



CHELMSFORD SRINIVASA PERUMAL TEMPLE

Newsletter - January 2026



ॐ असतो मा सद्गमय |
तमसो मा ज्योतिर्गमय |
मृत्योर्मा अमृतं गमय |
ॐ शान्तिः शान्तिः शान्तिः ॥

Om asato mā sadgamaya
tamasomā jyotir gamaya
mrityormāamritam gamaya
Om śhānti śhānti śhāntiḥ

**Lead me from the unreal to the real,
Lead me from darkness to light,
Lead me from death to immortality.
Let there be peace within**

This is a Shanti mantra from the Brihadaranyaka Upanishad. It is also known as the Pavamana Mantra (pavamāna meaning "being purified, strained", historically a name of Soma) . This is a prayer of all human beings everywhere. In this short prayer all the aspirations of the human heart have been included. We all want to go from darkness to light, from untruth to truth and from death to immortality. This is a prayer for total cessation of all attachment and false identifications. A prayer to take us from death to immortality. Immortality cannot be achieved unless one is free from the lower impulses of lust, anger and other such demonic qualities. Unless these devils are destroyed and divinity restored, until evil is annihilated and death is transcended by establishing purity in thought, word and deed, one cannot hope to attain immortality. Thus, the human heart here pours out in prayer.





January 2026

Temple Events/Auspicious Days

With Devotion & Light, Let's Celebrate Each Day Spiritually

Date	Puja Time	Event/Auspicious Days
1 st Jan - Thu	02:00pm - 04:00pm	Satynarayana Puja(Group)
1 st Jan - Thu	06:30pm - 07:00pm	Pradosham
3 rd Jan - Sat	10:00am - 12:00pm	Satynarayana Puja(Group)
4 th Jan - Sun	10:30am - 12:30pm	Sathyanarayana Puja
6 th Jan - Tue	10:00am - 12:00pm	Shangadahara Chathurti
14 th Jan - Wed	05:30pm - 06:30pm	Ekadashi
15 th Jan - Thu	05:30pm - 07:30pm	Pongal/Makara Sankranti
24 th Jan - Sat	06:00pm - 07:30pm	Sashti
27 th Jan - Tue	06:30pm - 08:30pm	Kiruthigai
29 th Jan - Thu	06:30pm - 08:00pm	Ekadashi
30 th Jan - Fri	06:30pm - 08:00pm	Pradosham





January 2026

PANCHANGAM

DATE	RAHU KALAM	YAMAKANDAM	GULIKAI KALAM	AMRIT KALAM	ABHIJIT KALAM
Jan 1, 2026	01:01pm-02:00pm	08:05am-09:04am	10:03am-11:03am	02:27pm-03:53pm	11:46am-12:18pm
Jan 2, 2026	11:03am-12:02pm	02:01pm-03:00pm	09:04am-10:04pm	03:03am-04:28am (3 rd Jan)	11:46am-12:18pm
Jan 3, 2026	10:04am-11:03am	01:02pm-02:02pm	08:05am-09:04am	07:31am-08:57am (4 th Jan)	11:47am-12:19pm
Jan 4, 2026	03:02pm-04:02pm	12:03pm-01:03pm	02:03pm-03:02pm	01:59am-03:28am (5 th Jan)	11:47am-12:19pm
Jan 5, 2026	09:04am-10:04am	11:04am-12:04am	01:04pm-02:03pm	05:16am-06:47am (6 th Jan)	11:48am-12:20pm
Jan 6, 2026	02:04pm-03:04pm	10:04am-11:04am	12:04pm-01:04pm	04:04am-05:39am (7 th Jan)	11:48am-12:20am
Jan 7, 2026	12:05pm-01:05pm	09:04am-10:04am	11:04am-12:05pm	12:23am-02:01am (8 th Jan)	-
Jan 8, 2026	01:06pm-02:06pm	08:03am-09:03am	10:04am-11:04am	12:36am-02:17am (9 th Jan)	11:49am-12:21pm
Jan 9, 2026	11:05am-12:05am	02:07pm-03:08pm	09:03am-10:04am	03:40am-05:24am (10 th Jan)	11:49am-12:22pm
Jan 10, 2026	10:04am-11:05am	01:07pm-02:08pm	08:02am-09:03am	05:37am-07:23am (11 th Jan)	11:50am-12:22am
Jan 11, 2026	03:10pm-04:11pm	12:06pm-01:08pm	02:09pm-03:10pm	05:44am-07:31am (12 th Jan)	11:50am-12:23pm
Jan 12, 2026	09:02am-10:03am	11:05am-12:07pm	01:08pm-02:10pm	-	11:50am-12:23pm





