



St. Mary of the Presentation Catholic Church

202 South Broad Street, Suffolk, Virginia 23434

Office: (757) 539-5732 • Fax: (757) 538-0103

Email: office@stmarysuffolk.org • Website: www.stmarysuffolk.org

Office Hours: Monday-Friday: 9:00 a.m.-3:30 p.m.; Saturday-Sunday: Closed



Father Rogelio Largoza, *Pastor* / Emergency: (757) 925-0583 / Email: pastor@stmarysuffolk.org

Kim Holmes, *Administrative Assistant* / Office: Email: office@stmarysuffolk.org

Mass Times:

Tuesday and Thursday, 6:30 a.m. and 10:00 a.m.

Wednesday and Friday, 10:00 a.m.

Saturday, 5:00 p.m.

Sunday, 8:00 and 10:00 a.m. (The 10:00 a.m. Mass is livestreamed)

Monthly on third Thursday of month, 1:00 p.m., at Lake Prince Woods

Reconciliation:

Saturday, 3:30 p.m. or by appointment

Sacrament of the Sick:

Sacrament of the Sick is offered on the 4th weekend of the month at all Masses.

Baptism:

Contact the Parish Office to register for the parent Baptismal preparation class.

Marriage:

Contact the Parish Office six months prior to the wedding to learn about Engaged Encounter or Pre-Marital classes.

Religious Education:

Whitney Lothamer, cre@stmarysuffolk.org

Youth Ministry:

Jordan Graf, youth@stmarysuffolk.org

OCIA (Order of Christian Initiation of Adults):

Geralyn Bryne, Contact Parish Office.

Adult Faith Formation:

Jordan Graf, youth@stmarysuffolk.org

Church Ministries

(Contact the Parish Office if not otherwise noted):

Altar Servers: Jorge & Johanna Arocho, j8arocho@gmail.com

Extraordinary Ministers: Dave Von Rump, dvonrump@aol.com

Lectors: Dave Von Rump, dvonrump@aol.com

Liturgical Music Director: Julie Francis

Liturgy Committee: Andrew Graf

Pastoral Care: Tillie Rivenbark, 757-934-1803

Sacristans: Andrew Graf

Additional Ministries:

Altar Flowers: Sandy Nance, 757-373-9928

Buildings and Grounds: Mike Bibbo, fs7363@vakofc.org

Communications:

Bulletin: Shirley Schneider, smofp.bulletin@gmail.com

Website: Mike Bibbo, fs7363@vakofc.org

Community Liaison: Paul Fletcher, fletcherpaul@gmail.com

Haiti: Paul Fletcher, fletcherpaul@gmail.com

Knights of Columbus: Patrick Kahoe, Contact Parish Office.

Parish Council Chair: JoAnn Farabaugh, Contact Parish Office

Parish Life: Lauren Kahoe, 540-408-8801

Elaine Reyes, Contact Parish Office

Respect Life:

Whitney Lothamer, 937-654-8398

Women's Club:

Cathy Van Wassen, Contact Parish Office.

MASS INTENTIONS:**Saturday, August 1**

5:00 p.m. For Eric Kingsepp and Family,
requested by Aggie Dowd

Sunday, August 2

8:00 a.m. For the Parishioners of St. Mary's
10:00 a.m. In Memory of Mitchell Andrew Culp,
requested by Moira Devlin Culp

Tuesday, August 4

6:30 a.m. For the Souls in Purgatory
10:00 a.m.

Wednesday, August 5

10:00 a.m. For the Conversion of Sinners

Thursday, August 6

6:30 a.m. For the Clergy
10:00 a.m.

Friday, August 7

10:00 a.m. In Memory of Carlos Almonte,
requested by Lucia Ulloa

*Mass is the most powerful prayer on earth. Pray for your
loved ones in a special way united to the Eucharist.*

*Contact the Parish Office at 757-539-5732 to request a
Mass for your special intention.*

PLEASE PRAY:**For our ill or shut-in parish family members:**

Jay Annas, Mary Barnes, David Erwin, Kathy Hansinger, Donald Hartman, Margie Hayden, John Lee, Kathy Mallet, Helen Neal, Ron Pyle, Jim Ross, Mary Stevens, Romer Stone, Joe Wenzler.

