

A close-up photograph of two hands shaking. The hand on the left is dark-skinned, and the hand on the right is light-skinned. The hands are clasped together in a firm grip, symbolizing agreement, support, or partnership. The background is a plain, light-colored surface.

**HOW CAN I
HELP BLACK
PEOPLE ?**



I may not be racist but a lot of people in the world are.



IF I want to help black people not be hurt by racism anymore I need to be more than not racist, I must be anti-racist.



Being anti-racist means I must work to stop racism in the things I do and see everyday!



I may have done things accidentally that are unfair to black people because I don't know what it is like to have black skin.



IF black people talk about how they feel they are treated unfairly, I need to listen.



I need to think about if I do any of the things they feel are unfair.



IF I do these things I need to stop.



I have to remember that because I my skin is white, I have many benefits that people with black skin do not have.



I have to use my benefits to help the world be fair and safe for black people.



I need to share what I learn with my family and friends that have white skin too.



I have speak up and tell other people with white skin when I see them saying or doing things to people with black skin that I know are unfair.

**BLACK
LIVES
MATTER**

Everyone's life is important but all lives do not matter until black lives matter too.
