

The Green Bottle

Where you fall on the sliding scale

SUPPORTER

I am comfortable enough to meet all of my basic needs (housing, food) and/or the needs of my family.

I may have some debt but it doesn't prohibit attainment of my basic needs.

I own my own home, own more than one property, OR I rent a higher end property.

I own or lease a car OR can easily pay for cabs/car service when I want one.

I am employed, retired with resources, or do not need to work to meet my needs

I have investments, retirement accounts, or inherited money

I can afford high quality health care

I have expendable income and can buy new items when I need or want them.

I can afford an annual vacation or take time off without a financial burden

I can easily afford to spend \$400 in an emergency

SUSTAINER

I may stress about my basic needs (food, housing), or my family's needs, but still regularly achieve them.

I may have some debt but it does not prohibit attainment of basic needs.

I pay a mortgage or market value rent in a home that is comfortable and safe.

I can afford a metrocard and can afford cabs on occasion/when needed.

I have access to health care.

I sometimes have the ability to save money

I have some expendable income

I can buy some new items and thrift others

I can afford to take vacations annually or every other year without financial burden

I have \$400 to spend in an emergency, though it would be a burden.

PARTICIPANT

I frequently stress about meeting my basic needs (food, housing) and the needs of my family and sometimes don't achieve them.

I have substantial debt and it sometimes prohibits me from meeting my basic needs

I rent lower end property or have unstable housing.

I am unemployed or underemployed.

I am an elder or retiree with limited financial support/ little to no retirement savings

I have immigration related expenses

I qualify for government assistance, including SNAP and Medicaid

I have no access to savings or financial support from my family

I have little to no expendable income

I rarely buy new items because I can't afford them

I cannot afford to take a vacation or time off work

I do not have \$400 for an emergency