

Thorncliffe Park Day Care Centre

Summer Newsletter



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*Fathers Day- **June 17th**
closed for Canada Day.
centre closed for Civic holiday.

*Preschool Graduation – **Thursday June 27th** @ 6:00pm
***Tuesday August 2nd** Schoolage summer program begins.
September 4th Centre closed for Labor Day

* **Monday July 1st** Canada –
Monday August 5th-
*AGM- TBD

Thorncliffe Park Day Care Centre
48 Thorncliffe Park Dr
East York, On M4H 1J7
Main office 416 423 0880

Schoolage
80 Thorncliffe Park Dr
East York, On M4H 1J7
Schoolage program 647 224 5117



Happy summer. Our daycare and schoolage team have worked diligently to create a fun, engaging, and stimulating summer experience that will help your child learn, grow, and make lasting memories. In this newsletter, you will find updates about our daycare and schoolage programs as well as our July and August summer program including special events and field trips. We are committed to providing a welcoming and enriching environment where children can thrive.

Donna Robertson- **Thornclyffe Park Day Care Executive Director**



Summer is here! As such, please be mindful that the children do go outside twice per day to explore what nature has to offer. As the weather starts to heat up, please do not forget to cap it, shade it, drink it and screen it during those hot sunny days.

Sharon Simmons- **Thornclyffe Park Day Care Supervisor**



Reminders

- Please label your child's water bottle and clothing
- Provide extra clothes for your child's cubby.
- Check Lillo for daily information on your child's activity and relevant information.
- Extra sunscreen should remain at the daycare with your child's teacher. Please check the expiry date
- Call in if your child will be absent for the day

It's "Screen-rious" business

Please apply sunscreen on your child before arriving at daycare. Rest assured; we will reapply sunscreen in the afternoon to ensure continuous protection throughout the day. Thank you for helping us keep your child safe



Both the main centre and schoolage program have begun working in their gardens planting, vegetable seeds, flowers, and doing garden related work. Caring for plants teaches responsibility and the value of patience as they nurture their garden and watch it grow over time. Additionally, as the children participate it can enhance problem-solving skills as they plan and manage their garden space. For more info see page 5.

Graduation and school readiness

It's off to graduation we go!

The graduation ceremony for preschoolers transitioning to kindergarten will take place on Thursday, June 27th, starting at 6:00 PM at the Jenner Jean-Maria Community Centre Gymnasium (ground floor from the library). If you plan to attend, please RSVP if you haven't already and check your Lillo and email for further details



Click on this link for kindergarten info: [Kindergarten Registration](#)

School readiness includes the areas of social emotional, cognitive, language and literacy, and physical development. Another important part of school readiness includes a child's ability to maintain focus on a task and show interest and curiosity in learning. Below are 6 important readiness cues that children should show.

1

Receptive/expressive language: understand and use language through speech, sign and alternative forms of communication

2

Emotional Development/regulation: your child should perceive emotions, integrate emotion to facilitate thought, understand emotions and to regulate emotions

3

Social Skills: can engage in reciprocal interaction with others (either verbally or non-verbally) to compromise with others, be able to follow social norms

4

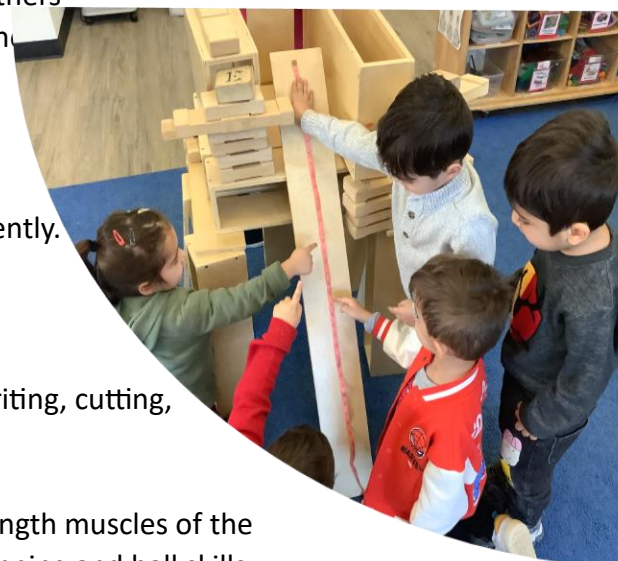
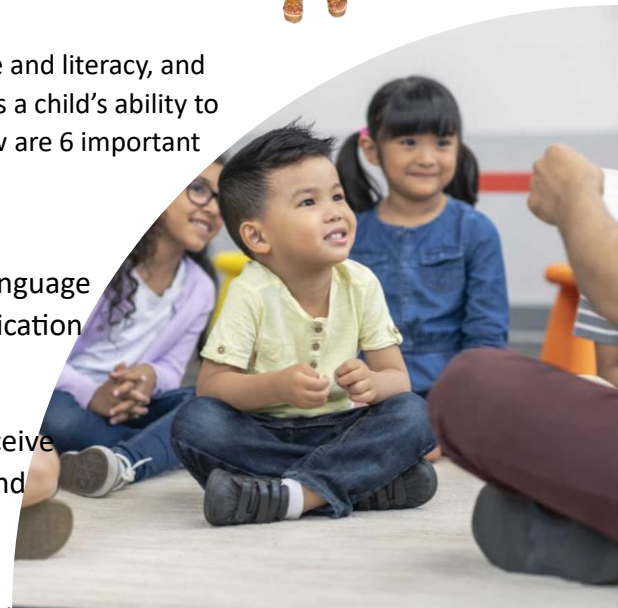
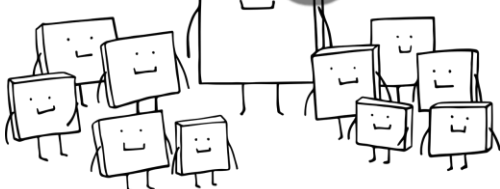
Self care skills: such as dressing and toileting independently.

