



Thorncliffe Park
DAY CARE CENTRE

Where the journey begins



Thorncliffe Park Day Care Centre
48 Thorncliffe Park Dr
East York, On M4H 1J7
Main office 416 423 0880

Schoolage
80 Thorncliffe Park Dr
East York, On M4H 1J7
Schoolage program 647 224 5117

SPRING
NEWSLETTER

TPDCC March-May Highlights

- MARCH 16-20** MARCH BREAK
- MAR 17TH** ST. PATRICK'S DAY
- MARCH 30-APR 2ND** SCHOOLAGE OPEN HOUSE
- APRIL 3RD** GOOD FRIDAY - PROGRAMS CLOSED
- APR 6TH** EASTER MONDAY - PROGRAMS CLOSED
- APR 7TH -10TH** MAIN CENTRE OPEN HOUSE
- APR 22ND** EARTH DAY
- MAY 9TH** MOTHER'S DAY
- MAY 15TH** MAY FAIR
- MAY 19TH** VICTORIA DAY



**HAPPY
EASTER**
Eid
Al-fitr



Pin these important reminders



Children should be in good health to attend. If your child is ill please keep them home.



Parents are required to provide 2 weeks notice of their child's withdrawal from the program. Without sufficient notice you will be forfeit your security deposit.



Parents who pick up their child(ren) after 6:00 PM will be charged a \$2 late fee per child. If a staff member is required to stay beyond their scheduled shift, the late fee goes directly to them for their additional time.



Please complete a daily health check with your teacher when dropping your child off.



We uphold a 10:00 AM drop-off time for your child. For the smooth operation of our daily schedule and to ensure that all children can fully participate in activities. If you are running late, have appointments etc. , please call us in advance, and we will do our best to accommodate you.

Infant to preschool 0-4yrs /School Age Program -6yrs- 12yrs /
Programs include; monthly enrichment activities. Resource Consultants- guidance and support for
Early Childhood Educators and families. Parenting workshops and training.

✉ Daycare Email: Thorncliffeparkdaycarecentre@rogers.com

✉ Schoolage Email: Schoolage80@gmail.com



happy spring!
!بهار خوش آمدی!

Happy Spring!

At Thorncliffe park we view families as competent, capable, curious, rich in experience and expertise, and we recognize the central role that families play in the lives of children. We are open to provide support in ways that empower our families. Feel free to reach out to our team should you have any questions. Our goal is continuing to foster authentic partnership with you. In this spring edition you can read all about the exciting events that have and are taken place.

TPDCC Parent Workshop Recap

On Wednesday, February 25th, we were pleased to host an engaging and inspiring workshop led by Sharon Simmons on *Manifesting Your Dreams: The Law of Attraction*.

Parents explored how mindset, intention, and daily habits can shape not only their personal goals but also the atmosphere within their homes. The session highlighted why these matters for parents-emphasizing that children are deeply influenced by the beliefs, language, and energy modeled by the adults in their lives.

A big thank you to everyone who attended and contributed to such meaningful discussion. We look forward to continuing to provide workshops that support and empower our families both personally and in their parenting journey



Parents from both of our location gather for a friendly photo



PARENT HEALTH INFO

Information adapted from Toronto Public Health Fever & Gastrointestinal Illness (Vomiting & Diarrhea)



01

FEVER

A fever is when a child's body temperature is higher than normal (generally 38°C / 100.4°F or higher). Fever is usually a sign that the body is fighting an infection.

02

KNOW THE SYMPTOMS

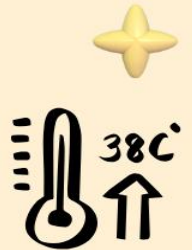
Common symptoms:

- Warm or hot skin
- Chills or sweating
- Low energy or irritability
- Loss of appetite

03

When to seek medical advice:

- Fever lasts more than 24–48 hours.
- The child is very lethargic, difficult to wake, or not drinking fluids.
- The fever is very high (39°C / 102°F or higher) or you are concerned.



