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**Marital Disaffection Scale MDS**

**Client**

KEY: Very True = 4 Somewhat True = 3

Not Very True = 2 Not at All True = 1

1. [ ]  If I could never be with my spouse, I would feel miserable.
2. [ ]  I find it difficult to confide in my spouse about a number of things.
3. [ ]  I enjoy spending time alone with my spouse.
4. [ ]  I often feel lonely even though I am with my spouse.
5. [ ]  I miss my spouse when we're not together for a couple days.
6. [ ]  Most of the time I feel very close to my spouse.
7. [ ]  I seem to enjoy just being with my spouse.
8. [ ]  I look forward to seeing my spouse at the end of the day.
9. [ ]  My love for my spouse has increased more and more over time.
10. [ ]  I find myself withdrawing more and more from my spouse.
11. [ ]  When I have a personal problem, my spouse is the first person I turn to.
12. [ ]  Apathy and indifference best describe my feelings toward my spouse.
13. [ ]  I feel little, if any, desire to have sex with my spouse.
14. [ ]  My spouse has always been there when I needed him or her.
15. [ ]  I would prefer to spend less time with my spouse.
16. [ ]  I have more positive than negative thoughts about my partner.
17. [ ]  I have a lot of angry feelings toward my spouse.
18. [ ]  I am not as concerned about fulfilling my obligations and responsibilities in my marriage as I was in the past.
19. [ ]  I try to avoid spending time with my spouse.
20. [ ]  There are times when I do not feel a great deal of love and affection for my mate.
21. [ ]  I enjoy sharing my feelings with my spouse.

Taylor & Francis, 1996