January 2026

PANCHANGAM

DATE	RAHU KALAM	YAMAKANDAM	GULIKAI KALAM	AMRIT KALAM	ABHIJIT KALAM
Jan 13, 2026	02:11pm-03:13pm	10:03am-11:05am	12:07pm-01:09pm	08:42am-10:30am	11:51am-12:23pm
Jan 14, 2026	12:07pm-01:09pm	09:01am-10:03am	11:05am-12:07pm	09:53am-11:40am	-
Jan 15, 2026	01:10pm-02:13pm	07:58am-09:00am	10:03am-11:05am	02:29pm-04:16pm	11:51am-12:24pm
Jan 16, 2026	11:05am-12:08pm	02:14pm-03:16pm	09:00am-10:03am	07:39pm-09:25pm	11:51am-12:25pm
Jan 17, 2026	10:02am-11:05am	01:11pm-02:15pm	07:56am-08:59am	11:31pm-01:15am (18 th Jan)	11:52am-12:25pm
Jan 18, 2026	03:19pm-04:22pm	12:09pm-01:12pm	02:16pm-03:19pm	11:32pm-01:14am (19 th Jan)	11:52am-12:26pm
Jan 19, 2026	08:58am-10:02am	11:05am-12:09pm	01:13pm-02:16pm	08:40pm-10:21pm	11:52am-12:26pm
Jan 20, 2026	02:17pm-03:22pm	10:01am-11:05am	12:09pm-01:13pm	09:42pm-11:21pm	11:52am-12:26pm
Jan 21, 2026	12:10pm-01:14pm	08:56am-10:01am	11:05am-12:10pm	01:36am-03:14am (22 nd Jan)	-
Jan 22, 2026	01:15pm-02:19pm	07:51am-08:56am	10:00am-11:05am	01:01am-02:37am (23 rd Jan)	11:53am-12:27pm
Jan 23, 2026	11:05am-12:10pm	02:20pm-03:26pm	08:55am-10:00am	04:01am-05:36am (24 th Jan)	11:53am-12:28pm
Jan 24, 2026	09:59am-11:05am	01:16pm-02:21pm	07:48am-08:54am	05:45am-07:19am (25 th Jan)	11:53am-12:28pm





January 2026

PANCHANGAM

DATE	RAHU KALAM	YAMAKANDAM	GULIKAI KALAM	AMRIT KALAM	ABHIJIT KALAM
Jan 25, 2026	03:28pm-04:34pm	12:11pm-01:17pm	02:22pm-03:28pm	12:09am-01:42am (26 th Jan)	11:53am-12:28pm
Jan 26, 2026	08:52am-09:58am	11:05am-12:11pm	01:17pm-02:23pm	01:07am-02:38am (27 th Jan)	11:53am-12:29pm
Jan 27, 2026	02:24pm-03:31pm	09:58am-11:05am	12:11pm-01:18pm	01:43am-03:12am (28 th Jan)	11:53am-12:29pm
Jan 28, 2026	12:11pm-01:18pm	08:50am-09:57am	11:04am-12:11pm	11:05pm-12:33am (29 th Jan)	-
Jan 29, 2026	01:19pm-02:26pm	07:42am-08:49am	09:57am-11:04am	03:56pm-05:24pm	11:54am-12:30pm
Jan 30, 2026	11:04am-12:12pm	02:27pm-03:35pm	08:48am-09:56am	12:48pm-02:16pm	11:54am-12:30pm
Jan 31, 2026	09:55am-11:04am	01:20pm-02:28pm	07:39am-08:47am	05:51pm-07:19pm	11:54am-12:30pm





January 2026

December month activities at glance



Bharathanatyam Performance

Aparna Teacher's students presented a graceful Bharatanatyam performance at CSPT on 3rd December, reflecting dedication to Indian classical dance in the UK.



Hanuman Jayanthi

Lord Hanuman is adorned with a traditional vada mala, a garland made of vadas, as part of the Hanuman Jayanthi celebrations.



Ayyappa Abhishekam and Pooja

Lord Ayyappa was beautifully decorated with flowers and lamps as priests and devotees sat together chanting mantras. Devotees followed the prayers attentively while the Abhishekam was performed with traditional offerings.





January 2026

December month activities at glance



Special Pooja & Homa for Temple Volunteers

A special pooja and homa were performed for temple volunteers, with priests conducting the rituals and devotees taking part together. The gathering reflected gratitude, prayer, and shared service within the temple community.



