

Chapter 9

- Use the Special Ops Process on a pattern of thought that seems to be a recurring issue. (Exercise on Page 166-168)
- Pay special attention to the “Stealth Approach” step. Are you digging deeper to find the cause of the tough?
- Consider beginning a scripture wall of the “Precision Capture” scriptures you find to contradict and combat the causal thought of the negative thought patterns.

Chapter 10

- Where have you recognized how perspective has played a part in shaping your life experiences?
- Do the “Three Questions” exercise on pages 168-178