



BEAR'S NECESSITEAS - ALLERGEN MATRIX

AFTERNOON TEAS	Suitable for VEGETARIANS?	Suitable for VEGANS?	CELERY/ CELERIAC	CEREALS/ GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSCS	MILK	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE/ SULPHITES	May contain traces of...
Classic Afternoon Tea For One	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Cereals containing Gluten, Nuts and Peanuts.
Classic Afternoon Tea For Two	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Cereals containing Gluten, Nuts, Peanuts and Fruit Stalks
Classic Afternoon Tea For Four	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Cereals containing Gluten, Nuts, Peanuts and Fruit Stalks
Classic Cream Tea	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	Fruit Stalks
Savoury Afternoon Tea For One	Yes	No	N	Y	N	Y	N	N	N	Y	Y	N	N	N	Y	Y	
Savoury Afternoon Tea For Two	Yes	No	N	Y	N	Y	N	N	N	Y	Y	N	N	N	Y	Y	
Savoury Afternoon Tea For Four	Yes	No	N	Y	N	Y	N	N	N	Y	Y	N	N	N	Y	Y	
Savoury Cream Tea	Yes	No	N	Y	N	Y	N	N	N	Y	Y	N	N	N	N	N	
Children's Afternoon Tea	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Nuts, Other Cereals containing Gluten
Children's Vegan Afternoon Tea	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	
Vegan Afternoon Tea For One	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	Milk and Sprinkles may contain Nuts, Soya and Milk
Vegan Afternoon Tea For Two	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	Milk, Fruit Stalks and Sprinkles may contain Nuts, Soya and Milk
Vegan Afternoon Tea For Four	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	Milk, Fruit Stalks and Sprinkles may contain Nuts, Soya and Milk
Vegan Cream Tea	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	Fruit Stalks
Manchester Themed Afternoon Tea For Two	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Other Cereals Containing Gluten, Nuts and Peanuts



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AFTERNOON TEA ADD-ONS	Suitable for VEGETARIANS?	Suitable for VEGANS?	CELERY/ CELERIAC	CEREALS/ GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSCS	MILK	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE/ SULPHITES	May contain traces of...
Rodda's Clotted Cream 40g	Yes	No	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Rodda's Clotted Cream 113g	Yes	No	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Tiptree Strawberry Jam 28g	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
PG Tips - Original Teabag	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
PG Tips - Decaf Original Teabag	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
PG Tips - Earl Grey Teabag	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
PG Tips - Peppermint Teabag	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
PG Tips - Camomile Teabag	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
PG Tips - Green Tea Teabag	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
PG Tips - Raspberry Teabag	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Barley and Celery
Lakeland Dairies Pure Irish Butter Portion	Yes	No	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Wilkin & Sons Tiptree Onion Relish 38g	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Cathedral City Mini Mature Cheddar Cheese Portion	Yes	No	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Serious Pig Snacking Pickles 40g	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	
Penn State Sea Salted Pretzels 30g	Yes	No	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
Penn State Sour Cream & Chives Pretzels 30g	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	
Cadbury Instant Hot Chocolate Sachet 28g	Yes	No	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Flora Original Spread Portion 10g	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Oatly Creamy Oat Fraiche 200g	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
Duerr's Strawberry Jam Portion 20g	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Ambrosia Devon Custard 500g	Yes	No	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Wilkin & Sons Tiptree Hot Mango Chutney 38g	Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Mercers Sweet Chilli Jam 42g	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
Wilkin & Sons Tiptree Lemon Curd 28g	Yes	No	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	
Vegan Chocolate Milk Drinks	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
Cathedral City Cheese Block 200g	Yes	No	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	



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BISCUITS/GINGERBREAD	Suitable for VEGETARIANS?	Suitable for VEGANS?	CELERY/ CELERIAC	CEREALS/ GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSCS	MILK	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE/ SULPHITES	May contain traces of...
Shortbread Bear-scuit	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
Shortbread Bee-scuit	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
Decorate Your Own Gingerbread Kit	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	N	N	Nuts and Soya

BLONDIES	Suitable for VEGETARIANS?	Suitable for VEGANS?	CELERY/ CELERIAC	CEREALS/ GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSCS	MILK	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE/ SULPHITES	May contain traces of...
White Chocolate Blondie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Caramelised Biscuit Blondie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	
Custard Cream Blondie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	N	N	Sesame Seeds and Other Cereals Containing Gluten
Jammy Blondie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	Y	
Caramel Blondie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	
Raspberry & White Chocolate Blondie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Nuts
Nutty Blondie	Yes	No	N	Y	N	Y	N	N	N	Y	N	Y	Y	N	Y	N	Other Nuts
Lemon Meringue Blondie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	