Thaayar Pooja

The priest performs the pooja by reciting mantras and offering flowers to Sri Padmavati Thayaar, while devotees sing along in prayer.



Rudra Parayanam and Abhishekam

Rudra Parayanam and Abhishekam were performed to Lord Shiva, the Abhisheka Priyan (meaning the one who loves the ritual abhishekam), with many kalasam offerings, followed by traditional Vedic chanting.





January 2026

December month activities at glance



Vaikuntha Ekadhashi and Srinivasa Perumal Abhishekam

Vaikuntha Ekadasi was observed at the Chelmsford Srinivasa Perumal Temple in the UK, with Abhishekam performed for Lord Perumal and the deity later seen in majestic Raja Alankaram.

As part of the celebrations, Lord Perumal was taken in a sacred procession (Thiruveethi Ula), as devotees gathered for prayers and darshan.





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Hari Om, Beloved Devotees!

Join us in the divine journey of growing the Chelmsford Srinivasa Perumal Temple!

With a small monthly subscription, you can become an integral part of our temple's vibrant community, blessed by Lord Srinivasa Perumal himself. Your monthly contribution supports the temple's growth and brings spiritual blessings to you and your family.



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January 2026

DASHAVATARAM SERIES – 2

The Tortoise – Kurma Avataram



Sri Gurubhyo Namah

Lord Vishnu is believed to have taken nine significant avatars so far. The tenth avatar, i.e. Kalki, we believe is yet to appear. The first was Matsya Avatar, wherein the Lord appeared in the form of a fish to free the Vedas (Rig Veda, Yajur Veda, Sama Veda and Atharva Veda) from the clutches of the Danavas and kill a demon Hayagriva. Centuries later, he appeared once again on the earth as Kurma (tortoise).

Kurma avatara belongs to the Satya Yuga and is explained mainly in the Bhagavad purana , Agni Purana and the Ramayana. Kurma Purana, considered as one of the 18 major puranas , is said to have been directly stated by MahaVishnu to sage Narada .

Why Lord Vishnu took the Kurma Avatar?

Lord Vishnu had pledged that he would appear every time someone threatens the existence of humanity. He had vowed that he would take an avatar on earth to restore Dharma by uprooting Adharma. For the uninitiated, the Devas symbolised Dharma while the Danavas represented Adharma.

In one of the battles that took place after Daitya Guru Shukracharya was blessed with the Sanjeevani Mantra (mantra to infuse life into the dead) by Lord Shiva, the Daityas (Danavas) defeated the Devas. Now why did the Devas lose? Indra , the King of Swarga, while riding on the elephant Airavata, came across Sage Durvasa who offered him a special garland given to him. Indra accepted the gift and placed it on the trunk of the elephant as a test to prove that he was not an egoistic Deva. The flowers on it had a scent that attracted some bees. Annoyed by the bees Airavata threw the garland on the ground. This enraged the sage as the garland was a dwelling of **Sri** (fortune) and was to be treated as a Prasadam. Durvasa cursed Indra and all Devas to be bereft of all strength, energy, and fortune. In battles following the incident, the Devas were defeated and the Asuras, led by Bali, gained control over the universe.





The victory of the Danavas meant the decline of goodness and peace. Moreover, Lord Vishnu knew that if the Danavas became immortal, then they would overpower the Devas and also cause massive damage to the human race.

Therefore, to save humankind from the Danavas, **Lord Vishnu took the avatar of a Kurma. And by doing so, he played a pivotal role in the Samudra Manthan.**

Since the Danavas had defeated the Devas in the battle, there arose a need to empower the latter. Therefore, Lord Vishnu suggested Samudra Manthan for extracting the divine nectar that could make the Devas immortal. However, the Devas alone wouldn't have been able to perform the massive task. Hence, Vishnu advised Indra, the King of the Devas to take help from the King of the Danavas.

Subsequently, to churn the ocean, **Mandara Mountain was cut from its base and installed in the sea as the churning rod**. But, since the base of the mountain couldn't reach the seabed owing to the surging movement of the waves, Lord Vishnu decided to make his presence felt in the form of a Kurma.

Lord Vishnu took the form of a Kurma and went deep inside the sea to carry the Mandara mountain on his back. Thus, by enduring the weight on his back, Lord Vishnu ensured that the churning of the ocean takes place without any hurdles.

