



The Virtue of Tact

Tact is telling the truth kindly, considerate of how your words affect others' feelings. Think before you speak, knowing what is better left unsaid. When you are tactful, others find it easier to hear what you have to say. Tact builds bridges.

You are practicing Tact when you:

Are careful about the feelings of others

Stop yourself from teasing or embarrassing others

Tell the truth kindly and gently

Decide if it is better to tell the truth or keep silent

Often keep unpleasant or critical thoughts to yourself

Treat people who are different as you would treat anyone

Affirmation

I am tactful. I think before I speak. I am diplomatic even when I feel strongly. I tell the truth kindly and gently.

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