

AUTHENTICALLY



7 DAY DEVOTIONAL

**a week long journey towards
strengthened & authentically lived identity**

LORI TAPIA  lt

7 DAYS

DAY ONE

Discovering Your True Identity: Unveiling the Secrets

DAY TWO

Building a Solid Foundation: Identity in Christ

DAY THREE

Embracing Your Identity: Walking in God's Love

DAY FOUR

Embrace Your Authentic Self: The Path to Identity

DAY FIVE

Identity and Purpose: Discovering God's Unique Design

DAY SIX

Embracing Your God-Given Identity: Your Authentic You

DAY SEVEN

The Power of Identity: How It Shapes Your Future



INTRODUCTION

BECAUSE YOUR BEST YOU MATTERS

AUTHENTICALLY

a week-long journey towards strengthened identity

Welcome to this devotional journey of self-discovery and self-reflection, diving into the depths of understanding your truest identity. In a world filled with constant distractions and expectations, it is easy to lose sight of who you really are, beyond the masks, beyond what you do, to the very core of your creation in God's heart. But fear not, for in this devotional, you will unlock the possibilities of discovering your authentic self through the guidance of God's word and in the reality of living everyday life.

Every day was written with you in mind. Taking you on a journey into and through your own identity, unpacking a clear understanding of you to help you build your capacity to be your best you, because your best you matters. You were created with love and on purpose to bring glory to God and to fulfil the assignment within you. So many of us ask many times in life, "who am I?" Each day will provide questions or reflections to ponder. Spend time reflecting, praying. You are not alone, I am praying for you!





JOURNAL YOUR JOURNEY

As you begin, or continue, your identity journey, keep your best you as your destiny. If you haven't already, start a journal so you can look back and celebrate your progress, not just for this 7 Day Devotional, but create the habit in your life.

This is a powerful tool to transform thought patterns as you give yourself permission to be honest with you through writing, you learn to be honest with you in every area of life.

DAY 1

DISCOVERING YOUR TRUE IDENTITY: UNVEILING THE SECRETS



"FOR YOU CREATED MY INMOST BEING; YOU KNIT ME TOGETHER IN MY MOTHER'S WOMB. I PRAISE YOU BECAUSE I AM FEARFULLY AND WONDERFULLY MADE; YOUR WORKS ARE WONDERFUL, I KNOW THAT FULL WELL."

PSALM 139:13-14 (NIV)

Welcome to Day 1 of this devotional journey of self-discovery and self-reflection to help build your capacity for authentic living in strengthened God-given and Spirit-led identity. Developing identity leads to authentic living, because knowing who you are and whose you are (God's) means others have no power to define it for you.

God invites you to delve into the core of your existence - your true identity. In a world where you are bombarded with opinions, trends, and expectations, it can be challenging to know who you truly are, and more to live you authentically. But fear not, for God has left you secrets in His word, to unveil the beauty of your authentic, marvelously made self.

God, the Creator, formed you with divine craftsmanship. You were not a random occurrence; you were lovingly and intentionally designed, even if your life's circumstances in this moment don't seem to reflect this. Your personality, your gifts, and even your quirks are all part of His grand design. This has developed throughout your life as, some things aligned to God's design and others have been distorted by you or others. The good news is that God is always in control and loves you unconditionally.

It's time to move the curtain back to unveil what lies ahead. Take a deep breath and then decide you are worth it. Take a moment to marvel at the uniqueness with which God created you. Embrace the truth that you are fearfully and wonderfully made, formed in the womb of your mother even before you took your first breath. Today you are reminded that you were created you, and you can be an expert at it, even more so, you are meant to! Life is a journey and God perfectly created you to live yours, and life it fully and authentically. Let's go!

Question to Ponder: How does understanding that you are fearfully and wonderfully made impact the way you see yourself and others? Does this impact the way you encounter yourself in the mirror? What questions does this spark for you today?