GASTRO (STOMACH FLU / GASTROENTERITIS)

01 GASTROINTESTINAL ILLNESS (OFTEN CALLED “GASTRO” OR THE “STOMACH FLU”) IS AN INFECTION OF THE STOMACH AND INTESTINES. IT COMMONLY CAUSES VOMITING, DIARRHEA, STOMACH CRAMPS, AND SOMETIMES FEVER.

KEEP YOUR CHILD HOME IF THEY HAVE A FEVER- 24HRS

02

COMMON SYMPTOMS

- Vomiting
- Diarrhea (loose or watery stools)
- Stomach cramps
- Fever or chills
- Loss of appetite

WHAT PARENTS CAN DO

03

- **Keep your child home if they are vomiting or have diarrhea. - 48 hrs**
- Encourage frequent handwashing with soap and water.
- Provide plenty of fluids to prevent dehydration.
- Clean and disinfect frequently touched surfaces at home.



04



Returning to Child Care

To help prevent the spread of illness, children should remain home until symptoms have stopped and they are feeling well (many child care centres require 48 hours symptom-free before returning).

SCHOOL-AGE PROGRAM

!بهار خوش آمدی !



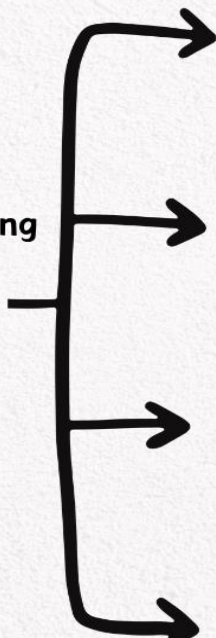
Over the past few months, our program has been filled with exciting highlights! Children enjoyed gym specialty days that supported physical development and teamwork, as well as winter outdoor exploration in the snow. We also celebrated Chinese New Year and Black History Month through engaging activities that promoted culture and inclusion.

We look forward to welcoming the spring season with even more opportunities for learning and fun!

Schoolage Supervisor: Trudy Watts



Skills for engaging with children



Active listening

Creativity

Patience

Positive Communication



What are extended projects

An extended project is a learning experience that continues over time, allowing children to revisit, explore, and build on their ideas. Instead of a one-time activity, children deepen their thinking by asking questions, trying new approaches, and making connections. This type of learning supports creativity, problem-solving, and meaningful engagement as children take ownership of their learning journey.



Social skills & teamwork

Communication skills

Emotional understanding

Creativity & imagination

4

benefits of play
in schoolage ...





During March Break, our School Age program was full of exciting experiences! The children enjoyed two memorable trips to the Aga Khan Museum and Scotiabank Arena where they explored culture and cheered on the Marlies hockey team. It was a week full of fun, learning, and great memories!

Main Centre Program

❀ بهار خوش آمدی ❀

Spring is just around the corner, and we're excited to welcome the new season!

As the weather begins to change, we'd like to remind families that spring can be quite unpredictable. Since we spend time outdoors each day, it's important that children come dressed for a variety of conditions.

Please ensure your child arrives with appropriate clothing such as a light jacket, boots, and extra socks. Outdoor exploration is a big part of our day-especially puddle jumping so having the right gear helps children stay comfortable and fully enjoy their play.

Thank you for your continued support in making outdoor time

Main Centre Supervisor: Sharon Simmons



Join us for our Open House from April 6th through April 10th! This is a wonderful opportunity to explore our classrooms, meet our dedicated staff, and engage in fun, hands-on activities with your child. We look forward to welcoming you and sharing a glimpse into your child's daily experiences with us.



Placement Student Co-ordinator

We are pleased to welcome placement students into our centre across the various program rooms. These students are gaining valuable hands-on experience as they learn and grow in the field of early childhood education. Our experienced staff are committed to supporting and accommodating them throughout their learning journey, providing guidance, mentorship, and opportunities to build their skills in a positive and supportive environment.