5

Fine motor skills: Finger and hand skills such as writing, cutting, opening lunch boxes etc.

6

Gross motor Skills: can use the core strength muscles of the arms, legs, such as running, skipping, jumping and ball skills.



Open House and Mayfair Event



THANK YOU... For your ongoing involvement and commitment to attend these events. This support is invaluable in fostering a strong community and enhancing the overall experience for the children



... "Foster the engagement and ongoing communication with parents about the program and their children"

- Thorncliffe Park DCC Program Statement



Schoolage Update



Our schoolage program is in full swing gearing for the summer. On Friday's PA Day that just passed, the children took their first dip at the splash pad, the only disappointment was the rainy weather. We look forward to many "splish splash" days in the months to come. Be sure to check your email for information around July and August and what to expect.

Trudy Watts-Thorncliffe Park schoolage Supervisor



The school-age program recently acquired a lovely garden area that they've been working on as their project within Thorncliffe Park school. They have planted flowers, raked the soil, and decorated the garden with natural tapestries amongst other things. Gardening can be a great way to teach children about patience and responsibility helping them develop core life skills. As plants begin to grow, children will be able to see the results of their hard work. We welcome any garden donations, such as car tires, stones small garden statues etc.

"Gardening can be a great way to teach children about patience and responsibility, helping them develop core life skills"



A.A and M.M use independence skills to make their fruit kabob. K.D uses recycled items to make a tree for her doll house

Happy Father's Day

Join us...

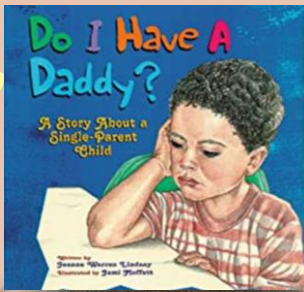
We asked some of our preschool children why they love their dad's. Here's what they said.

- "Sometimes he gives me kisses" -Soraiya
- "He sleeps with me"- Ariya
- "Because he is a superhero"- Mario
- "He is funny and tickles me sometimes" – Nehill
- "He gives me hugs"- Subhan
- "He makes me a lot of food"- Farhan

On Friday June 14th join us for a morning breakfast in honour of Father's Day



Father's Day is a special time to celebrate the wonderful men in our lives. For children, it's a special day to show appreciation for their fathers and father figures who play such an important role in their upbringing. In today's world, many dads share responsibilities traditionally held by moms. These diverse roles show versatility and equality for their children. Keep up the good work



N.A dad comments about being a daddy saying, "I love it! I get to treat my daughters like princesses."

Food Allergens- What is it?



A food allergy happens when the body's immune system, which normally fights infections sees food as an invader. This leads to an allergic reaction. Even if previous reactions have been mild, someone with a food allergy is always at risk for the next reaction being life-threatening.

Common Allergens are: Milk, eggs, peanut, soy, wheat, tree nuts, fish, shellfish and sesame

What can I do about Allergic reactions:

If the symptoms are severe and you have an epinephrine autoinjector, use it as directed right away and call 911 for emergency medical help. Right now, there is no cure for food allergies. The only way to prevent allergic reactions is to avoid the specific foods responsible. For more info click <https://www.canada.ca/en/health-canada/services/food-allergies-intolerances/food-allergies.html>

Signs and symptoms of severe reactions?

Severe Allergic Reaction:

- Swelling of the mouth and tongue
- Trouble swallowing or speaking
- Wheezing or trouble breathing
- Belly pain, nausea, vomiting, or diarrhea
- Dizziness or fainting

Signs and symptoms of Allergic reactions?

Mild Allergic Reaction:

- Itchy and slightly swollen skin
- Change in skin tone or color, like red or a deeper shade of the skin tone.
- Stuffy, runny nose
- Sneezing
- Itchy, watery eyes
- Red bumps (hives) anywhere on the body

Summer Trips at Glance



TPDCC is well into the summer and having so much fun!

For the months of July and August, the daycare and schoolage program have planned trips for each child to enjoy as well as creative activities, sports days, special activities and so much more! Check your email for your child's summer calendar which will be sent out soon.