DAY 2

BUILDING A SOLID FOUNDATION: IDENTITY IN CHRIST



**"SO YOU ARE NO LONGER A
SLAVE, BUT GOD'S CHILD; AND
SINCE YOU ARE HIS CHILD, GOD
HAS MADE YOU ALSO AN HEIR."
GALATIANS 4:7**

Building a solid foundation for your identity starts with knowing and accepting who you are in Christ. Embracing your identity in Christ means letting go of the labels and expectations the world places on you. You no longer find your worth in external factors such as your appearance, accomplishments, or social status. Instead, your worth is rooted in the fact that you are deeply loved and valued by your Heavenly Father.

Building a solid foundation for your identity involves renewing your mind with God's truth. Society bombards you with messages that try to define who you should be, leaving you confused and disconnected from your true self. But in Christ, you find your genuine identity. As you meditate on God's Word and align your thoughts with His truth, you begin to see yourself as He sees you.

God's Word says you are chosen, holy, and dearly loved (Colossians 3:12). You are forgiven, redeemed, and set free (Ephesians 1:7). You are His workmanship, created for good works (Ephesians 2:10). When you internalize these truths and let them shape your self-perception, you build a solid foundation for your identity that can't easily be shaken.

Building a solid foundation for your identity requires a deepening relationship with God. As you spend time in His presence, seeking Him through prayer, worship, and His Word, you draw closer to Him. You discover more about His character, His love for you, and His plans for your life. In this relationship, you find security, guidance, and purpose. You come to understand that your identity is not based on the ever-changing circumstances of life, but on the unchanging character of your Heavenly Father.

Question to Ponder: If the foundation of your identity is found in Christ, how are you working to strengthen it? How is your relationship with God today? Reflect on where you are in your relationship, where you want to be and what you can do to get there.

DAY 3

EMBRACING YOUR IDENTITY: WALKING IN GOD'S LOVE



"SEE WHAT GREAT LOVE THE FATHER HAS LAVISHED ON US, THAT WE SHOULD BE CALLED CHILDREN OF GOD! AND THAT IS WHAT WE ARE!" - 1 JOHN 3:1

When you embrace your identity in Christ, you step into the reality of being a beloved child of God. It is in this position of love and acceptance that you find your true worth and value. The world may try to define you by your accomplishments, appearance, or popularity, but God's love reminds you that your identity is rooted in Him.

God's love for you is not based on your performance or merit. It is a love that surpasses human understanding and reaches to the depths of your soul. His love is constant, unwavering, and unconditional. It is a love that accepts you as you are, forgives you, and transforms you from the inside out. Embracing God's love allows you to let go of the burdens of perfectionism, comparison, and self-condemnation. You can rest in His love and find freedom to be your authentic self.

In God's love, you find healing and restoration for your wounded heart. His love has the power to mend brokenness, bring healing to past hurts, and restore what has been lost. It is in His love that you discover your true identity, free from the chains of shame, guilt, and fear.

God's love empowers you to break down barriers, reconcile relationships, and bring healing to a broken life and world. When you know that you are loved by the Creator of the universe, you can trust in His faithfulness and provision, especially when everything else fails you. His love gives you strength, peace, and resilience to navigate through life's ups and downs. Embracing your identity in Christ is rooted in understanding and experiencing the depth of God's love for you. It is the stepping stone to learning to love yourself, and then loving others.

Question to Ponder: God's love is unconditional, unending, and transformative- reflect how you have experienced this in your life. Journal your experiences with God's love. How has remembering moments with God made you feel? What can you do to live in God's love more intentionally?

DAY 4

EMBRACE YOUR AUTHENTIC SELF: THE PATH TO IDENTITY



**"SO GOD CREATED MANKIND IN HIS OWN IMAGE, IN THE IMAGE OF GOD HE CREATED THEM; MALE AND FEMALE HE CREATED THEM."
GENESIS 1:27**

In a world that often pressures us to conform to its standards and expectations, embracing your authentic self can be a challenging journey. Your identity in Christ, however, reminds you that you are fearfully and wonderfully made in the image of God.

