

	Monday	Tuesday	Wednesday	Thursday	Friday
Week #1	<p>WW Toast, oranges & milk</p> <p>HM Macaroni & cheese, peas & broccoli & milk</p> <p>Goldfish & Grapes</p>	<p>Bagel, applesauce & milk</p> <p>Hamburger, roll, baked beans, corn & milk</p> <p>WW wheat thins & grape juice</p>	<p>Pancakes, blueberries & milk</p> <p>Chicken salad, green beans, parsley potatoes, biscuit & milk</p> <p>WW triscuits & string cheese</p>	<p>Rice krispies, banana & milk</p> <p>Beef Tacos on WW tortilla, lettuce, tomatoes, black beans & milk</p> <p>Apples, PB & milk</p>	<p>WW life, milk & pineapple</p> <p>Tuna sandwich on WW bread, mixed veggies, tater tots & milk</p> <p>Bread sticks w/tomato sauce & milk</p>
Week #2	<p>WW Eng muffin, peaches & milk</p> <p>Sloppy joe (gr beef & tomato sauce), roll, tater tots, green beans, milk</p> <p>Cinnamon apples & string cheese</p>	<p>French toast (WW bread) strawberries & milk</p> <p>Chicken legs, rice & pink beans, avocado & milk</p> <p>Cheese-it-crackers & grapes</p>	<p>WW Cheerios, milk & banana</p> <p>Baked Zitti with meat sauce, lettuce & cucumber salad & milk</p> <p>Corn muffins & milk</p>	<p>Corn flakes, milk & oranges</p> <p>Grilled Cheese sandwich on WW bread, tomato soup, broccoli, apples & milk</p> <p>Chex mix & 100% berry juice</p>	<p>Croissant, blueberries & milk</p> <p>Scrambled Eggs in WW tortilla, home fries, fresh fruit salad & milk</p> <p>Raisin bread & mixed fruit</p>
Week #3	<p>Yogurt parfait, mixed fruit & milk</p> <p>Turkey sandwich on WW bread, green beans, parsley potato & milk</p> <p>WW tortilla, banana & Pb roll up & milk</p>	<p>WW corn squares, blueberries & milk</p> <p>Chilli (ground beef, chilli beans, tomato sauce) on pasta & milk</p> <p>Ritz crackers & cheese cubes</p>	<p>Croissant, fresh tropical fruit salad & milk</p> <p>Cheddar cheese egg bake, WW bread, cucumbers, apples, hash browns & milk</p> <p>soft pretzel & 100% berry juice</p>	<p>WW toast, peaches & milk</p> <p>Chicken fried rice, mixed veggies, pineapple & milk</p> <p>Snack crackers & grapes</p>	<p>Special K, milk & banana</p> <p>PB & J sandwich on WW bread, Cheese cubes, applesauce, carrots & milk</p> <p>Pastellio (seasoned beef baked in a pastry shell)</p>
Week #4	<p>WW toast, apples & milk</p> <p>Hot dog, roll, baked sweet potato fries, corn & milk</p> <p>Beef and cheese taco</p>	<p>WW english muffin, oranges & milk</p> <p>Ravioli, tomato sauce, meatball, lettuce salad, applesauce & milk</p> <p>Pretzels & pears</p>	<p>WW rice squares, strawberries & milk</p> <p>HM pizza(cheese, tomato sauce), garden salad, apples & milk</p> <p>Cheese sticks, cucumbers, peppers, ranch dip/hummus & 100% berry juice</p>	<p>WW cheerios, milk & banana</p> <p>Meatloaf, peas, mashed potatoes, biscuit & milk</p> <p>Bagels, cream cheese/PB & milk</p>	<p>Waffles, blueberries, milk</p> <p>Baked tilapia, baked potato, broccoli, WW bread & butter & milk</p> <p>fresh mixed fruit & garlic toast</p>

**All milk is Skim milk or low fat. Whole milk for children under 2 yrs. Water is served if no beverage is listed. Seasonal fruit & veggies are substituted for those listed on menu. HM= Home made WW= Whole wheat