Next, to churn something, you will need a rope around the churning rod and people to pull the rope from both ends so that the churning rod rotates in a to and from motion and the churning takes place. Do you all know who was the churning rope that went all around Mount Mandara? **It was none other than the king of serpents – Vasuki!**



What happened then? The churning continued. The Samudra Manthan process released a number of things from the Ocean of Milk. One of them was the lethal poison known as **Halahala**. This terrified the gods and demons because the poison was so powerful that it could destroy all of creation. Lord Vishnu also knew that Vasuki would vomit poisonous flames when twisted and pulled, and therefore advised the Devas to hold the tail end of the snake, without telling them the reason. First, the Devas held the head end of the snake, while the Asuras held the tail end.





The Asuras were enraged by this, as the lower part of an animal is impure , than the part that contains the head.

They insisted on holding the head side of the snake. Lord Vishnu had an inkling that his reverse psychology would work. The Asuras demanded to hold the head of the snake, while the Devas, taking advice from Lord Vishnu, agreed to hold its tail. When the mountain was placed in the ocean, it began to sink. Vishnu, in the form of Kurma came to their rescue and supported the mountain on his shell. The Asuras were poisoned by fumes emitted by Vasuki.

Despite this, the Devas and the Asuras pulled back and forth on the snake's body alternately, causing the mountain to rotate, which in turn churned the ocean.

The Devas then approached Lord Shiva for protection. Shiva consumed the poison to protect the three worlds and which in the process gave a blue hue to his throat. Lord Shiva drank the poison, he was suffering intense pain, but could not die, as seen by Parvati, his consort. She immediately places a hand on his throat, stopping the poison to flow any further, and by her Maya , stopped it forever.

As a result, his throat turned blue and he was henceforth called NEELAKANTA

What else appeared from the ocean of milk-wealth, Apsaraas, Varuni, Kamadhenu, Airavatha, Ucchaishravas, Kaustuba, Paarijatha, Shaaranga, Chandra, Dhanvantri, Shankha, Jyeshtha, Umbrella taken by Varuna, Earrings taken Aditi(Indra's mother) , Kalpavriksha, Nidra. All these were divided between the Devas and the Danavas .



Finally, Dhanvantri, the heavenly physician, emerged with a pot containing the Amrita, the heavenly nectar of immortality. Fierce fighting ensued between the Devas and the Asuras for it. To protect it from the Asuras, Garuda took the pot and flew away from the battlefield.

The Devas appealed to Vishnu, who took the form of Mohini and, as a beautiful and enchanting damsel, distracted the Asuras; then, she took the Amrita and distributed it among the Devas, who drank it.

An Asura names Svarbhanu disguised himself as a deva and drank some nectar. Due to their luminous nature, the Sun god Surya and the moon god Chandra noticed this disguise.





They informed Mohini who before the nectar could pass the Asura's throat, cut off his head with the Sudharshana Chakra. From that day, his head became Rahu and his body Ketu, which both later became planets. The story ends with the rejuvenated Devas defeating the Asuras and that's why the eclipse mode of the moon means Rahu swallows moon as his revenge. Although, Rahu only has a head and no body. So the god moon Chandra comes out from the throat of Rahu and we see the moon again in sky.



Some other interesting facts about Kurma Avatara

- The Kurma avatar played a pivotal role in this whole cosmic episode which took place between the devas and the asuras.

- Kurma is also considered to be the lord of waters. For this, he is depicted as the Varuna. According to the legends, Varuna and Earth are married to each other. Together they sustain a variety of life forms on the planet.
- Legend also has it that it was Lord Vishnu who had advised Devas to seek help from Asuras to reclaim the Amrit. The events that followed along with the rise of the Kurma avatar was all his own divine strategy to regain the cosmic balance.
- It was Lord Vishnu who transported Mandara on his Garuda to the venue, dropping him in the ocean. Mandara was then placed on the back of the Kurma Avatar of the Lord.

ॐ कच्छपेसाय विद्महे महाबलाय धीमहि |
तन्नो कूर्मः प्रचोदयात् ||

Om Kachchhapesaya Vidmahe
Mahabalaya Dhimahi |
Tanno Kurmah Prachodayat ||

Let us meditate on the Lord of the tortoise . May the great and powerful one grant us higher intellect. May Lord Kurma illuminate our minds.