The very essence of your identity is rooted in being created in the image of God. Each one of us is a unique reflection of His love, creativity, and goodness. Your true identity is not found in external appearances or worldly achievements, but in the fact that you are His beloved child. Embracing your authentic self begins with acknowledging and celebrating the image of God in you.

Comparison is a thief of joy and a stumbling block on the path to embracing your authentic self. When you constantly compare yourself to others, you diminish the beauty of your individuality. God has fashioned you with a purpose, and your journey is unique. Letting go of comparison allows you to embrace your strengths, weaknesses, and the special calling God has placed on your life.

Embracing your authentic self means accepting that you are not perfect. Yes, you have flaws and weaknesses, everyone does, but God's grace covers you. Your imperfections do not define you; they are opportunities for God to work in and through you. As you surrender your weaknesses to Him, He can use them for His glory and transform them into sources of strength and instruments of transformation.

Embracing your authentic self is a transformative journey of self-discovery and surrender. It is a path that leads you closer to God, where you find your true identity in Him.

Question to Ponder: If the foundation of your identity is found in Christ, how are you working to strengthen it? How is your relationship with God today? Reflect on where you are in your relationship, where you want to be and what you can do to get there.

DAY 5

IDENTITY AND PURPOSE: DISCOVERING GOD'S UNIQUE DESIGN



**"FEAR NOT, FOR I AM WITH YOU; BE NOT DISMAYED, FOR I AM YOUR GOD; I WILL STRENGTHEN YOU, I WILL HELP YOU, I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND."
ISAIAH 41:10 (NIV)**

Your identity in Christ is intricately connected to the purpose for which God has created you. He has uniquely designed you with specific gifts, talents, and passions. Discovering your identity and purpose is a journey of seeking God's guidance and surrendering to His plans. This can produce fear, but it's ok for God is with you and builds you up. It all begins with recognizing your unique, and that no one can be you.

God desires to reveal you... to you, and constantly does so in many ways. Through Scripture, through people, and through circumstances. To know you, your relationship with Jesus is vital, and so is your relationship with you. This is essential to listen and discern His leading, allowing Him to shape your understanding of who you are and what He calls you to through the seasons of life. Your purpose is not limited to a particular vocation or position, it is a journey; God uses you in all the spheres of life.

Walking in the fullness of purpose requires a posture of surrender to God's will. It means aligning your desires, plans, and ambitions with His purposes. Surrendering to God's plans requires stepping out of your comfort zones, taking risks, and being willing to embrace the unknown. It is in surrender that you experience the fullness of God's provision, guidance, and empowerment, and discover new areas of you.

As you seek God, He refines your character, develops your skills, and deepens your understanding of His ways and yours. Your best you matters, your unique self is enough, you are sufficient and are God's special treasure. Living authentically requires embracing your uniqueness as a gift. It is a lifelong process, not a quick fix. It is through this transformative journey that you become an effective vessel for His glory, impacting the world around you. You are a person of impact!

Question to Ponder: If no one else can be you, are you willing to work at being great at being you? How does that make you feel? What pieces of you are you trying to live into that don't feel authentically you? Thinking of your different spheres in life, where do feel you are most authentic?

DAY 6

EMBRACING YOUR GOD-GIVEN IDENTITY: YOUR AUTHENTIC YOU



**"SO THEN, JUST AS YOU RECEIVED CHRIST JESUS AS LORD, CONTINUE TO LIVE YOUR LIVES IN HIM, ROOTED AND BUILT UP IN HIM, STRENGTHENED IN THE FAITH AS YOU WERE TAUGHT, AND OVERFLOWING WITH THANKFULNESS.
COLOSSIANS 2:6-7 (NIV)**

Your identity is rooted in God's likeness, which means you possess inherent value and worth. Your authentic self is intricately woven into the fabric of your being, and embracing this identity can be a transformative journey.

As you learn to recognize and embrace your identity as God's image-bearer, you begin to treat yourself and others with respect, compassion and love, regardless of differences. This understanding helps you avoid the trap of comparison and insecurity, leading to a life of authenticity and contentment. Knowing who you are helps you to accept others as they are because they no longer represent a threat to who you are. There is great freedom in this, freedom to be you.