For those serving in the military:

Flora Dontsap, Rafael Soriano, Joshua Graf, Chris Rosado, Devin Pisani, and Joyce Jankielsztajn

Current Notices

**Adoration of the Blessed Sacrament this month
will be on August 7th and 8th**

**Please note: There will be no Adoration in
September or October.**

**SUNDAY FELLOWSHIP:**

Coffee and Donuts Fellowship will be held on
August 9th, sponsored by Bambet Odango,
Rayha, and Family.

CATECHISTS NEEDED FOR RELIGIOUS EDUCATION:

Help our Children Encounter Jesus! St. Mary's is seeking Catechists for the upcoming year September 2026 through May 2027. Classes for Grades PK-5 will be on Sundays from 11:15 a.m. to 12:30 p.m. Middle School will meet Saturdays after the 5:00 p.m. Mass, from 6:00 to 8:00 p.m. For more information, contact Whitney Lothamer at 757-539-5732 or cre@stmarysuffolk.org.

RELIGIOUS EDUCATION REGISTRATION:

Registration for Kindergarten through Grade 8, and for the classes for the Sacrament of First Communion and First Penance begins on August 1st. Sign up online or in the Parish Office with our new Coordinator of Religious Education (CRE) Whitney Lothamer. If you have any questions, email cre@stmarysuffolk.org, or call 757-539-5732.

ANNUAL PARISH PICNIC:

This is St. Mary's favorite event so mark Sunday, August 23rd on your calendars now so that you don't miss it! It will be held at Sleepy Hole Park as usual, and it is the perfect chance to wish Fr. Ongen a wonderful vacation.

MIDDLE SCHOOLERS:

Hey, Middle Schoolers! Join us for a day of Epic Fun! Epic is a one-day high energy event for middle school youth that builds community and friendships and encourages zeal for the Catholic faith.

When: August 8, 2026

Where: Powhattan, VA

Time: 11:00 a.m.- 7:00 p.m.

Registration: \$55.00. Transportation will be provided.

The sign-up sheet is in the vestibule, or you may contact Whitney at cre@stmarysuffolk.org.

**RESPECT LIFE:**

Please don't forget that **Summer Nights Out** at Cazadores Restaurant will continue on August 14-15. Mention St. Mary's between 4:00 and 7:00 p.m. and 10% of your bill will be donated to St. Mary's Respect Life Committee.

SCAM ALERT!

SCAM Alert! No priest, parish staff member, or volunteer will ever contact you by email or text to ask you to purchase a gift card. Do **NOT** respond to these emails or texts; simply delete them and report them as scam. For more information on these scams, please see the flyer on the bulletin board in the vestibule.

ALTAR SERVERS:

St. Mary's is in need of altar servers. Training will be provided and the schedule is flexible. Interested youth must have received the Sacrament of Holy Communion. Adults in good standing are required to be Virtus-trained before attending training. For more information, please contact Johanna Arocho at 757-287-6852 or j8arocho@gmail.com.

ORDER OF CHRISTIAN INITIATION OF ADULTS (OCIA):

Interested in becoming a Catholic?

Curious about what the Church teaches?

OCIA is ideal for:

- Anyone who has never been baptized.
- Anyone moving from other Christian traditions into the Catholic Church.
- Any baptized Catholic seeking full initiation into the Sacraments.
- Catholics who have been away from the Church and would like to rediscover their Catholic faith.

It is not too late to join the OCIA classes. We welcome anyone to join at any time. Classes are held every other Thursday in the Social Hall, beginning at 6:30 p.m. For more information, contact GERALYN BRYNE through the Parish Office.

Ongoing Events

EUCCHARISTIC ADORATION:

Adoration begins after Mass on the First Friday of each month and ends on the following Saturday after Benediction at 9:30 a.m.

PLEASE JOIN US TO PRAY THE HOLY ROSARY:

- Weekdays immediately following the 10:00 a.m. Mass.
- Weekends on:
Saturdays at 4:20 p.m.
Sundays at 7:20 and 9:20 a.m.

