

**I DON'T DESERVE
TO BE BULLIED!**



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A bully is someone that keeps trying to make me feel bad or hurt me physically over and over again.



If one person or a group of people keep saying things to hurt my feelings on purpose, taking my personal property, destroying my personal property, or physically hurting me over and over again, that means I'm being bullied.



If one person or a group of people keep trying to make me do things I don't want to do, or stop me from being somewhere I am allowed to be over and over again, that also means I'm being bullied.



If someone online keeps posting bad things about me or sending mean messages, that means I'm being cyber bullied.



If I think I am being bullied I need speak up for myself and tell the bully to stop.



If they don't stop, I need to someone that can help me like my parents, a counselor, or a teacher.



I do not deserve to be bullied and telling someone that can help me will stop the bullying.
