

Faith and Love C.O.G.I.C Bible Band

Lesson 7 July 15, 2025

EXPECT THE BEST FROM GOD



Background Reading:

- **❖** Psalm 140:8
- Proverbs 10:28; 11:23
- **❖** Mark 11:22-24
- **❖** 1 John 4:4

Devotional Reading:

* Romans 8:18-28



Background Reading

Psalm 140:8 Grant not, O Lord, the desires of the wicked: further not his wicked device; lest they exalt themselves. Selah.

Proverbs 10:28 The hope of the righteous shall be gladness: but the expectation of the wicked shall perish.

Proverbs 11:23 The desire of the righteous is only good: but the expectation of the wicked is wrath.



Background Reading

Mark 11:22-24

- **22** And Jesus answering saith unto them, Have faith in God.
- 23 For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.
- **24** Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them.
- **1 John 4:4** Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.



Devotional Reading

Romans 8:18-28

- 18 For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.
- **19** For the earnest expectation of the creature waiteth for the manifestation of the sons of God.
- 20 For the creature was made subject to vanity, not willingly, but by reason of him who hath subjected the same in hope,
- 21 Because the creature itself also shall be delivered from the bondage of corruption into the glorious liberty of the children of God.



Devotional Reading

Romans 8:18-28

- **22** For we know that the whole creation groaneth and travaileth in pain together until now.
- 23 And not only they, but ourselves also, which have the firstfruits of the Spirit, even we ourselves groan within ourselves, waiting for the adoption, to wit, the redemption of our body.
- 24 For we are saved by hope: but hope that is seen is not hope: for what a man seeth, why doth he yet hope for?
- **25** But if we hope for that we see not, then do we with patience wait for it.



Devotional Reading

Romans 8:18-28

- 26 Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.
- **27** And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God.
- 28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.



Central Verse

Ephesians 3:20

"Now unto Him that is able to do exceedingly, abundantly above all that we can ask or think, according to the power that worketh in us."



INTRODUCTION

The earth belongs to God. Mankind belongs to God. Everything in Heaven and Earth belongs to Him, and nothing is out of His reach. Jesus said when you pray, tell the Father to let His kingdom come here on Earth just as it is in Heaven. So, everything that He has in Heaven can be released for the believer on Earth. Whatever the believer binds in Heaven is bound on Earth, and whatever he releases on Earth is released in Heaven. Sometimes, believers receive nothing from God because their expectations are so low. The believer must remember that his God has everything and everything belongs to Him, and it is the Father's good pleasure to give His children the kingdom.



INTRODUCTION

Jesus said ask, and it shall be given, but the believer must believe that when he asks, he will receive what he asked for. Just as the believers' children believe that when he asks his mother and Father for something, he is going to receive it, the believer should know that his Heavenly Father is going to give it to him.



DISCUSSION

To expect means to think or believe something will happen or someone will arrive, according to the Cambridge Dictionary. It also means to think that someone should behave in a particular way or do a particular thing. To expect someone to do something or expect something from someone is part of the word to expect.



DISCUSSION

To ask and receive from God, the believer must be positive in his thinking and use his faith in his expectation and use his faith to receive it. The Word of the Lord tells the believer it will happen, but it is according to the power that works in him. The Message Bible says, "God can do anything, you know-far more than you could ever imagine guess or request in your wildest dreams! He does it not by pushing us around but by working within us, His Spirit deeply and gently within us." Ephesians 3:20-21.



DISCUSSION

God had expectations of mankind, but they let Him down, so He put in place a power that could provide great expectations from mankind to Him. God so loved the world (mankind) that He gave His Son Jesus Christ to the world to die for their sins. God could not allow man to be in right fellowship with Him as long as sin separated them from God, so Jesus died to move the separation.



DISCUSSION

Romans 8:18 lets believers know that the sufferings of this present time are not even worthy of being compared with the glory which shall be revealed in each believer. For the earnest expectation, for all creation is waiting eagerly for that future day when God will reveal who His children really are. Against its will, all creation was subjected to God's curse. But with great anticipation, the believers look forward to joining Jesus in glorious freedom from death, decay, and the grave. They expect to become just like Jesus, with a glorified body, able to spend eternity with Him.



DISCUSSION

The Lord knew that humanity was lost and desperate, without help or hope, and in need of salvation. But thank God for Jesus, who laid the foundation and opened up the way. As believers remain faithful to Jesus, they can enjoy an abundant life and maintain a greater hope in Christ Jesus.



DISCUSSION

When the believer feels that things around him are confusing, when it seems like difficulties are increasing, he's feeling weak and powerless. That is when he remembers that's not the end of his story. He has hope; he has great expectations; he knows that God, through Jesus, will give him the strength that will help him to withstand every storm that life can throw out at him. He knows that God has given him the very best that He has. Jesus is the best thing that could ever be in anybody's life.



DISCUSSION

God has given the believer the authority and the power to tread and to trample over the enemy in every area of his life. He is not defenseless against the wiles of the enemy. God has equipped him with the authority and power to defeat and overcome the snares and traps of the enemy in every area of his life. The believer has a right to expect the best from God, for God said in Isaiah 1:19," that if he were willing and obedient, he could eat the good of the land." In other words, he can have the best that God has to offer.



DISCUSSION

The enemy tries to make the believers feel they have no control over their circumstances. Satan wants them to be discouraged and feel depressed and helpless. God wants a believer to be inspired by His Word and His promises, expect and move on those promises, and watch every promise come to pass.



CONCLUSION

The believer has not lived his life trying to live Holy and living the best he can for God and does not have great expectations. He has denied himself the pleasures of this world because he expects to spend eternity enjoying the very best that God has to offer. He expects to live in a mansion in Glory, walking on streets of gold, looking at the pearly gates and walls of sapphire. He expects to see the foundation stones of jasper, sapphire, agate, emerald, onyx, carnelian, chrysolite, beryl, topaz, chrysoprase, jacinth, and amethyst. And above all he is looking forward to spending eternity praising and worshipping God with Jesus, the Angels, the disciples, and the saints from all the ages.



ESSENTIAL THOUGHT

Don't just plan to go to Heaven, but expect to go there because it is the best that God has to offer.



NEXT LESSON

July 22, 2025

Lesson 8

God Heals Lepers