



The Virtue of Love

Love is a special feeling that fills your heart. You show love in a smile, a kind word, a thoughtful act or a hug. Love is treating people and things with care and

kindness because they mean so much to you. Love is contagious. It keeps spreading.

You are practicing Love when you:

Treat others as you want them to treat you

Say kind and loving things

Share your things and yourself

Love people just as they are

Take good care of the things you love

Do what you love and love what you do

Affirmation

I am a loving person. I show my love with thoughtful acts, kind words and affection. I treat others the way I want to be treated.

Text used with permission. © VPI. www.virtuesproject.com

www.straighttoyourheart.virtuesproject.com