in your hotel room. Young kids will need their naps, too!

14. Ask for child discounts

Asking for child discounts can really save you a lot of money! This includes transportation, tours, attraction entrance fees, and restaurants.

15. Don't hotel hop

Do your best not to switch hotels/lodging any more than you need to. Kids love to spread their stuff all around a hotel room, and you don't want to be gathering it up every day. Compare prices before you leave and book, and

you'll be much happier staying in one place, too!

16. Let older kids pick activities

As your kids get older, let them have more of a say in what you do on vacation! Remember, this trip isn't just for you, but for the kids too.

17. Give kids a camera

As soon as your kids are responsible enough, give them a small camera to use on trips. Having a camera helps your child focus on the things they're seeing all around them while they're trying to snap the best photos!

18. Try public transit

Public transit amuses kids! Try the train, bus, subway, tram, public bikes, monorail, etc. Every form of public transit is a whole new experience!

19. Have fun!

Remember to enjoy yourself! Each trip is a wonderful adventure for you and your kids.

20. Have activities for the kids

Just like hungry kids, bored kids can make for a miserable experience. Be sure to pack activities for your kids! We've even included some for you in this book!

Happy Smiles For Kids Word Search

Z Z Q E X T H P A P Y X P Y S V Z M H E
G S S B B Z A A K N R H E J P L J S A Y
G M U J T U P C J O B M S E N Z N D P D
K V W X G G P F H O C H E Y Q C E K J D
D W V R I E Y Y L E K L W A U V S E W U
F U S W C R S R G V M O B V L U P T E B
Z X B Y Y B M Y Y B B O Q J I R E O T L
E V X D W K I D I L X Z B X M K P F U A
H T F D D Q L D V T E A U U I M M X Y T
M H W U R Q E U Q R S D I C D S D V E I
Y E I B B S S B M A Y E N H R D Z K C P
J R E Y V F I Y N V F N K J E L Y W I S
U A Q R E I V A I E Z T A E W M F N O O
W P S A J T M D A L F A H M S X G V D H
N Y L T F E Y H C B I L Z D D L C T V X
G B C I Q A E T L U J B P S O N X C L H
J U P L J Y P R O D Y U E I C G A Z C I
U D S I A L L I W D I D Q D T Y F S L U
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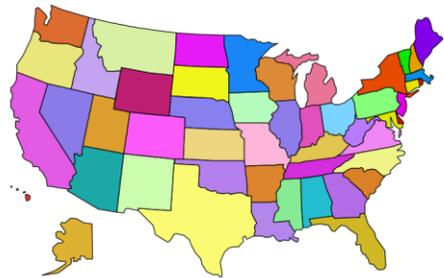
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THERAPYBUDDY
CHEMOBUDDY
BIRTHDAYBUDDY
SANDMAN
HAPPYSMILES



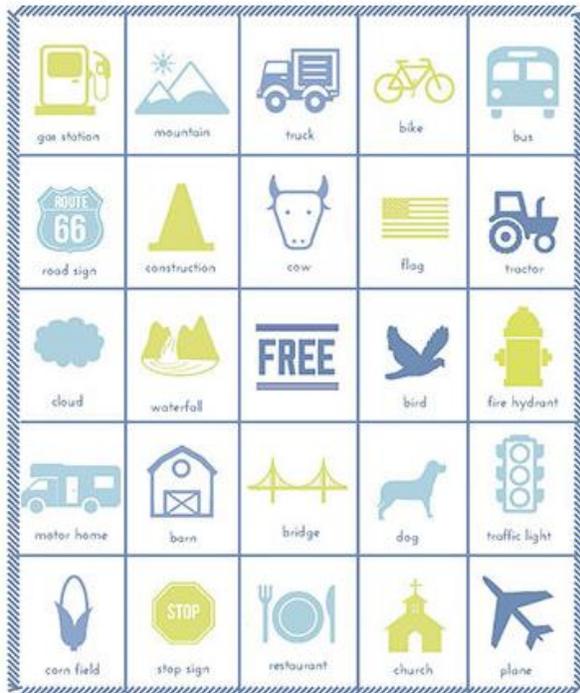
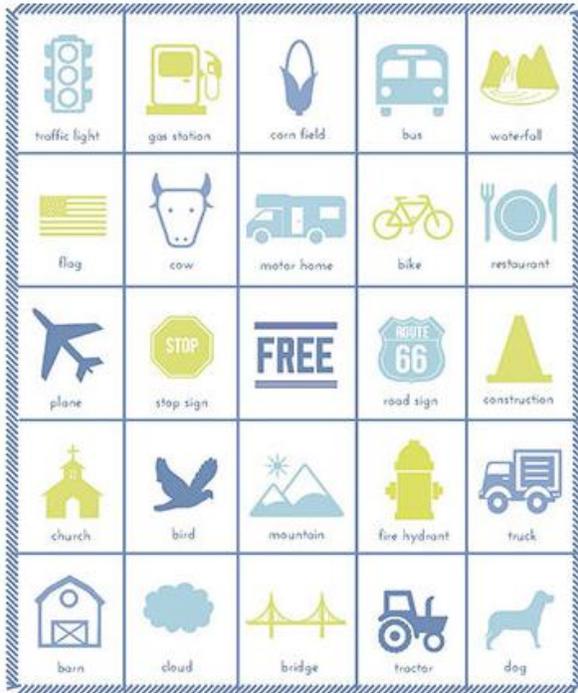
50 States Word Search

