

The 35th Annual Coulee City Cow Pie Jog

Saturday, May 28, 2022

~5K COURSE~

Time & Place: Starting time is **8:00 am** at the **BRICK HOUSE (next to rodeo grounds.)**
Late entries may register on the day of the race from 7:00-7:45am in front of the Brick House.

*****IMPORTANT ENTRY INFO*****

EARLY REGISTRATION (Must be received by May 11th)

Short Sleeve Shirt registration fee is \$20.00 OR Long Sleeve Shirt registration fee is \$25.00
(additional charge for XXL or larger \$5.00 per shirt)

~~EARLY REGISTRATION ONLY FAMILY HERD DEAL~~
5 Registrations for \$95 (any mix of shirts is accepted).

(Please circle shirt type on registration form below. Each participant must fill out a registration form.)

Save time, email your form back and VENMO your payment for the 2022 Cow Pie Jog!

Run Information: 5k course open to all runners, joggers, and walkers. Awards to overall male and female winners and ribbons to 1st, 2nd, and 3rd place winners in each age division; male and female.

There are water stations at the halfway point and the finish line.

** Attention: Please take note of the deadline of **May 11th**! If registration has not been received by this date you will NOT receive a T-shirt on the race day. Pre-registered finishers will have priority when t-shirts are handed out. Late entries please check shirt table.**

\$20.00 SHORT SLEEVE SHIRT FEE

\$25.00 LONG SLEEVE SHIRT FEE

\$35.00 LATE ENTRY FEE

(Additional fee for XXL and larger shirts \$5.00 per shirt)

FAMILY OF 5 HERD DEAL \$95-Early Registration ONLY

Checks payable to: Cow Pie Jog or VENMO us @Cowpiejog

Mail to: Cow Pie Jog/PO Box 954/Coulee City, WA 99115

Questions Call: (509) 977-1320

Entry forms also available at www.couleecity.com or by email at couleecityscowpiejog@gmail.com

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter the run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated me. Having read this waiver and knowing these facts in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release the Coulee City Cow Pie Jog, Town of Coulee City, Coulee-Hartline School District and St. Andrews Grange and all sponsors, their representatives, and successors from claims or liabilities of any kind arising from my participation in this event.

By signing this form and initialing here _____ I accept the risk of participating in the Cow Pie Jog during the Covid-19 pandemic and agree to hold the Cow Pie Jog, Town of Coulee City, Coulee-Hartline School District, St. Andrews Grange and all sponsors, their representatives, and successors free from all claims and liabilities of any kind arising from my participation in this event.

*** **One (1) Registration Form Required Per Person** ***

Name _____ Age _____ Phone _____ Date _____

Mailing Address _____ City _____ State _____ Zip _____

Email address: _____

Age bracket (circle)

Stroller 1-4 Walking 1-4 5-7 8-10 11-15 16-19 20-29 30-39 40-49 50-59 60-69 70+

Male _____ Female _____ **SHORT SLEEVE-\$20.00 ← Circle one → LONG SLEEVE-\$25.00**

YOUTH S(6-8) M(10-12) L(14-16) XL(18-20) ← Circle one → ADULT S M L XL XXL

****Runner Signature Required _____ (Parent sig. if runner is under 18)****

Save time, email your form to couleecityscowpiejog@gmail.com & Venmo us @Cowpiejog!!