

Courageous Survival

**CONNECTING IDAHO'S EVERYDAY HEROES
AND THEIR FAMILIES WITH RESOURCES
FOR MENTAL HEALTH AND WELLNESS**

www.CourageousSurvival.org

1-866-CS4Idaho

CourageousSurvival@gmail.com

1577 N Linder Rd. Suite #122
Kuna, ID 83634

Our hope is that ALL First Responders, Military Service Members, Veterans and their families can learn to recognize the signs of trauma exposure and Post-Traumatic Stress Injuries in themselves and others; and then have the courage to reach out for help.

We invite you to join us in giving back to our Everyday Heroes and showing them just how much we appreciate their service to our communities! Help us place tangible tools directly into their hands, connect them with life-saving resources, and teach them to build resiliency so they have the chance to not only survive, but to thrive!

Who are these Everyday Heroes?

The following professions qualify: Law Enforcement Officers, Fire Fighters, EMS, Dispatchers, Corrections, Coroners, Chaplains, Retired 1st Responders, Healthcare Workers, Clinicians, our Military/Veterans, and Spouses too!

Choose from the following options below, fill out the paperwork, then return it, or visit our website to learn more at www.CourageousSurvival.org/get-involved

How can you get involved?

- Choose from Sponsorship Options
- Make a Donation
- Become a Valued Resource Partner
- Join the Efforts by Volunteering

Courageous Survival, an Idaho Nonprofit Organization, works collaboratively with many businesses, non-profits, networking groups, leaders, volunteers, and other professionals to accomplish our goals of assisting first responders, veterans, and their families. Our goal is to always offer FREE Consultations, Peer Support and Resource Guides for our Everyday Heroes and their families.

ADVOCACY, CONSULTING, TRAINING, PEER SUPPORT & EVENTS

www.CourageousSurvival.org

Courageous Survival – Donations or Sponsorships

Mental Health and Wellness Tools and Resources:

Below are just a few of the ways Courageous Survival utilizes your donations to serve our Everyday Heroes & their families right here in Idaho:

- ❖ Mental Health & Wellness Resource Guides (Full color, 8 1/2 x 11 size)
- ❖ Enhanced Peer Support & Outreach Teams
- ❖ Training, Presentations, & Events: Mental Health, Wellness, Resiliency, Mindfulness, Suicide Prevention, Peer Support & more
- ❖ Honoring the Heroes Emotional Survival Tactical Bags for First Responders
- ❖ Wellness Packages (Sponsorship of Services or Passes)

Community Impact and Potential:

Besides improving the mental health, wellness and quality of life for our Everyday Heroes themselves, it has been proven that improving access to these types of resources, peer support, and trainings substantially affects their families' wellbeing, as well as the communities in which they serve. Our First Responders, Military and Veterans not only selflessly serve, but lead the way for our communities through their example. The more normalized it becomes for our heroes to seek the help they need to maintain good mental health and wellness, the more people in the community will follow their example and leadership to seek improved mental health as well.

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Benefits:

*Donation of \$100 or more receive: Name mentioned in Resource Guide as a sponsor. \$200 or more receive: A shout-out on social media, name mentioned or logo in Resource Guide and on website.

***For donations, please fill out page 3 of this form & return or make an online donation.**

Courageous Survival - Become A Valued Resource Partner:

How can you join the efforts? Please consider becoming a Valued Resource Partner! Space is limited, so reserve your spot NOW! Choose one of the following options:

Resource Guide Advertising Options:

- ❖ **Purchase Advertising:** Resources for Mental Health and Wellness, Peer Support, Training or other Services ONLY. Space is Limited. *See chart for details.
- ❖ **Benefits of Becoming a Valued Resource Partner:** Premiere booking opportunity for special events, priority spacing in Guide, shout-out on social media & logo on website.
- ❖ **To qualify for submission for Advertising space,** resources MUST be specific to serving First Responders, Military, Veterans, & their families. Vetting process in place for all resources.
- ❖ **To submit a request for a free basic listing in the Resource Guide** (Print & online) go to CourageousSurvival@gmail.com

***Resource Partners: Please choose an advertising option by making a selection below, then fill in boxes at bottom of page.**

Ad Info & Dimensions *Jpeg or PNG format preferred; PDF format accepted.	Quarterly (3 Months) *Deadlines: March 15, June 15, Sept. 15 & Dec. 15	Bi-annually (6 Months) *Deadlines: March 15, June 15, Sept. 15 & Dec. 15	Yearly (12 Months) *Deadlines: March 15, June 15, Sept. 15 & Dec. 15
Full Page (8 ½ x 11) *Includes logo on Elevate website and Post on social media event page	\$250	\$450 (-\$50 Discount)	\$850 (-\$150 Discount)
Half Page (8 ½ x 5 ½) *Includes logo on Elevate website & Post on Facebook event page	\$125	\$225 (-\$25 Discount)	\$425 (-\$75 Discount)

*Please complete the information below to sign up. Email a copy of this form, along with a high-resolution logo in Jpeg or PNG format to CourageousSurvival@gmail.com to reserve your spot. You will be contacted by email or phone call to make further arrangements. Online payments can also be made by using the QR code below or going to: <https://courageoussurvival.org/get-involved>

(Please print) Business/Organization Name:

Contact Person:

Email address:

Phone #:

Mailing Address:

*Payment/donations are nonrefundable & must be received by 1 week prior to print deadline unless other arrangements have been made.

**Make checks payable to:
Courageous Survival
1577 N Linder Rd Suite #122
Kuna, ID 83634.**

Marketing materials such as logos, ads, etc. will NOT be utilized for advertising purposes or added to the Everyday Heroes Resource Guide until receipt of payment & return of completed form.

****Thank you for your
assistance!***

Sponsorship/Donation(s) (Total pg. 2)	
Advertisement Cost: (Total Pg. 3)	
Total Balance Due:	

