

An Exercise to Enhance Your Relationship

Make a game of testing your knowledge of each other by answering this questionnaire. Score one point for each correct answer (under 10 means you need to share more on a regular basis). Have fun filling in the blanks!

[ ]  I can name my partner’s best friends.

[ ]  I can tell you what stresses my partner is currently facing.

[ ]  I know the names of some of the people who have been irritating my partner lately.

[ ]  I can tell you some of my partner’s life dreams.

[ ]  I am very familiar with my partner’s religious beliefs and ideas.

[ ]  I can give you an overview of my partner’s basic philosophy of life.

[ ]  I can list the relatives my partner likes the best.

[ ]  I know my partner’s favorite music.

[ ]  I can list my partner’s three favorite movies.

[ ]  My partner is familiar with my current stresses.

[ ]  I know the three most special times in my partner’s life.

[ ]  I can tell you the most stressful thing that happened to my partner as a child.

[ ]  I can list my partner’s hopes and aspirations.

[ ]  I know my partner’s major current worries.

[ ]  My partner knows who my friends are.

[ ]  I know what my partner would want to do if he or she won the lottery.

[ ]  I can tell you in detail my first impression of my partner.

[ ]  Periodically I ask my partner about his or her world *right now.*

[ ]  I feel that my partner knows me pretty well.

[ ]  My partner is familiar with my hopes and aspirations.