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 G B U Y K F M M D N S U B B L O I C H A K I D G T D H R N T
 D G S E R L X L N F E M B L Q S H B V Y E R P A O U V Q N G
 V V R U O O K U A M S V M R S A A L F S N K X A I E I C Q W
 R H K B Y R A G L P K T A A V W B M Q W T F C I H H Z P Z R
 R Z M C W I T H S D G F T D I Z R K I L U C T N O M R E V D
 C U W Z E D O P I S C A N E A N Y Z T N C I W I O I L C A W
 J U B P N A K Y E Z F O X V S W E E E X K I K G W N U A N O
 A L A B A M A D D M A I L O R U V W S V Y F D R G D T Y A C
 N G E I I I D Y O N C R U O A I H A H R N Y B I E I I P I E
 O S V J D I H W H G P T T M R A T C R O E C X V E A J N S H
 G K S C A A T X R G H V A G M A A K A K M J C T D N A O I E
 E N L V H W U O U C I R I P O L D T N S A C W S W A L K U T
 R E Q A O A O W A D Y N S Q T Q V O Y S S N I E R J A E O E
 O B H V H H S R X L I H A X N Z W M S Q T A S W N H S R L N
 A R N V Q O O T A A I N O T G N I H S A W Q M A I U K A I N
 K A L W I L M N I R I T B P V U M M P L M D C K S F A W T E
 G S R H I Z D A E L E W D W M B X C M C E U E Z D G H A M S
 I K Q N U A G Y O I P P I S S I S S I M A P W J X N L L V S
 F A A Q F U W R A C Z N N T V R H N M T E L C N K Q M E W E
 H S K A N S A S S O O M P A T S R Y O N C L I W L Y V D S E
 A Y T N K C Y H I N C T N D A L V K N W M S N F N R G X L K
 T Y W J H M Q L O N I Q N X G V A S Y D N I Q M O E Q N P M
 U Q U T V F O A W E X Q E O Z D Y O A O G M I G A R Z V Q I
 B E R U G S R R A C E T K Y H L M N C O R S O K C Q N I Q C
 D O A Z Z I Q U C T M T I T V I A S G X S Q O H G T N I C H
 N R Y A Z F Y V G I W G R A N T I H O O N S O S U H L B A I
 U L G O I X B S T C E O N G N W M P U B M I N N E S O T A G
 G Q N L H M Z S P U N I B O O P B R Z Z X Q J H C N Y N M A
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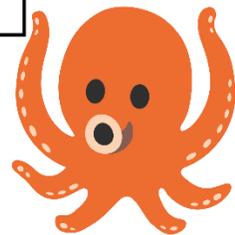
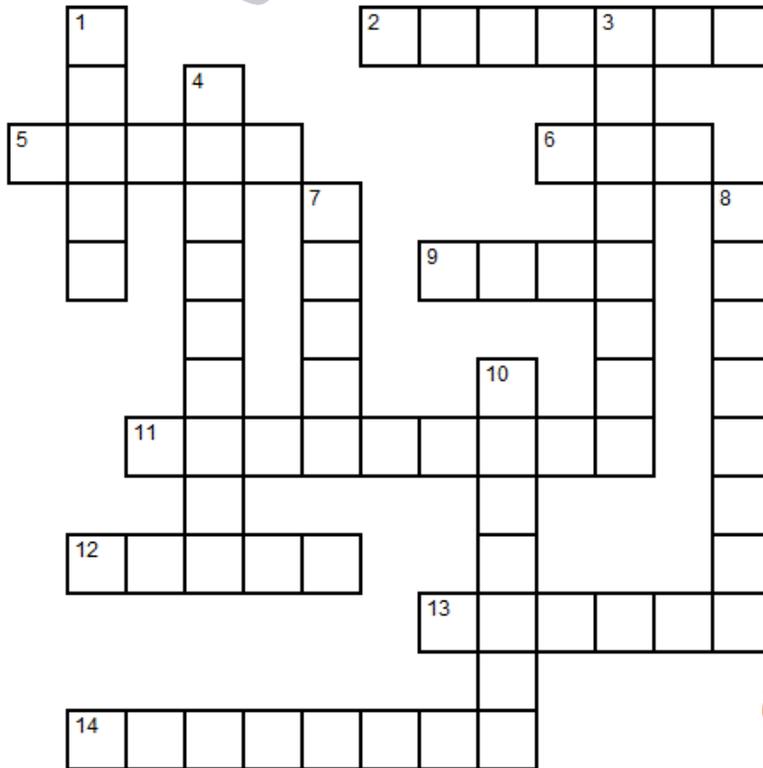
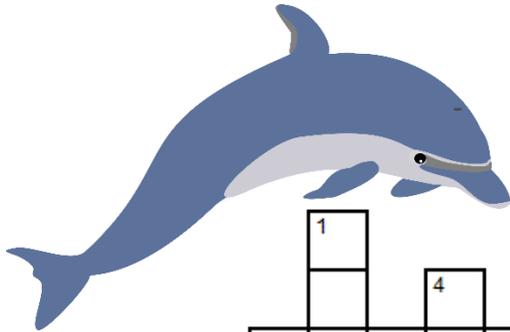
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|-------------|---------------|---------------|--------------|
| ALABAMA | KANSAS | NEWMEXICO | VIRGINIA |
| ALASKA | KENTUCKY | NEWYORK | WASHINGTON |
| ARIZONA | LOUISIANA | NORTHCAROLINA | WESTVIRGINIA |
| ARKANSAS | MAINE | NORTHDAKOTA | WISCONSIN |
| CALIFORNIA | MARYLAND | OHIO | WYOMING |
| COLORADO | MASSACHUSETTS | OKLAHOMA | |
| CONNECTICUT | MICHIGAN | OREGON | |
| DELAWARE | MINNESOTA | PENNSYLVANIA | |
| FLORIDA | MISSISSIPPI | RHODEISLAND | |
| GEORGIA | MISSOURI | SOUTHCAROLINA | |
| HAWAII | MONTANA | SOUTHDAKOTA | |
| IDAHO | NEBRASKA | TENNESSEE | |
| ILLINOIS | NEVADA | TEXAS | |
| INDIANA | NEWHAMPSHIRE | UTAH | |
| IOWA | NEWJERSEY | VERMONT | |



