

# **Courageous Survival**

**CONNECTING IDAHO'S EVERYDAY HEROES  
AND THEIR FAMILIES WITH RESOURCES  
FOR MENTAL HEALTH AND WELLNESS**

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**Our hope is that ALL First Responders, Military Service Members, Veterans and their families can learn to recognize the signs of trauma exposure and Post-Traumatic Stress Injuries in themselves and others; and then have the courage to reach out for help.**

**We invite you to join us in giving back to our Everyday Heroes and showing them just how much we appreciate their service to our communities! Help us place tangible tools directly into their hands, connect them with life-saving resources, and teach them to build resiliency so they have the chance to not only survive, but to thrive!**

## **Who are these Everyday Heroes?**

The following professions qualify: Law Enforcement Officers, Fire Fighters, EMS, Dispatchers, Corrections, Coroners, Chaplains, Retired 1<sup>st</sup> Responders, Healthcare Workers, Clinicians, our Military/Veterans, and Spouses too!

**Choose from the following options below, fill out the paperwork, then return it, or visit our website to learn more at [www.CourageousSurvival.com](http://www.CourageousSurvival.com)**

## **How can you get involved?**

- Choose from Sponsorship Options
- Make a Donation
- Become a Valued Resource Partner
- Join the Efforts by Volunteering

**Courageous Survival, LLC, works collaboratively with many businesses, non-profits, networking groups, leaders, volunteers, and other professionals to accomplish our goals of assisting first responders, veterans, and their families. Our goal is to always offer FREE Consultations and Resource Guides for our Everyday Heroes and their families.**

***Advocacy, Coaching, Consulting, Training & Events***

# Courageous Survival - Sponsorship Options:

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## Mental Health and Wellness Tools and Resources:

### 1. Resource Guides (Full color, 8 1/2 x 11 size)

- ◆ Any donations welcome at \$5/Guide
- ◆ \$100 donation (20 Guides), \$200 donation (40 Guides), \$500 (100 Guides), etc.

### 2. Emotional Survival Tactical Bags for First Responders

We will be collaborating with **Honoring The Heroes** to provide Tactical Bags to take home FREE of charge (Filled with \$200+ worth of resources) to first responders who reach out for assistance. **HTH** mission: Providing first responders with resources, tools, and encouragement to embrace their spiritual and mental wellbeing. [www.honoringtheheroes.com](http://www.honoringtheheroes.com)

- ◆ \$100/bag (Includes a Resource Guide and other perks/giveaways from their local area)

### 3. Wellness Packages (Sponsorship of Services or Passes)

\***Elevate Mind Body Studios** (Nampa, ID) offers special packaging and FREE services to first responders, military, veterans, and spouses. Heroes Resiliency Packages include Sensory Deprivation Pods (Floating), Wellness Cocoon Sauna, Red Light or Pain Light, Dreamwave and Brio Massage Chairs, & much more! Learn how you can sponsor an Everyday Hero so they can utilize these services on a month-to-month basis.

[www.elevatemindbodystudios.com](http://www.elevatemindbodystudios.com)

- ◆ Freedom Package (Monthly Wellness Complete) \$69.95/person (Regular cost \$149.95/month)
- ◆ Liberty Package (4) One Hr. Float Sessions for \$99/person (Regular cost of 1 One Hr. Float is \$65/session)

\***Benefits:** \*Donation of \$100 or more receive: A shout-out on social media and name mentioned in Resource Guide as a sponsor. \$200 or more receive: A shout-out on social media, name mentioned or logo in Resource Guide and on website.

Sponsorship/Donation Item Description	Quantity	Price	Amount
Resource Guides		\$5/Guide	
HTH Emotional Survival Tactical Bags		\$100/bag	
Wellness Package: Freedom (Monthly Wellness Complete)		\$69.95/person	
Wellness Package: Liberty (4) One Hr. Float Sessions		\$99/person	
Other Donations			
		<b>Total Donation</b>	

## Courageous Survival - Become A Valued Resource Partner:

How can you join the efforts? Please consider becoming a Valued Resource Partner! Space is limited, so reserve your spot NOW! Choose one of the following options:

### Resource Guide Advertising Options:

- ◆ **Purchase Advertising:** Resources for Mental Health and Wellness, Peer Support, or Training only. Space is limited. \*See chart for details.
- ◆ **Benefits of Advertising:** Premiere booking opportunity for special events, priority spacing in Guide, shout-out on social media & logo on website as a Valued Resource Partner.
- ◆ **To qualify for submission for Advertising space,** resources MUST be specific to serving First Responders, Military, Veterans, & their families. Vetting process in place for all resources.
- ◆ **To submit a request for a free basic listing in the Resource Guide** (Print & online) go to:  
[www.CourageousSurvival.com/resource-guide](http://www.CourageousSurvival.com/resource-guide)

**\*Please Circle selection below, then fill in boxes at bottom of page.**

<b>Ad Info &amp; Dimensions</b> *Jpeg or PNG format preferred; PDF format accepted.	<b>Quarterly (3 Months)</b> *Deadlines: Feb. 8, May 8, Aug 8 & Nov. 8	<b>Bi-annually (6 Months)</b> *Deadlines: Feb. 8, May 8, Aug 8 & Nov. 1	<b>Yearly (12 Months)</b> *Deadlines: Feb. 8, May 8, Aug 8 & Nov. 8
<b>Full Page (8 ½ x 11)</b> *Includes logo on Elevate website and Post on social media event page	<b>\$250</b>	<b>\$450</b> (-\$50 Discount)	<b>\$850</b> (-\$150 Discount)
<b>Half Page (8 ½ x 5 ½)</b> *Includes logo on Elevate website & Post on Facebook event page	<b>\$125</b>	<b>\$225</b> (-\$25 Discount)	<b>\$425</b> (-\$75 Discount)

\*Please complete the information below to sign up. Email a copy of this form, along with a high-resolution logo in Jpeg or PNG format to Jacki Briggs ASAP to reserve your spot. You will be contacted by email or phone call to make further arrangements.

**(Please print) Business/Organization Name:**

**Contact Person:**

**Email address:**

**Phone #:**

**Mailing Address:**

\*Payment/donations are nonrefundable & must be received by 1 weeks prior to print deadline.  
 Make checks payable to:  
 Courageous Survival, LLC.  
 1577 N Linder Rd Suite #122 / Kuna, ID 83634.  
 Marketing materials such as logos, ads, etc. will NOT be utilized for advertising purposes or added to the Everyday Heroes Resource Guide until receipt of payment & return of completed form.

<b>Sponsorship/Donation(s)</b> (Total pg. 2)	
<b>Advertisement Cost:</b> (Total Pg. 3)	
<b>Total Balance Due:</b>	

*\*Thank you for your assistance!*