Wednesday July 10th **Arican Lion Safari**

Friday July 26th – **Sports Day**

Wednesday July 31st **Richmond Green Park**

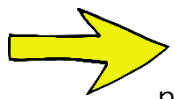
Friday August 16th – **Jungle Cat World**

Thursday August 29th – **TPDCC Family BBQ**

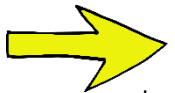


Pre-packed lunch will be provided for each child on trip days

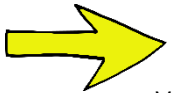
Below are just a few things to keep in mind



Some trips may require early departure from the daycare. If so, you will be notified ahead of time. It will be your responsibility to make sure you are on time so to not be left behind.



Trips may require preparation the night before (your child may need an earlier bed schedule).



Trips may require taking the TTC or school bus, if so, we will notify you know well ahead of time.



Activities may require your child to bring their water outfits, such as a towel, swim wear and water shoes.



PARENT INFORMATION

Health Access Thorncliffe Park

(HATP) A Health and wellness service that connects people to other resources. **Free 9-5**
45 Overlea Blvd, unit B7

TNO offers free services to help keep you informed and connected so you can adjust successfully.



416 338-7600

Community Living Toronto: 416 225-7166

Toronto Food Bank 416 695 7771

Muslim Welfare Centre 416 335 9994

Fraser Mustard Learning Academy 416 396 3050

Fraser Mustard Early Learning Academy 416 421 7676

Child care Subsidies

www.edu.gov.on.ca/c

If your child has symptoms after eating certain foods, they may have a food allergy.

Click on the link below to learn more about food allergens

<https://www.kidswithfoodallergies.org/what-is-a-food-allergy.aspx>

Summer Outings



Toronto Gone Wild
Museum of Toronto, 401
Richmond Street West,
Toronto- **free**

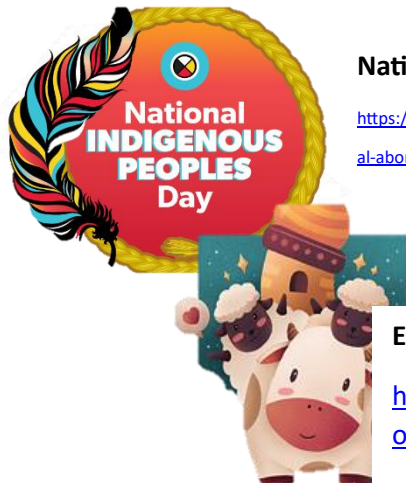
April-August



ROM walk
May -Oct 0yrs-9yrs
Free Admission.



AGO Art Gallery of Ontario,
317 Dundas Street West,
Toronto- **Free Admission**0-
9yrs **Wednesday's free** 6-
9pm



National Indigenous Day- June 21st

<https://www.thecanadianencyclopedia.ca/en/article/national-aboriginal-day>

Eid al-Adha – June 15th -June 17^h

<https://www.islamicreliefcanada.org/our-work/qurbani/eid-al-adha>

“
We acknowledge we are hosted on the lands of the Mississaugas of the Anishinaabe, the Haudenosaunee Confederacy and the Wendat. We also recognize the enduring presence of all First Nations, Métis and the Inuit peoples.
”

TORONTO LAND ACKNOWLEDGEMENT

Summer Safety Tips



Stay Hydrated

Drink 8 or more glasses of water per day to stay healthy & hydrated



Know the Side Effects of Medications

Some medications have side effects such as drowsiness or sun sensitivity



Stay Cool

Stay in the A/C, indoors, go swimming, etc.



Wear Light, Loose Fitting Clothing

Wear breathable clothing and light colors that reflect the sun



Have Emergency Contacts

Have a list of people to call in case of emergency



Know the Weather Forecast

Plan your days accordingly depending on the weather

Children want to make the most out of their summer days. Your responsibility is to keep them comfortable and protected, with the right kind of children's wear for summer. Click on the following link to read how to keep your child comfortable this summer. **Tip:** Go for breathable fabric and try not to over layer. For more info click the link below.

<https://www.uniqlo.com/in/en/news/topics/2021051101/>

To all our parents and children celebrating birthdays in June, July, August- Happy Birthday



Summer Outings cont'd

Toronto History Museums Free Admission

Various, City of Toronto History Museums- Fort York: <https://www.toronto.ca/explore-enjoy/history-art-culture/museums/fort-york-national-historic-site/>

Mackenzie House: <https://www.toronto.ca/explore-enjoy/history-art-culture/museums/mackenzie-house/>

Market Gallery: <https://www.toronto.ca/explore-enjoy/history-art-culture/museums/market-gallery/>

Spadina Museum: <https://www.toronto.ca/explore-enjoy/history-art-culture/museums/spadina-museum/>



FROZEN YOGURT FRUIT BAR

Click here for ingredients <https://www.courtneysweets.com/frozen-yogurt-fruit-bark-recipe/>

Next TPDCC Newsletter issue: **Fall 2024**

Contents: summer update

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