

Haiti Solidarity Week


April 27th – May 3rd, 2025



“Men anpil, chay pa lou.”
“With many hands, the load is not heavy.”

Solidarity does not assume understanding or solutions. It begins with careful listening and taking to heart what is heard.



Sunday, Apr. 27th	Monday, Apr. 28th	Tuesday, Apr. 29th	Wednesday, Apr. 30th	Thursday, May. 1st	Friday, May. 2nd	Saturday, May. 3rd
<p>“For I was hungry, and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me.” <i>Matt 25:35</i></p> <p>Eat one simple meal and reflect on the hunger Haitians feel every day.</p>	<p>“You shall love your neighbor as yourself.” <i>Matt 22:39</i></p> <p>Contact your Parish Twinning Ministry to learn more about the program.</p>	<p>“Show your love for others by truly helping them, not merely talking about it.” <i>1 John 3:18</i></p> <p>Give up one pleasure for the week. Donate the money saved to St. Mary’s Haiti Twinning Ministry for the Our Lady of Mt. Carmel School in Dosele, Haitil.</p>	<p>“Those who gathered too much had nothing left. Those who gathered only a little had all they needed.” <i>2 Cor. 8:15</i></p> <p>Learn about the environmental issues in Haiti and make a commitment to do one thing to help protect the environment at home.</p>	<p>“Faith that doesn’t lead us to do good deeds is all alone and dead.” <i>James 2:17</i></p> <p>*Pray “O Holy Spirit” for the people of Haiti.</p>	<p>“Speak out for those who cannot speak...defend the rights of the poor.” <i>Proverbs 31:8-9</i></p> <p>Haiti is the most impoverished country in the Western Hemisphere. As a family, pray for the families of Haiti.</p>	<p>“If any community is in need...freely lend them enough to meet their needs.” <i>Dt. 15:7 – 9</i></p> <p>Visit www.fonkoze.org to learn about micro-finance lending in Haiti.</p>
	<p>*“O HOLY SPIRIT” O Holy Spirit descend on us, We have a mission for Haiti. O Holy Spirit descend on us, We have a mission for the world.</p> <p>“Manje/Eat”</p> <p>Manje sa-a ou voye ban nou a Papa Manje ki bay lavi. This food you send to us, O Father, it is the food of life.</p>		<p>Haitian Rice and Beans for 4 persons</p> <p>2 green onions, chopped 2 garlic cloves, minced Pinch of thyme ½ Tbsp. salt 2 Tbsp. Oil 1 cup rice 2 cups cooked red beans 2 ½ cups broth</p>			<p>Sauté onions and garlic in oil until soft. Add thyme and rice. Stir to coat rice with oil. Add broth, water and beans. Bring to a boil, reduce heat and cover. Cook until water has been absorbed stir until ready.</p>