

Bob's 2024 Success

FAMILY

WORK

HEALTH

LEARNING

90-Day

Happy

2-week camping trip with all kids - June

Hire 3 engineers by September

Drink half my bodyweight in oz of water daily

Read one business book every month

Update current website by 12/12

Healthy

Weekly family dinners w/ home-cooked meals

Explore company wellness programs + launch in June

Introduce 16/8 Intermittent fasting in January

Sign up with Coursera & take one course / month

Schedule all 2024 Health Checkups

Financial Freedom

Increase Sales by 15%

Gym 3x / week
Yoga 2x / week

Take parents on a historical tour of Corfu

Book Cruise!

Adventure

Increase Profit margin to 20%

Create an optimal sleep environment + sleep 8hrs / night

Visual Goal Planner