Road Trip Bingo



Sea Life Word Search



ACROSS

- 2. fat layer that keeps some marine mammals warm
- 5. fish use these to breathe oxygen from the water
- 6. name for a group of whales
- 9. ocean dwellers that lay eggs and have bones
- 11. what a shark has instead of bones
- 12. a shark has several rows of these
- 13. what younger whales are called
- 14. marine animals with soft bodies and no backbone

DOWN

- 1. small creatures that look like shrimp
- 3. how a whale or dolphin breathes
- 4. largest animal in the world
- 7. bioluminescent animals make their own
- 8. clams, oysters and scallops are all . . .
- 10. ocean dwellers that birth live babies and nurse their young

Road Trip Checklist Challenge

- License plate number starting with “F”
- Man wearing a cap or hat
- Police car
- RV
- Sports team bumper sticker
- Two people riding one motorcycle
- White SUV
- Stick figure family window decal
- Gas station
- Purple car
- Barn
- Kid in a car seat
- License plate number ending with “5”
- Bridge
- Window decal from any college
- School bus
- Lady wearing sunglasses
- Truck from Walmart or Target
- Minivan with cargo carrier on top
- Someone with a tattoo
- Red pickup truck
- Bike rack on the back of a car
- Convertible (top can be up or down)
- Vehicle pulled over on the side of the highway
- Airplane jet stream
- Vanity license plate (personalized word or phrase)
- Person walking a dog
- Horse
- Camper van or motor home