



GROUPX SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Early Morning & Evening Boot Camp Classes, Plus Saturday HIIT Classes with Kristen Miedreich. Contact Kristen for more info & to sign-up krisried2@aol.com</p>					
<p>9:30AM-10:30AM</p> <p>SERENITY YOGA VIRTUAL LOUISE</p>					
	<p>5:30PM-6:30PM</p> <p>SERENITY YOGA LOUISE</p>	<p>5:30PM-6:30PM</p> <p>PILATES FUSION BEVERLY</p>	<p>5:30PM - 6:30PM</p> <p>TOTAL BODY MARYGRACE</p>	<p>5:30PM-6:30PM</p> <p>SERENITY YOGA LOUISE</p>	<p>5:30PM-6:30PM</p> <p>INTENSE TONE MARYGRACE</p>

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