Inclusive Support Educators



Our TPDC inclusive support workers play an important role in supporting children throughout the day. Through observation and guidance, they assist children with communication, social interactions, emotional regulation, and participation in daily routines and activities.



Our Main Centre has been full of fun and engaging experiences! We loved connecting with families during parent engagement activities, exploring rhythm through African drumming for Black History Month, and enjoying enriching library activities that sparked curiosity and hands-on learning.

Learning Through Play: Infant & Toddler Rooms



Our infant and toddler groups continue to learn through play each day. Through self-exploration, children are discovering their surroundings, building independence, and developing confidence.



Spring Parent Resources

Kidney Bean Meatballs balls

These clever vegetarian meatballs replace meat with kidney beans. Cook them in a smoky, herby tomato sauce and serve with plenty of crusty bread for dunking. For a complete recipe click the following link. Children will love this dish

https://www.bbc.co.uk/food/recipes/kidney_bean_meatballs_24837



join us!

We are excited to share that we have a few special events coming up!

Friday, May 8th - Please join us for our Mother's Day Celebration. This will be a wonderful opportunity to spend time together and celebrate the important women in our children's lives. *More details will follow soon.*

Friday, May 15th Join us for our May Fair! Families can look forward to a fun-filled day with activities such as games, face painting, music, and interactive experiences for children. It will be a great chance for our community to come together and celebrate TPDC More details will go out as these events approach



RESOURCES

Community in action

Thorncliffe Park Neighbourhood Community Officers will be sending out a periodic email newsletter to inform local parents about upcoming events and programs throughout the year.

To be added to the mailing list, please email PC Robert Meloche at 8291@tps.ca with your child's name, parent/guardian name, and phone number.



Free Shopping for the Family

GLOW offers free clothing to individuals and families in need—from warm coats and workwear to everyday outfits and children's clothing. Everything is available at no cost. For more information, call 416-422-2591 ext. 200 or email info@newcircles.ca.

Henna at Jenner Maria Community Centre

Learn beautiful patterns and designs with plant-based hennadye. Ages 13-17
8 weeks starting April 11th Saturdays
11:30am- 12:30pm Register for free call
416 396 7378



Order your child's Birthday Cake

Our food catering company offers birthday cake orders. If you wish to have a cake delivered to the centre our catering company (RFRK) can help. Click on the link or visit their website to find out how <https://rfrk.com/> Cake order link: <https://rfrk.com/cakes/> or call (416) 410 5437

شرکت کیترینگ ما سفارش کیک تولد ارائه می‌دهد. اگر می‌خواهید کیک به مرکز تحویل داده شود، شرکت می‌تواند به شما کمک کند. برای کسب اطلاعات بیشتر، روی لینک کلیک کنید یا از (RFRK) کیترینگ ما تماس بگیرید: <https://rfrk.com/cakes/> لینک سفارش کیک: <https://rfrk.com/cakes/> وبسایت آن‌ها بازدید کنید (416) 410-5437

Did you know that early childhood education is a regulated profession?

Registered early childhood educators (RECEs):

- ▶ Are held accountable by the College of Early-Childhood Educators
- ▶ Demonstrate leadership and act with integrity in their workplace and the community
- ▶ Are required to follow ethical and professional standards
- ▶ Must engage in continuous professional learning



What do RECES do?

- 1. Develop curriculum and activities
- 2. Support children's learning and development
- 3. Build strong relations with families, children and communities
- 4. Create safe, healthy and inclusive early learning environments

Download **TODAY**



Your gateway to real-time updates on your child's day at Thorncliffe Park Day Care Centre! With Lillio, you can effortlessly track your little one's activities, from nap times to meals and exciting learning moments. Stay informed and connected wherever you are.

To get started, simply download the Lillio app from the App Store or Google Play, and follow the easy setup instructions provided

