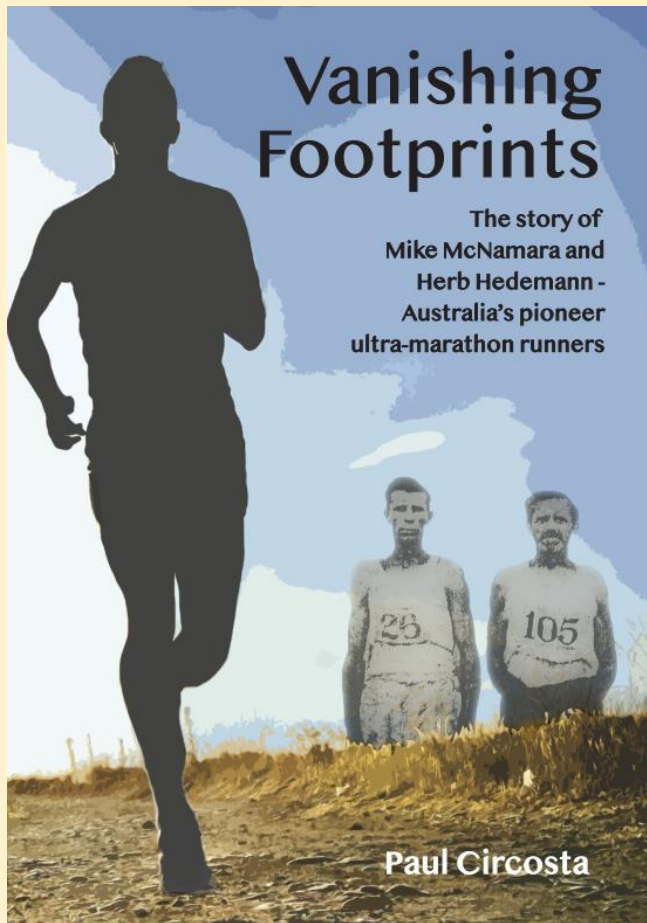


Vanishing Footprints



Author: Paul Circosta

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Mike McNamara and Herb Hedemann, Pioneer Australian Ultra-Marathon Runners and Adventurers.

Vanishing Footprints tells the life stories of Mike McNamara and Herb Hedemann two of Australia's outstanding but forgotten long distance runners of the 1920's.

This is not just a story of their running exploits but of their lives and the adventures that took them around the world from the battlefield of Gallipoli to the diamond mines of South Africa and to the crowded rooming houses of New York during the great depression.

Little known in Australia, they were among the leading runners of their era. Between them they had won world championships, set world records and showed amazing endurance as they competed in the Bunion Derby transcontinental races that crossed America.

About the Author

Paul Circosta is an author, historian and storyteller who writes about unique sporting people and events. *Vanishing Footprints* is his first biography and tells the engrossing life stories of two Australian long-distance runners from the 1920's who took on and challenged the world's best long-distance athletes in races in North America.

He is a member of the Queensland Writers Centre, Australian Society for Sports History, and the International Society of Olympic Historians. He has had a long career as a competitive runner.

