**HARTFORD WRESTLING CLUB CODE OF CONDUCT**

In order for the Hartford Wrestling Club to continue to be successful in supporting our Mission Statement the following code of conduct must be adhered to by both wrestlers participating in the Hartford Wrestling Club as well as the parents supporting our wrestlers. Any actions found to be in violation of the Hartford Wrestling Club code of conduct will be addressed by the Board of Directors of the Hartford Wrestling Club and could result in actions taken upon the wrestler or family member, examples of actions could include:

* Removal from practice
* Removal from tournament
* Suspension from the Hartford Wrestling Club
* Permanent removal from the Hartford Wrestling Club
* Other actions deemed actionable from the Board of Directors of the Hartford Wrestling Club

**MISSION STATEMENT**

* “The purpose of the Hartford Wrestling Club is to promote quality wrestling. We are committed to providing an organized youth wrestling program for grades K-8 stressing fundamentals, a positive experience and good sportsmanship both on and off the mat. We are dedicated to supporting the middle and high school wrestling programs to the best of our ability, providing financial assistance and manpower.”

**WRESTLER CODE OF CONDUCT**

* Wrestlers must always adhere to the positive aspects of the sport (e.g. fair play) and never condone violations of the rules, behavior contrary to the spirit of the rules of the sport, or the use of prohibited substances or techniques.
* Wrestlers must consistently display high standards of behavior.
* Wrestlers must appreciate the importance of striving to win, not winning itself.
* Wrestlers will not use any form of profanity.
* Wrestlers must respect the rights, dignity, and worth of each and every person involved in the sport.
* Wrestlers must accept responsibility for their own behavior and performance, and not argue with the match or tournament officials.
* Wrestlers will not refuse to abide by an official’s decision, or perform a verbal, forceful or disrespectful demonstration of dissent to an official’s decision.
* Wrestlers will not engage in an abusive verbal attack, including “trash talking” or taunting, to any official, participant, coach, team representative, or spectator.
* Outside of what is involved in the sport of wrestling and in good sportsmanship, wrestlers will not engage in a physical attack, including but not limited to, the laying of a hand upon, pushing, shoving, striking, or kicking of any other participant.
* Wrestlers will not engage in a physical attack, including but not limited to, the laying of a hand upon, pushing, shoving, striking, or kicking of any official, coach, team representative, or spectator outside of the fair play that is involved with the sport of wrestling.
* Wrestlers will not use deliberate rough tactics during a match against an opponent.
* Wrestlers will do their best to remember that youth sports are supposed to be FUN, and that winning and losing are part of everyone’s experience.

**PARENT CODE OF CONDUCT**

Parents are as important to the success of the wrestling club as the wrestlers and coaches. Parents should work with coaches to mentor and support wrestlers in a positive manner, and help them become first-class athletes by adhering to the following guidelines:

* Always supports the wrestlers and the team (pick them up, never put them down).
* Always be indifferent to attitudes and abilities of the other wrestlers and team.
* Always walk away from an official's "bad call" with your head up.
* Never use alcohol, drugs, or tobacco at Hartford Wrestling Club tournament, matches, or practices, and control your actions and language while at these events.
* Heated discussions have no place in front of the wrestlers. Parents and Coaches should postpone conversations that are getting out of hand.
* Parents will not engage in a physical attack, including but not limited to, the laying of a hand upon, pushing, shoving, striking, or kicking of any official, coach, team representative, or spectator outside of the fair play that is involved with the sport of wrestling.