



DOMESTIC VIOLENCE AWARENESS & EDUCATION

Sophia Derrig-Palumbo

Guest Speaker: Marina Skegin-Sipes, LMFT



TOGETHER WE CAN

- ▶ Teen dating violence is the physical, sexual, or psychological / emotional abuse within a dating relationship among adolescents.

TEEN DATING ABUSE / DOMESTIC VIOLENCE

- ▶ Nearly 1.5 teens nationwide experience physical violence from a partner in a year

- ▶ 1 in 3 girls experience some type of violence from a partner

STATISTICS- TEEN DATING ABUSE

- ▶ Only 30% report the abuse to someone who can help

- ▶ 1 in 3 young adults and teens will be in an unhealthy relationship that is physically violent in nature

STATISTICS- TEEN DATING ABUSE

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- ▶ Teen girls between the ages of 16-24 are 3 times likely to experience domestic abuse/teen dating abuse
- ▶ Girls who experience Domestic Violence are likely to have long term effects such as promiscuity, suicidality, eating disorders and/or alcoholism


STATISTICS- TEEN DATING ABUSE

- ▶ 50% of young people who experience rape or some type of domestic violence attempt suicide
- ▶ 8 US States do not consider violent dating relationships domestic violence. As a result, victims are not able to seek restraining orders because it is not deemed a crime

STATISTICS- TEEN DATING/ABUSE

MARINA SKEGIN-SIPES, LMFT

25 years experience in Private Practice and the Public Sector. She has vast experience with the severe diagnosed, couples work, individual work and Domestic Violence.

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IF YOU NEED HELP... PLEASE CALL!

213-819-5199


Haven Hill Domestic Violence Shelter

818 887-6589


National Domestic Violence Hotline

800-799-7233


DOMESTIC VIOLENCE IS NEVER OK

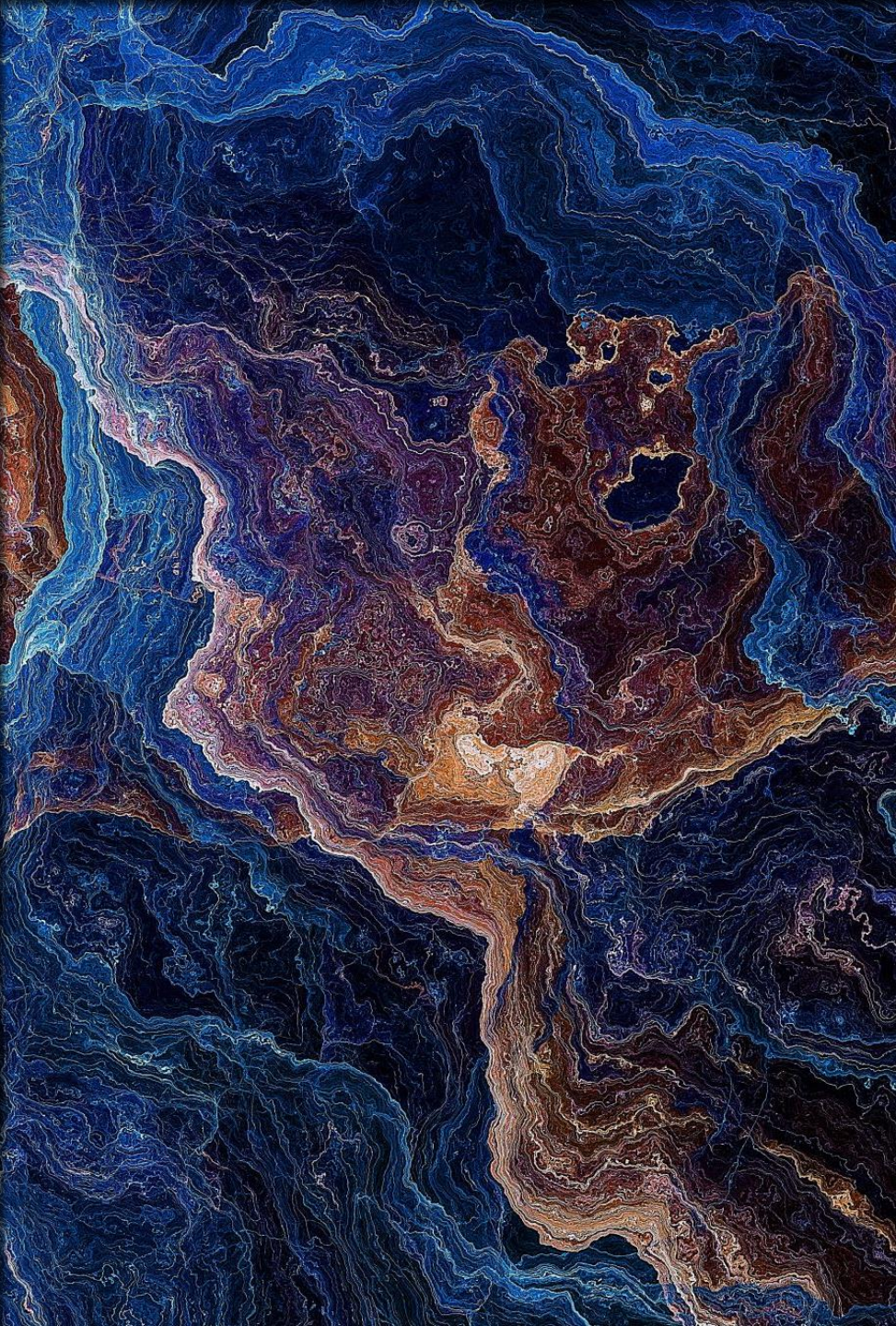
- Realize and know Violence is never the answer or the solution
 - No one deserves to be hit, pushed, shoved, slapped, raped and the like
 - This behavior in a partner is not acceptable
 - This behavior should not be excused “He is having a bad day”
 - Drugs and alcohol are not excusable
 - Partner childhood history is not a reasonable explanation
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RISKS OF DOMESTIC VIOLENCE

- Extreme Anger
 - Controlling
 - Manipulative
 - Jealous
 - Demanding
 - Unrealistic expectations
 - Plays the Victim and looks for sympathy
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WHAT TO DO IF IT HAPPENS.

- Reach out and tell someone. Parent, friend, teacher, hotline, therapist, doctor
 - Seek Safety and a plan to be away from abuser
 - Go to Therapy- Work on self and healing to not repeat seeking out this type of relationship
 - Restraining order
 - Empower yourself- Know your value and worth
 - Set realistic goals for safety and recovery
 - This experience will not define you!
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