

Sarah Friedman

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Voice: Soprano | Eye Color: Green | Hair Color: Dark Brown | Height: 5'2" | Weight: 95 lbs.

PROFESSIONAL THEATRE

Rowena	Ligeia	New York Theatre Festival dir. Ashlyn Frank
Encore!	Touring Actor	Chamber Theatre Productions dir. Ashlyn Frank
Shir Adat Choir	Soprano Soloist	Temple Adath Israel dir. Lorne Dechtenberg
Follies	Young Sally	Players Guild of Leonia dir. Vince Parrillo
Sherlock Holmes Returns!	Bobby #3/Ensemble	Hunterdon Hills Playhouse dir. Rhett Guter
A Blast from the Past: Songs of the 50s & 60s	Featured Vocalist	Bergen County Players dir. Dottie Fischer
A Grand Night for Singing	Soprano	Bergen County Players dir. Alan Demovsky

EDUCATIONAL THEATRE – SUNY at Fredonia

She Kills Monsters: Virtual Realms	Agnes Evans	dir. Daniel Lenzian
A Midsummer Nights' Dream	Hermia	dir. Amber Foppes
FDE Merrins Chamber Series	Singer/Dancer	dir. Anthony Alterio
Porcelain and Pink	Lois Marvis	dir. Shawn Sprankle
Anything Goes	Ensemble	dir. Paul Mockovak

TRAINING

BFA in Musical Theatre and Dance Minor from State University of New York at Fredonia

Summer 2020 Commonwealth Shakespeare Company Virtual Apprenticeship

Bergen County Academies – Academy for Visual and Performing Arts: Theatre Concentration

Acting: Stanislavski, Meisner, Hagen, Shakespeare, Voice & Movement, Acting for Media

Dr. James Ivey, Dr. Jessica Hillman-McCord, Daniel Lenzian, Ted Sharon, Bryn Boice,
Siobhan Carroll, Adam Sanders, Paul D'Agostino, Dr. Rebecca Strum, Victoria Pero, Stephen Kaplan

Singing: Musical Theatre, Classical

Lynne McMurtry, Claudette Peterson

Dance: Ballet, Modern, Tap, Jazz, Ballroom

Paula Peters, Samantha Kenney, Angela DiFiore, Angelika Summerton, Laurie Crochet

Stage Combat: Unarmed, Single Sword (Sabre), Rapier & Dagger – SAFD Pass

Other Proficient Weapons: Broadsword, Quarterstaff, Knife, Smallsword

Steve Vaughan, Ted Sharon, Adriano Gatto, Victoria Pero, Dan Renkin

SPECIAL SKILLS

Valid NJ Drivers License, Valid US Passport, Fluent Hebrew, Conversational Spanish, Basic Piano, Basic Harp, Roller Blading/Skating, Horseback Riding, Hand/Machine Sewing, Costumes and Wardrobe Experience, Israeli Folk Dancing, Various Animal Noises