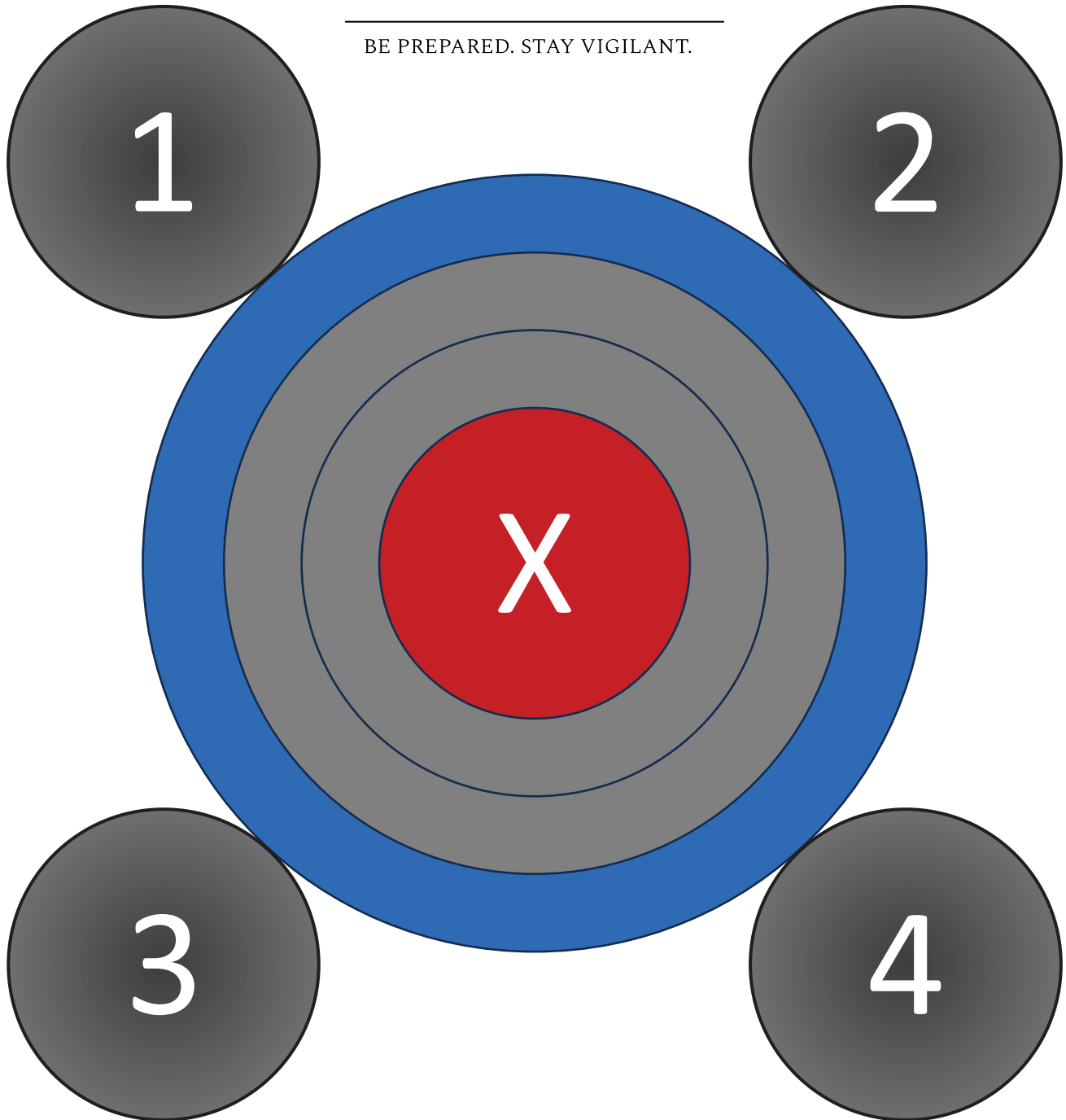




4FRONT DEFENSE

BE PREPARED. STAY VIGILANT.



DRILL PERFORMED AT 7 YARDS. AIM TO COMPLETE UNDER 45 SECONDS.

Version 1 (16 rounds with mag change): Draw from holster, hit #1 one time, holster, run to 15 yards and run back to 7 yards, draw and hit #1 and #2, holster, run to 15 yards and run back to 7 yards, draw and hit #1 and #2 and #3, run to 15 yards and run back to 7 yards, draw and hit #1 and #2 and #3 #4, mag change, and hit bullseye with 6 rounds.

Version 2 (14 rounds with mag change): Draw from holster, hit #1 with controlled pair, holster, run to 15 yards and run back to 7 yards, draw and hit #2 with controlled pair, holster, run to 15 yards and run back to 7 yards, draw and hit #3 with controlled pair, holster, run to 15 yards and run back to 7 yards, draw and hit #4 with controlled pair, mag change, and hit bullseye with 6 rounds.