

Lentil Mushroom Taco Meat

Serving: 4

Ingredients

2 cups **cooked lentils**

1 cup **chopped mushrooms** *raw*

1 clove **garlic** *minced*

2 t **dried oregano**

2 t **chili powder**

2 t **cumin**

$\frac{1}{2}$ t **salt**

2 T **water**

Directions

Combine all ingredients in a food processor and pulse until combined and crumbly. (Be careful -- if you pulse too much, it will turn into a plant-based pâté.)

