



The Virtue of Caring

Caring is giving love and attention to people and things that matter. When you care about people, you help them. You do a careful job, giving your very best effort. You treat people and things gently and respectfully. Caring makes the world a safer place.

You are practicing Caring when you:

Show care for others, yourself and the earth

Look at people and listen closely

Handle things carefully

Are gentle with people and things placed in your care

Treat your body with respect

Work with enthusiasm and excellence

Affirmation

I care for others and myself. I pay loving attention. I give my best to every job.

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