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BROWNIE GIFTING SLABS	Suitable for VEGETARIANS?	Suitable for VEGANS?	CELERY/ CELERIAC	CEREALS/ GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSCS	MILK	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE/ SULPHITES	May contain traces of...
Brownie Slab - Happy Birthday	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Birthday B*tch	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Congratulations	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Well Done	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Graduation	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - I Love You	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - You'll Do	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Good Luck	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - You've Got This	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - F*ck Cancer	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Congrats on Tying The Knot (Hysterectomy)	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Snip Snip Hooray (Vasectomy)	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - No Words	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - New Baby	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Retirement	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten



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Brownie Slab - You're Dead To Us	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Later Traitor	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Mr & Mrs	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Mr & Mr	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Mrs & Mrs	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Happy Anniversary	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Thank You, Next	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Closets Are For Clothes (Pride)	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Here For You	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Thank You	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten
Brownie Slab - Best Teacher	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Other Cereals Containing Gluten

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COOKIES	Suitable for VEGETARIANS?	Suitable for VEGANS?	CELERY/ CELERIAC	CEREALS/ GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSCS	MILK	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE/ SULPHITES	May contain traces of...
Milk Chocolate Chip NYC Style Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	
White Chocolate Chip NYC Style Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	
Triple Chocolate NYC Style Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	
Rainbow NYC Style Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Peanuts and Nuts
Caramel Fudge NYC Style Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	
Mr Bears Sweet & Salty NYC Style Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	Y	N	Y	N	Nuts and Sesame Seeds
Oatmeal Raisin NYC Style Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	N	N	Nuts, Peanuts and Barley
Pistachio & White Chocolate NYC Style Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	Y	N	N	Y	N	
Peanut M&M NYC Style Cookie	Yes	Yes	N	Y	N	Y	N	N	N	Y	N	N	Y	N	Y	N	Nuts
NYC Style Cookie with Mint Aero Topper	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Other Cereals Containing Gluten, Peanuts and Nuts. Peppermint Extract flavouring contains alcohol.
NYC Style Cookie with Milky Bar Topper	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Nuts
NYC Style Cookie with Caramel Freddo Topper	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Nuts
NYC Style Cookie with Guylian Chocolate Topper	Yes	No	N	Y	N	Y	N	N	N	Y	N	Y	N	N	Y	N	
Kinderella Stuffed Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	Y	N	N	Y	N	Other Nuts
Cookies & Cream Stuffed Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Nuts and Mustard
Peanut Butter Stuffed Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	Y	N	Y	N	Nuts
Caramelised Biscuit Stuffed Cookie	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	
Apple Crumble Custard Cookie Pot	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	N	N	Other Cereals Containing Gluten
Strawberry Jam Cookie Pot	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Nuts
Chocolate Cookie Pot	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Nuts
Choco Caramel Cookie Pot	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	Y	N	Other Cereals Containing Gluten, Nuts and Peanuts



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SCONES	Suitable for VEGETARIANS?	Suitable for VEGANS?	CELERY/ CELERIAC	CEREALS/ GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSCS	MILK	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE/ SULPHITES	May contain traces of...
Buttermilk Plain Scone	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	
Buttermilk Fruit Scone	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	Fruit Stalks
Buttermilk Cheese Scone	Yes	No	N	Y	N	Y	N	N	N	Y	Y	N	N	N	N	N	
Vegan Plain Scone	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	
Vegan Fruit Scone	Yes	Yes	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	Fruit Stalks

SCOZZAS	Suitable for VEGETARIANS?	Suitable for VEGANS?	CELERY/ CELERIAC	CEREALS/ GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MOLLUSCS	MILK	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE/ SULPHITES	May contain traces of...
Birthday Cake Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	Nuts and Soya
Caramelised Biscuit Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	Y	N	
Chocolate Chip Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	Y	N	Peanuts, Nuts and Egg
Apple Crumble Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	Other Cereals Containing Gluten
Lemon Meringue Scozza Slice	Yes	No	N	Y	N	Y	N	N	N	Y	N	N	N	N	N	N	
Glazed Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	
Triple Chocolate Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	Y	N	
Raspberry White Chocolate Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	Y	N	Nuts
Cheese & Pickle Scozza Slice	No	No	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	Celery
Cheese & Tomato Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	
Cheese & Spring Onion Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	
Curry Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	Fruit Stalks
Triple Cheese Scozza Slice	Yes	No	N	Y	N	Y	N	N	N	Y	Y	N	N	N	N	N	
Cheese & Pesto Scozza Slice	Yes	No	N	Y	N	Y	N	N	N	Y	Y	Y	N	N	N	N	Nuts, Peanuts, Sesame Seeds
Jalapeno Chilli Cheese Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	
Cheese & Olive Scozza Slice	Yes	No	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	