SALVATION ARMY PARISH OUTREACH:

Please continue to donate pantry items and place them in the bin in the vestibule as often as possible. Much help is needed. Contact Paul Fletcher for questions at fletcherpaul@gmail.com.

FORMED.ORG:

St. Mary's has gifted all parishioners with a free subscription to the many resources of the Augustine Institute's FORMED website. Simply go to www.stmarysuffolk.org and push the Formed link under St. Mary's name in the parish listings. You will then have access to hundreds of videos, Bible studies, movies, programs, children's content, books, etc.

Meetings

ADULT FAITH FORMATION: Bible Studies take place on Sunday evenings at 6:30 p.m., Tuesday mornings at 11:15 a.m., and Tuesday evenings at 6:30 p.m. in the Social Hall.

COFFEE AND DONUTS FELLOWSHIP:

Alternate Sundays

FINANCE COUNCIL: Meets on 4th Sunday of the month at 11:15 a.m.

KNIGHTS OF COLUMBUS: Meet on 1st and 3rd Monday at 7:00 p.m.

PARISH COUNCIL: Meets on the 4th Wednesday of the month at 6:30 p.m. All parishioners are invited to attend.

RESPECT LIFE: Meets on the 2nd Wednesday of the month at 6:00 p.m.

WOMEN'S CLUB: Meets on the 3rd Wednesday of the month (September through May) at 6:30 p.m.

MUSIC MINISTRY:

St. Mary's Music Ministry is open to all parishioners age 16 and older. Biweekly practice is on the 1st and 3rd Thursdays beginning at 6:00 p.m. for *Schola*, 6:30 p.m. for *Traditional Choir*. *Schola* is a small vocal ensemble familiar with Latin Chant. This ensemble sings at the Sunday 8:00 a.m. Mass. The Traditional Choir sings at the Saturday 5:00 p.m. (Vigil) Mass and at the Sunday 10:00 a.m. Mass.

For more information about participating in the Music Ministry, contact Julie Francis at 757-539-5732 or cre@stmarysuffolk.org.



FATHER'S CORNER

*Life has tested you every day.
But somehow, you've managed to stay strong.
So, when things get hard,
Remind yourself that even when life is tough,
God will always be with you.*

MEDITATION:

They all ate and were satisfied. (Matthew 14:20)

We're all hungry. We're all looking to fill ourselves with something that really satisfies us. This hunger goes beyond a desire for food. We all know the longing for something more, something that sets our hearts at rest.

When Jesus multiplied the loaves and fish in today's Gospel, He satisfied the physical hunger of the crowd. But even more, He foreshadowed the way He would feed us in the Eucharist. He revealed that He alone can satisfy our deepest needs.

The idea of God feeding His hungry people isn't anything new. In today's first reading, God spoke to Israel as they languished in Babylon: "*Heed me, and you shall eat well, you shall delight in rich fare*" (Isaiah 55:2). Perhaps the people suffered from physical hunger, but the banquet God promised was something far more profound: they would return to their own land and to a restored relationship with God Himself.

When Jesus fed the five thousand, His actions looked ahead to the same kind of satisfaction—one that would bring reconciliation and peace to our souls. Because the "rich fare" that we will "delight in" one day is the heavenly banquet, where we are restored to God completely and where all sin, suffering, and mourning are wiped away.

Today, you will be offered "rich fare" in Holy Communion. It's a spiritual food that brings you the fruit of Jesus' sacrifice on the Cross—a sacrifice that frees you from sin and restores you to the Father. When you receive Jesus in the Eucharist, you are nourished in a truly satisfying way. You receive strength for your journey, patience when you're weary, and the grace to forgive. You are filled with God's life and changed into Christ.

So, come to the Lord today. Come, eat, and be satisfied. "*Jesus, I receive you who alone can satisfy my soul.*"

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Virginia Right to Reproductive
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Celebrating Life's Treasured Memories



Meets 3rd Wed. (Sept.-May)

7:00pm – Social Hall

*Doors open at 6:30
for refreshments*

<https://smwcsuffolk.weebly.com>

New members welcome

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Meetings:

1st & 3rd Monday at 7:00 P.M.

Fr. Tommy Nee Social Hall

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