

The Physics Behind NAET (Acupressure Allergy Treatment)

[June 22, 2018](#) [Melanie MacLaren](#)

“Everything is energy and that’s all there is to it. Match the frequency of the reality you want and you cannot help but get that reality. It can be no other way. This is not philosophy. This is physics.”-
Albert Einstein

Physics teaches that everything is energy, and frequency is the measurable rate of electrical energy flow. Everything has a frequency. People have frequencies, animals, yoga mats, even allergens. NAET is a different approach to allergy relief because it engages the frequency of our DNA to help decrease unwanted symptoms.

The Science

[Dr. Otto Warburg](#), a Nobel Prize Winner, discovered that healthy cells in humans have an electrical voltage. The sodium-potassium (Na-K) pump activity within the cell membrane maintains the cell’s health. Any factors damaging the body’s energy such as stress, toxins, or poor diet will impair this Na-K pump resulting in a decrease of cell voltage.

If the cell voltage drops to a certain level, its electromagnetic barrier will be reduced or damaged. When this happens, an allergen’s frequency can pass through the cell membrane affecting DNA. The DNA will be coded with the allergen’s frequency possibly producing an immune response.

How The Allergy Treatment (NAET) Works

During a [NAET](#) treatment, an allergen is held while a practitioner stimulates the patient’s nerve roots along the spine and specific acupressure points around the body. The frequency of the allergen can then pass through the cell membrane.

The allergen’s frequency is identical to the altered frequency of DNA. Because the allergen and altered DNA have the same frequency, they become mirror frequencies creating interference. Interference is the process where identical frequencies combine canceling each other.

Interference between these mirrored frequencies eliminate the altered DNA. When the frequency of the allergen has been removed, the altered DNA returns to its normal state. By returning the DNA to its healthy frequency, NAET works by decreasing our immune response and increasing resistance to disease.

When I recommend NAET to patients, they often comment on how different it is than anything they’ve done before. I tell them that it’s just physics. What an amazing world we live in when our knowledge of physics and energy frequencies can be used to improve our health and well-being!