## **Oatmeal: Many Ways**

## Serving: 1

## Ingredients

<sup>1</sup>/<sub>2</sub> cup **rolled oats** 

1 cup water

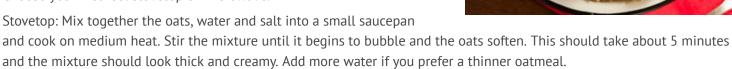
<sup>1</sup>/<sub>4</sub> teaspoon **salt** *optional* 

Mix-ins as desired

## Directions

Choose your method: stovetop or microwave.

Stovetop: Mix together the oats, water and salt into a small saucepan



Microwave: Mix oats, water and salt together in a microwave-safe bowl and cook for 1 minute. Add more water if you prefer a thinner oatmeal. Stir and cook for another 30 seconds-1 minute.

Either way: Add in any mix-ins that you desire. Raisins, walnuts, berries, apples, bananas, maple syrup, etc.

