

## October 2017

## Urban Health Plan, Inc. Project Hope 854 Hunts Point Ave. Bronx, NY 10474

Miguel.calderon@urbanhealthplan.org 347-271-3755 Cielo.jaramillo@urbanhealthplan.org 347-271-3756 Katherine Torres: 347-271-3757



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 Orientation* 9:30a-11:00a ZUMBA* 1:00p- 2:00p HSE 2:00pm—5:00pm	3 ESL* 11:00p-1:00p ZUMBA* 3:00pm- 4:00pm	4 Intro to Comp (Span)* 1:00pm-3:00pm Citizenship WS 3:00pm-4:30pm	5 Resume & Mock 10:00a-11:00a ESL* 11:00a-1:00p ZUMBA* 1:00pm– 2:00pm	6 ZUMBA* 1:00pm- 2:00pm Basic Computer* 2:00pm-3:30pm	7	
8	9 Orientation* 9:30a-11:00a ZUMBA* 1:00p- 2:00p HSE 2:00pm—5:00pm	<b>10 ESL*</b> 11:00p-1:00p <b>ZUMBA*</b> 1:00pm– 2:00pm	11HSE9:00am—1:00pmIntro to Comp (Span)*1:00pm-3:00pmCitizenshipWorkshop3:00pm-4:30pm	12 Resume & Mock   10:00a-11:00a ESL*   11:00a-1:00p ZUMBA*   1:00pm-2:00pm MWBE Certification   Workshop 2:00pm-3:00pm	<b>13</b> <b>ZUMBA*</b> 1:00pm– 2:00pm <b>Basic Computer*</b> 2:00pm-3:30pm	14	
15	16 Orientation*   9:30a-11:00a ZUMBA*   1:00p- 2:00p HSE   2:00pm—5:00pm	17 ESL* 11:00a-1:00p ZUMBA* 1:00pm– 2:00pm	18 HSE   9:00am—1:00pm   Intro to Comp (Span)*   1:00pm-3:00pm   Citizenship Workshop   3:00pm-4:30pm	19 OSHA Training Construction 9:00am to 2:00p	20 Diabetes Self Management Program 9:00am-1:00pm OSHA Training Construction 1:00pm to 5:00p	21	
22	<b>23 Orientation*</b> 9:30a-11:00a <b>ZUMBA*</b> 1:00p– 2:00p <b>HSE</b> 2:00pm—5:00pm	24 ESL* 11:00a-1:00p ZUMBA* 1:00pm– 2:00pm	25 HSE 9:00am—1:00pm Intro to Comp (Span)* 1:00pm-3:00pm Citizenship Workshop 3:00pm-4:30pm	26 Resume & Mock 10:00a-11:00a ESL* 11:00a-1:00p ZUMBA* 1:00pm- 2:00pm MWBE Certification Workshop	27 Diabetes Self Management Program 9:00am-1:00pm ZUMBA* 1:00p- 2:00p Basic Computer* 2:00pm-3:00pm	28	
29	<b>30 Orientation*</b> 9:30a-11:00a <b>ZUMBA*</b> 1:00p- 2:00p <b>HSE</b> 2:00pm—5:00pm	31 ESL* 11:00a-1:00p ZUMBA* 1:00pm- 2:00pm	"Make your life a masterpiece, imagine no limitations in what you can be, have or do." —Brian Tracy				
*Requires Registration All events are subject to change. Please call ahead to confirm.		-	- Healthcare Enrollment Representative Monday and Friday 9:00a– 5:00p				



## Octubre 2017

## Urban Health Plan, Inc. Project Hope 854 Hunts Point Ave. Bronx, NY 10474

Miguel.calderon@urbanhealthplan.org 347-271-3755 Cielo.jaramillo@urbanhealthplan.org 347-271-3756 Fax: 347-271-3757



	_		, -		-		
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 Preparación De Empleo* 9:30a-11:00a ZUMBA* 1:00pm– 2:00pm GED*(HSE)	3 Clase De Ingles* 11:00am-1:00pp <b>ZUMBA*</b> 1:00pm– 2:00pm	4 GED (HSE)* 10:00a-1:00p Computación (ESP)* 1:00pm-3:00pm Clases de Ciudadanía* 3:00pn-4:30pm	5 Curriculum & Entrevista 10:00a-11:00a Clase De Ingles* 11:00a-1:00p ZUMBA*	6 ZUMBA* 1:00pm-2:00pm Computación Basico* 2:00pm—3:00pm	7	
8	9 Preparación De Empleo*   9:30a-11:00a 2UMBA*   1:00pm- 2:00pm GED*(HSE)   2:00p-5:00p 2:00p-5:00p	10 Clase De Ingles* 11:00am-1:00pp ZUMBA* 1:00pm– 2:00pm	<b>11</b> GED (HSE)* 10:00a-1:00p Computación (ESP)* 1:00pm-3:00pm Clases de Ciudadanía* 3:00-4:30pm	12 Curriculum & Entrevista 10:00a-11:00a Clase De Ingles* 11:00a-1:00p ZUMBA* 1:00pm- 2:00pm MWBE Workshop 2:00pm—3:00pm	13 ZUMBA* 1:00pm-2:00pm Computación Basico* 2:00pm—3:00pm	14	
15	16 Preparación De Empleo*   9:30a-11:00a 2UMBA*   1:00pm- 2:00pm GED*(HSE)   2:00p-5:00p 2:00p-5:00p	<b>17 Clase De Ingles*</b> 11:00am-1:00pp <b>ZUMBA*</b> 1:00pm– 2:00pm	<b>18</b> GED (HSE)* 10:00a-1:00p Computación (ESP)* 1:00pm-3:00pm Clases de Ciudadanía* 3:00-4:30pm	19 OSHA Construccion (Español) 9:00am –2:00pm	20 Control de Diabetis 9:00am-1:00pm OSHA Construccion (Español) 9:00am -2:00pm	21	
22	23 Preparación De Empleo* 9:30a-11:00a ZUMBA* 1:00pm- 2:00pm GED*(HSE) 2:00p-5:00p	24 Clase De Ingles* 11:00am-1:00pp ZUMBA* 1:00pm– 2:00pm 0pm	25 GED (HSE)* 10:00a-1:00p Computación (ESP)* 1:00pm-3:00pm Clases de Ciudadanía* 3:00-4:30pm	26 Curriculum & Entrevista 10:00a-11:00a Clase De Ingles* 11:00a-1:00p ZUMBA* 1:00pm- 2:00pm	27 Control de Diabetis 9:00am-1:00pm ZUMBA* 1:00pm- 2:00pm Basic Computer* 2:00pm-3:00pm	28	
29	30 Preparación De Empleo*   9:30a-11:00a 2UMBA*   1:00pm- 2:00pm GED*(HSE)   2:00p-5:00p 2:00p-5:00p	31 Clase De Ingles* 11:00am-1:00pp ZUMBA* 1:00pm- 2:00pm	"No hay tiempo para el pasado cuando el future tiene mejores oportunidades." —Anónimo				
*Requires Registration All events are subject to change. Please call ahead to confirm.			Healthcare Enrollment Representative Monday an Friday 9:00a– 5:00p		e Monday and		