



DAILY SCHEDULE

Wednesday, March 25th 2020

Quote of the day: "Why fit in when you were born to stand out?" -Dr. Seuss

8:00-9:00 a.m. Active Hour

House work hustle

Clean like you mean it! Crank up some of your favorite songs, sing, dance, and help clean around your house. Dust, put your stuff away, make your bed, help with dishes or do any other chore.

9:00-10:00 a.m. Learning Hour

Today we are going to learn about weather!

<https://bookflix.digital.scholastic.com/pair/detail/bk0018pr/start?authCtx=U.794217314>

10:00-11:00 a.m. Creation Hour

Raining Bats and Frogs You might have heard the saying, "It's raining cats and dogs." If you could make it rain any two things you wanted, what would you choose?

- Write about your special rainstorm. What would be falling from the clouds and why?
- Draw a picture of it

11:00 a.m.-12:00 p.m. Lunch Hour

WASH YOUR HANDS!

Eat lunch! Make sure your family knows about the food they can get from the club. Have them check our website or Facebook page for more information.

Listen to a story read by Oprah Winfrey!

<https://www.youtube.com/watch?v=op9Bc7GWCuw>

12:00-1:00 p.m. Explore Hour

Explore stars and constellations!

<https://staratlas.com/>

1:00-2:00 p.m. Fitness Hour

Let's get our workout on!

<https://www.youtube.com/watch?v=BDYd2qFR45o>

Now cool down with some yoga!

<https://www.youtube.com/watch?v=5XCQfYsFa3Q>

2:00-3:00 p.m. Learning Hour

Let's learn about what there is at Yellowstone National Park!

<https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm>

3:00-4:00 p.m. Be Me Hour

Write positive statements about yourself on fun paper or with markers, crayons or colored pencils. Hang the positive statements somewhere that you can see them every day to remind yourself how awesome you are!

Post your positive statements on Facebook and tag BGC Ozark Southeast Alabama to help inspire others.

4:00-5:00 Fitness Hour

Yoga and story time: <https://www.youtube.com/watch?v=U9Q6FKF12Qs>