MUTATEABLE EMOTIONAL (FEELING) CONFLICTS IN THE CONTENT OF CONSCIONSIONESS ENDLESS STREAMING RIVER OF THOUGHT

Resentment - judging - condemning - justifying - blaming pride - the evil eye - dreading - greed - envy - hate criticizing revenge - attachment - accepting - denying -concluding -insult vanity - racism - prejudice - bias - bigotry - all desires -worry red light - numerous idiosyncratic habits - impatience - gossip plotting - teeth grinding - sniping - rationalizing - head shaking rationalizing - rejecting being pushy - aggressiveness domineering - snubbing - (when there is a conclusion learning stops!) passivity - finger tapping - All fears yes, even that one! ALL DISTRUCTION IN WORLD HISTORY CAME FROM THIS. WHICH IS THE CONTENT OF OUR CONSCIOUSNESS. CAN THIS UBOVE CONTENT BE MUTATED? YES! Attention is a LAZER which will destroy that content. ATTENTION - LOOKING - SEEING - AWARENESS -EVEN THE GENTLENESS of NOTICING ARE ALL THE SAME. THIS IS NO MYSTERY, THIS IS "THE GIFT." THOUGHT IS NECESSARY TO NAVIGATE THE WORLD AND A MEDITATIVE MIND IS UNEFFECTED BY THIS FACT !ENLIGHTNMENT, TRUTH, IS DANCING BEFORE YOUR VERY EYES IN ITS ABSOLUTE FULLNESS AT THIS VERY MOMENT BUT IT IS NOT VISIBLE WHILE THE ABOVE CONTAMINATED RIVER OF THOUGHT WHICH YOU ENGAGE IN FROM DAWN TO DUSK EVERY DAY OF YOUR LIFE. IF YOU CAN NOT HAVE A MEDITATIVE MIND IN GRAND CENTRAL STATION YOU WILL NEVER HAVE A **MEDITATIVE MIND!**

MOST OF THE TEACHERS FOR CENTURIES HAVE MISSED THIS OR HAVE
DESCRIBED IT IN FLOWERY MISTICAL NONSENSE, IN THIS SINK OR SWIM
MOMENT IS THE HISTORY OF MAN THE OTHERNESS IS PRESENTING A
GIFT?