

Roaming The Intricacies Of Your Mind, Soul, and Body

This is a list of questions that is asked on my podcast Allurè's Letters. This list will be updated weekly. Take some time to review them and answer if you can. At the very least try bottom of this webpage, you can email questions and/or answers that can/will be added to an episode (anonymously). Tip: There's no right answer. Whatever is the first answer that comes to mind, explore why that is? Overtime your answers should change as you evolve.

1. Who are you?
2. What are you?
3. What color light do you emit?
4. How far down have your roots grown?
5. Is your body healthy?
6. Is your mind stable?
7. Do you allow your emotions to pass through?
8. Can you define what energy is to child in a way they can understand?
9. When having a conversation with someone, do you have a response before they finish?
10. How often does your perspective change?
11. Can your perception change within a matter of months? Days? In a single moment?
Does it happen over a period of time?
12. How would you define time?
13. How do you measure time?
14. Is tomorrow always after today?
15. Is it possible to wake up with your reality completely shifting to the point your life is unrecognizable?
16. What can make your life unrecognizable?
17. Are you comfortable with death?
18. When does death become beautiful?
19. How did you originally learn about death?
20. Why do people be-friend darkness?
21. When a person creates dark art, what's the first assumption about them that is created within your mind?
22. How do you know when you truly know someone?
23. Is it possible to know everything about someone?
24. When is it okay to give up on a person?
25. How has a person changed you for the worst?
26. Have you healed or recovered from a hurt version of yourself?
27. Which version of yourself are you most ashamed of? Embarrassed of? Understanding of?
28. Do you believe you need to know the why?
29. Why?
30. When?

31. How?
32. Where?
33. What?
34. What determines your happiness?
35. Where is home?
36. How do you know when food is made with love?
37. When does the impossible become possible?
38. Why is it hard to get people to care?
39. Have you witnessed a miracle in your lifetime?
40. Why hasn't religion or government evolved with the time?
41. Did humanity ever evolve?
42. What's the most basic human act you can teach your future? Can that act be upheld throughout their life time and their future's life time?
43. What traditions/foundations have been put in place for you? Are you creating traditions or establishing a strong foundation for your future?
44. Can we resolve issues by cutting all communication?
45. What would happen if nobody on Earth spoke for 5 days? Is that even possible?
46. How long are you comfortable with being silent?
47. How long can you go without movement? Without moving?
48. How would you describe/explain the idea of a color?
49. Is love at first sight real? What does that feel like?
50. Are eyes the windows to the soul?
51. Are all souls divine?
52. Is a soul a channel to the divine?
53. In this lifetime, what is something you wish for?
54. Do you understand your purpose?
55. Are you being lead or guided?
56. Are you utilizing your intelligence more or your knowledge?
57. Which part of life do you belong to?