## Peanut Butter and Jelly Sandwich: 3 ways!

## Serving: 1

- 1. Traditional: Spread PB and J between 2 pieces of bread, slice down the middle, and eat it.
- 2. Waffle it! Put PB and J between 2 waffles.
- 3. Grill it! Turn on the griddle, add a little veggie oil to each side.

## Ingredients

- 2 slices **bread** (toast, if desired)
- 1 teaspoon **peanut butter**
- 2 teaspoons any flavor fruit jelly

## **Directions**

Spread peanut butter on one slice of bread (or waffle), and jelly on the other. Assemble sandwich so that peanut butter and jelly are in the middle.

If grilling, heat griddle to 350 and cook for 4 minutes on each side, or until golden brown, and heated through.

