### **Responsibility Statement**

I am responsible when anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

#### **Serenity Prayer**

God grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference.

## AA's 3<sup>rd</sup> Tradition

The only requirement for AA membership is a desire to stop drinking.

#### The Promises

If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us – sometimes quickly, sometimes slowly. They will always materialize if we work for them.

# **Contact Phone Numbers**

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# Where & When

#### www.aaobx.com

Please check the website for possible meeting changes and other District 93 announcements.



# **AA OBX Hotline 252.256.0850**

Updated April 10, 2018

# Alcoholics Anonymous Outer Banks, NC - District 93

#### **Meeting Types**

A - Simultaneous Al-Anon

ABSI - As Bill Sees It

CBB - Closed Big Book

**CD** – Closed Discussion

**CS** – Closed Step

**ES** – Emotional Sobriety

M – Men's

O - Open Meeting

**OB** - Open Beginners

**OBB** – Open Big Book

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**OD** – Open Discussion

**OGV** – Open Grapevine

OS - Open Step

OSPK - Open Speaker

W - Women's

**12 & 12 – Steps & Traditions** 

#### SUNDAY

9:30 AM (OD) SOBER SUNDAY

Colington Fire Station
Turn West on Colington Rd,
Go 2.8 Miles to
108 Schoolhouse Rd
Kill Devil Hills

6:00 PM (OD)
SAND IN YOUR BRITCHES

Behind KDH Bath House MP 8 Virginia Dare Trail Look for Flag on Beach Kill Devil Hills (Summer Only)

7:00 PM (OD) THERE IS A SOLUTION

All Saints Episcopal Church Annex in Back 40 Pintail Drive Southern Shores

7:30 PM (OD) HATTERAS ISLAND GROUP

Buxton Fire Station, NC 12 Buxton Village on Left Park in Rear Buxton

## MONDAY

7:30 AM (O/ABSI) TURNING POINT

OBX Presbyterian Church MP 8.6, 907 S. Croatan Hwy Kill Devil Hills

10:00 AM (OS) TURNING POINT

(See Monday 7:30a location)

5:30 PM (0BB)
HAPPY HOUR GROUP
Nags Head Church Lobby
105 W. Soundside Rd
Nags Head

7:00 PM (OS)
COROLLA 11 TH STEP GROUP
Public Library
1123 Ocean Trail

Corolla
7:30 PM (OD)
HATTERAS DISCUSSION

Hatteras United Methodist Church Next to Hatteras Medical

57665 NC 12 Hatteras Village

7:30 PM (OD) KITCHEN TABLE GROUP

NC 12 to Hatteras Ferry New Firehouse Parking in Rear 822 Irvin Garrish Hwy Ocracoke Island

8:00 PM (OD) ABC GROUP

Powell's Point Baptist Church 8383 Caratoke Hwy Powell's Point

8:00 PM (OSBB) ROANOKE ISLAND 12&12

Roanoke Presbyterian Church Turn at Light on Harriott St Parking in Back 855 Hwy 64/264 Manteo

TUESDAY

6:00 AM (CBB)
SUNRISE STUDY GROUP
Holy Redeemer Catholic

Church
Turn West on Kitty Hawk Rd
2<sup>nd</sup> Entrance to Church, bear
right and follow gravel drive
to back of building

**Kitty Hawk** 

7:30 AM (OS) TURNING POINT

(See Monday 7:30a location)

10:00 AM (OB) TURNING POINT

(See Monday 7:30a location)

6:00 PM (W/OSBB) WOMEN'S 12 & 12

Outer Banks Community
Church

902 S. Virginia Dare Trail Kill Devil Hills

smoke-free campus

7:00 PM (OB/A)
OUTER BANKS GROUP

St. Andrews by the Sea Episcopal Church **4212 S. Virginia Dare T** 

4212 S. Virginia Dare Trail Nags Head

7:30 PM (OS) HATTERAS ISLAND GROUP NOVA MEETING

St. John's Methodist Church 40336 McMullen Road Avon

WEDNESDAY

7:30 AM (OBB) TURNING POINT

(See Monday 7:30a location)

10:00 AM (O/ABSI) TURNING POINT

(See Monday 7:30a location)

11:00 AM (W/DC)
OUT TO LUNCH BUNCH

St. Andrews by the Sea Episcopal Church **4212 S. Virginia Dare Trail** Nags Head 5:30 PM (CS)
MANTEO STEP MEETING

Dare County Center
950 Marshall C. Collins Dr.
Manteo

7:00 PM (O/ABSI) THE COROLLA GROUP

Public Library
1123 Ocean Trail
Corolla

7:30 PM (OD) KITCHEN TABLE GROUP

(See Monday 7:30p location)

8:00 PM (CS) SANDSPUR GROUP

Unitarian Universalist Church 831 Herbert Perry Road Kitty Hawk

THURSDAY

6:00 AM (CBB) SUNRISE STUDY GROUP

(See 6a Tuesday location)

7:30 AM (OSPK) TURNING POINT

(See Monday 7:30a location)

10:00 AM (OSPK) TURNING POINT

(See Monday 7:30a location)

7:00 PM (OD/A) KA-NO FEAR

Wanchese Community Center 295 Old Schoolhouse Road Wanchese

7:30 PM (OBB/S/A) HATTERAS ISLAND GROUP LIGHTHOUSE MEETING

Buxton Methodist Church \*Seasonal Speaker-Disc. at NC12 & Back Rd. Buxton

8:00 PM (CBB)
KITTY HAWK BIG BOOK
Kitty Hawk Methodist

803 W. Kitty Hawk Road Kitty Hawk

FRIDAY

Church

7:30 AM (ES) TURNING POINT

(See Monday 7:30a location)

10:00 AM (OBB) TURNING POINT

(See Monday 7:30a location)

6:00 PM (CBB) ABC GROUP

(See Monday 8p location)
Powell's Point

7:00 PM (OS / 12 & 12) DUCK GROUP

Duck United Methodist Church 1214 Duck Road Duck

7:30 PM (OD)
KITCHEN TABLE GROUP

(See 7:30p Monday location)

Ocracoke Island

8:00 PM (OD) ROANOKE ISLAND 12&12 (See 8p Monday location)

**SATURDAY** 

6:00 AM (CBB) SUNRISE STUDY GROUP (See 6a Tuesday location)

7:30 AM (OB)
TURNING POINT

(See Monday 7:30a location)

9:00 AM (CS)
PRINCIPLES GROUP
Coinjock Baptist Church
193 Worth Guard Road

Coinjock 10:00 AM (OB)

TURNING POINT (See Monday 7:30a location)

7:00 PM (OSPK) OUTER BANKS GROUP

(See 7p Tuesday location)

7:00 PM (OBB)
LIGHTHOUSE GROUP
Public Library
1123 Ocean Trail

NOTES

Corolla

Virginia Dare Trail is commonly known as "The Beach Road."

Route 158, Croatan Hwy is commonly referred to as "The Bypass."

MP = Milepost. Milepost numbers increase going south.