

# Chef AJ's House Dressing

**Serving:** 1

This is delicious over roasted veggies, stir-fried rice and mushrooms, tofu, or even a kale salad.

## Ingredients

$\frac{1}{2}$  cup **water**

$\frac{1}{4}$  cup **tahini**

$\frac{1}{4}$  cup **dijon mustard**

$\frac{1}{4}$  cup **tamari** *or soy sauce or coconut aminos*

$\frac{1}{4}$  cup **lemon juice** *or lime juice*

$\frac{1}{2}$  cup **nutritional yeast**

1 T **maple syrup**

## Directions

Blend until smooth. Makes about 2 cups of dressing.

PLAN  EAT