



I AM AUTISTIC



Autism is not an illness or a disease.



I don't need to be cured or fixed and I am not a problem that needs to be solved.



I may see, feel, and experience things differently than other people because my brain works differently from theirs.



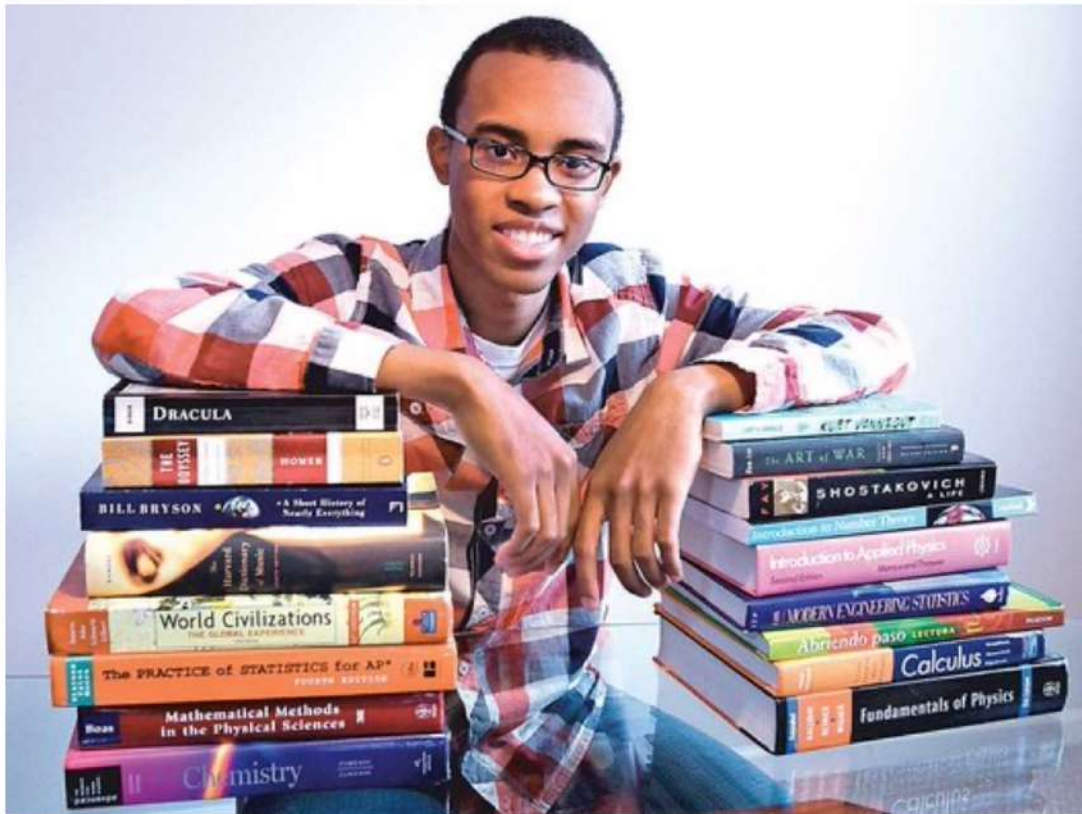
I also may not understand things the same way other people do.



This just means I may need to ask more questions or tell people how they can help me understand.



Because my brain works differently, sometimes things may seem more difficult for me. This also means sometimes things may also be a lot easier for me too.



I may really enjoy doing, learning, reading, or talking about a certain special thing that not a lot of other people enjoy as much, but that's ok because it makes ME happy!



I may not like to look at people's eyes or I may need to move my body or hands in ways that are different from other people and that's ok, I have to do what's best for me!



I also may not like certain noises, lights, or the way somethings feel and that's ok too! I just need to make sure I'm prepared and know how to help myself or ask for help when I need it.



Because I have different needs and do not like certain things, I may need to tell people like police officers, teachers, healthcare workers, or my boss that I am Autistic.

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My name is:

- **I have sensory issues.**
- **I have difficulty with social communication.**
- **I may get anxious.**
- **Please be patient with me.**

Please call my advocate:

I need to tell them about what being Autistic means for me, about the things I need, do not like, or do not understand, so they know how to help me.



I AM UNIQUE!

Being Autistic means I experience the world differently and I am different to the world. This makes me unique and is something to be proud of!
