



Creative Love, Creating Love

1. On a piece of paper, draw those closest to you. Briefly label their role in your life.
2. What qualities do you appreciate most in them?
3. What positive qualities do you bring to these relationships?
4. Can you usually express your feelings in an encouraging, non-threatening manner?
5. Can you think of ways in which these relationships could be improved?
6. Love for others may be expressed in many different ways. Rank how you would choose to 'create love' for someone special (1-most likely, number 7 or 8 least likely).

- A poem
- An art / craft project
- A special letter
- A handmade card
- A special food
- A handmade gift
- Other