In a world that demands conformity, fear and insecurity can easily take root in your heart. However, 2 Timothy 1:7 reminds you, "For God gave you a spirit not of fear but of power and love and self-control." Embracing your God-given identity empowers you to overcome fear and insecurity. Embracing that God has a purpose for you and is with you every step of the way, you can face challenges with confidence and courage. You learn to live authentically to please God, not morphing to the expectations of others and everything around you. Embracing your God-given identity sets you free to be who only you can be...YOU!

You are meant to discover who you truly are and align your life with your God-given purpose. His Word helps you gain the confidence and wisdom to navigate every aspect of life with integrity, living authentically as you because you find you no longer have to compromise who you are.

Embrace your identity, live authentically you and live life on purpose!

Question to Ponder: Identify the gifts and talents that God has bestowed upon you. Reflect on the ways you can further develop and employ these gifts to shape a purpose-driven future, and powerfully share your story.

DAY 7

THE POWER OF IDENTITY: HOW IT SHAPES YOUR FUTURE



**"DO NOT CONFORM TO THE PATTERN OF THIS WORLD, BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND. THEN YOU WILL BE ABLE TO TEST AND APPROVE WHAT GOD'S WILL IS—HIS GOOD, PLEASING AND PERFECT WILL."
ROMANS 12:2 (NIV)**

Your identity is more than just a label or a name; it is the essence of who you are and who you are becoming. There is transformative power in understanding and embracing your true identity, as it influences the trajectory of your life. To comprehend the power of identity, we must first anchor ourselves in Christ. You are God's masterpiece, lovingly crafted with a unique purpose. Embracing this identity empowers you to walk confidently in life. Your future takes on new meaning when you recognize that you are part of God's divine plan.

Your identity as a child of God is rooted in His unconditional love. As you embrace this truth, it not only shapes your future but also influences the legacy you leave behind. When you live out of your identity in Christ, your life becomes a testament to His love, impacting generations to come. As you tell your story it unleashes anointing to influence and impact others. Knowing who you are equips you to tell your full and most authentic story, not an edited version of you, and you are teaching others the importance of this in the process...impacting future stories.

Your past experiences and negative self-perceptions can often cloud your vision for the future. However, in Christ, you are made new. The power of your identity in Him enables you to break free from the shackles of limiting beliefs and step into the boundless possibilities of God's plan for you and through you.

Allowing God's Word to penetrate your very mind, creates renewal in attitude, thought patterns and the way you speak about yourself. You are not your circumstances, you are not what others say, you are not what you do. You are God's masterpiece and your greatest purpose is to be the best you and live out your God-given identity fully, authentically and intentionally like tomorrow depends on it. Truth be told, it does!

Question to Ponder: Where do you require renewal to strengthen identity and empower authenticity. How do you feel about your future and what are you needing to do today for a healthier future you?

SELF-ACCEPTANCE

Embracing your God-given identity begins with self-acceptance.

Acknowledge your strengths and weaknesses without judgment.

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SUPPORT SYSTEM

Seek out a supportive community of friends, family, fellow believers or a coach who can encourage you in your journey to embrace your authentic self.

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WALK IN FAITH

Trust that God's plan for your life is perfect, even when it doesn't align with society's expectations or yours.

Have faith in His timing and direction.

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Embracing your God-given identity is a journey toward becoming the authentic you that God designed you to be. It's a journey of self-discovery, self-acceptance, and faith. By leaning into your uniqueness and seeking God's guidance, you can unlock your true potential and fulfill the purpose He has prepared for you.

Lori Tapia



LORI TAPIA

PASTOR. AUTHOR. IDENTITY COACH.

I am passionate about identity, more importantly, the power and freedom of living authentically in a strengthened identity in Christ. I have spent my life teaching, preaching and writing to empower others and nothing is more empowering than fully living into who you were created to be. You don't only impact your life, but everyone and everything around you. I have experienced this over and over in my life, and have learned to help others do the same. I can't wait for you to experience it too.

Y O U R B E S T Y O U M A T T E R S

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