Article by: Aditi Harikumar





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BOOK ABHISHEKAM & PUJA UBHAYAMS

Devotees are welcome to book Abishegam and Ubhayam offerings for the deities on the following days:

Monday



Lord Shiva

Tuesday

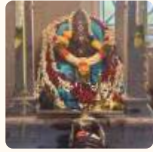


Lord
Muruga



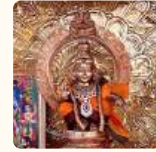
Parvathi
Devi

Wednesday



Lord Ganesha

Thursday



Lord
Ayyappa



Lord
Dakshinamoorthy

Friday



Navagraha



Lord
Hanuman

Saturday

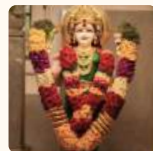


Lord Srinivasa Perumal

Sunday



Lord Ram
Parivar



Kanyaka
Parameswari

Please book through:
[https://tinyurl.com/cspt-services-
booking](https://tinyurl.com/cspt-services-booking)

ABHISHEKAM UBHAYAM: £ 101





Monthly Puja & Seva Services

With Devotion & Light, Let's Celebrate Each Day Spiritually

Monthly Puja	Donation	Details	Time
Sankatahar Chaturthi	£101	Abishekam/Archana/Prasadam	6-7 pm
Sashti	£101	Abishekam/Archana/Prasadam	6-7 pm
Pradosham	£101	Abishekam/Archana/Prasadam	6-7 pm
Ekadashi	£101	Abishekam/Archana/Prasadam	6-7 pm
Satyanarayana PujaGroup (per family)	£101	Pooja Kit - First Saturday of every month	10-12 pm
Thiru Kalyanam-Group (per family)	£101	Archana/Laddu/Thali Kayir - Second Saturday of every month	10-12 pm
Kumkum ArchanaThayaar	£21	Kumkum/Mangalsutra Saradu/Archana - First Friday of every month	6-7 pm
Lalitha Sahasranama Archana	£21	Kumkum/Mangalsutra Saradu/Archana - Second Tuesday of every month	6-7 pm



For Booking Puja & Services



Donation



Join Temple Whatsapp





Adhoc Puja & Seva Services

With Devotion & Light, Let's Celebrate Each Day Spiritually

Adhoc Puja

Donation

Moksha Deepam/Pitru Puja	£21
Shraddha / Tithi Puja	£51
Dakshina Murthy Puja	£21
Satyanarayana Puja-Individual	£251
Simple Archana	£2
Archana	£5
Special Archana	£10
Car Puja	£51
Abishekam Ubhayams/Sponsorship for each Gods	
Monday – Lord Shiva	
Tuesday – Lord Muruga and Goddess Parvathi Devi	
Wednesday – Lord Ganesha	£101
Thursday – Lord Ayyappa and Lord Dakshinamoorthy	
Friday – Lord Srinivasa Perumal and Goddess Padmavathi	
Saturday- Navagraha and Lord Hanuman	
Sunday- Lord Ram Parivar and Goddess Kannika Parameswari	
Annaprasanam	£51
Aksharabhvasam	£51
Namakarnam	£51
Rudrabishekam	£151
Annadhanam (Half Day £51 and Full day £101)	£51 / £101
Srinivasa Thirukalyanam-Individual	£501
Murugan Thirukalayanam-Individual	£501





Important parking instructions

We warmly welcome you to the temple and kindly adhere the following parking arrangements to make your visit comfortable and safe.



Special Note:

Devotees with blue badge vehicles, as well as elderly visitors, pregnant women, and families with young children, are kindly encouraged to use Car Park 1 (Hadfelda Square) for easier access and convenience.



Important Guidelines:

Please do not park on the bridge or on any adjacent property of the temple.

For everyone's safety and smooth flow of traffic, kindly do not stop directly in front of the temple for drop-off or pick-up.

Car Park Options:



Car Park 1: Hadfelda Square Car Park ,
Postcode: CM3 2HD



Car Park 2: Overflow Car Park of the
William B,
Postcode: CM3 2ET



Parking field of William B restaurant is open for Devotees to park could please use the parking site and avoid disturbance to neighbourhood.
Thank you for the cooperation.





SUPPORT OUR TEMPLE UPGRADES

Charity: 1212128

To make the temple safer and more welcoming, we are undertaking key improvements:



Stairway Upgrade

£1,361



Kitchen Storage Units

£861



Additional Storage
(outside & upstairs)

£6,221

Total: £8,398



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2026 Calendar Now Available

@

Chelmsford Srinivasa Perumal Temple



We are pleased to share the 2026 monthly calendar with our devotee community. The calendar features a beautiful image of Lord Srinivasa Perumal and includes important festival dates and auspicious days observed at the temple throughout the year.

This calendar is a meaningful way to keep the temple close to your home and daily prayers, while also staying connected with temple activities and traditions. Many devotees find it helpful for planning poojas, fasting days, and special observances.

The calendar is available at the temple office and is lovingly offered to devotees who support the temple through their contributions. It may be collected during your visit. We extend our heartfelt thanks to all devotees for their continued support, goodwill, and involvement in temple activities, which help sustain and nurture our shared spiritual space.

