## J-MED

## **Telemedicine Patient Info**

If you feel the condition for which you want to see the doctor for is even REMOTELY life threatening, STOP READING THIS AND IMMEDIATELY CALL 911.

Thank you for your interest in our low acuity telemedicine service. This is a service intended to complement the care you receive by your Primary Care Provider (PCP), and not "Instead Of" the continuity care of your PCP. Telemedicine offers much in terms of convenience of location and prompt availability of physician services. What telemedicine does not offer is the benefit of a live "in-person" patient-physician examination. Due to this limitation, our telemedicine services are restricted to low acuity patient needs. "Low Acuity" simply means that the issue for which you desire to see the doctor for is low in severity and is not perceived to be a life-threatening condition. If you feel the condition for which you want to see the doctor for is even REMOTELY life threatening, STOP READING THIS AND IMMEDIATELY CALL 911. Examples of low acuity physician visits include, but are not limited to medication refills (non-narcotic, non-amphetamine, non-benzodiazepine medication: see note below regarding medications that will not be prescribed in a telemedicine visit), physician note for missed obligation due to minor illnesses such as flu, common cold, or other minor infectious conditions or injury, etc., or other nuisance/non-distressing symptoms.

Depending on your location, we have the ability to order lab work and radiology studies as well as prescribe non-narcotic, non-amphetamine, non-benzodiazepine related medications. If the doctor determines your condition requires more extensive evaluation that exceeds the capability of telemedicine, you may be instructed to go to your PCP, local Urgent Care, or nearest Emergency Department.

We do not take any insurance or public assistance as we are fee for service only. You are welcome to submit documentation to your health insurance or HAS (Health Savings Account), or public assistance organization for reimbursement.

Examples of Medications that will not be prescribed are:

Narcotics: Hydrocodone, Oxycodone, Morphine, Fentanyl, Meperidine, Codeine, Methadone, Suboxone, Buprenorphine, Tramadol, etc.

Amphetamines: Adderall, Ritalin, Vyvanse, Dexedrine, Evekeo, Mydayis (and other ADD/ADHD Medicaitons, Concerta, Phentermine and related medications.

Benzodiazepines: Xanax (Alprazolam, Klonopin (Clonazepam), Valium (Diazepam), Ativan (Lorazepam), and other Benzodiazepine related medications.

High Risk Medications: Other medications that carry a higher risk of complication will also not be prescribed examples including but not limited to the GLP-1 agonist medications such as Wegovy (Semaglutide), Ozempic (Semaglutide), etc.

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